

List of Counseling Services:

These are counseling services offered by Miss Oelsligle in partnership with our contracted School Psychologist and Licenced Mental Health Practitioner. These are by request, referral, recommendation, and intervention. If you do not see a service listed, but are in need of some assistance, please, reach out: camio@humphrey.esu7.org.

- **Classroom Guidance** – The counselor visits classrooms for 30-minute time periods each week to share important information with students appropriate to each grade level on ways to grow socially, emotionally, academically, and in regards to college and career readiness.
- **Personal Counseling** – Students can meet individually where a private conversation can be held with the counselor. Parents will be notified of major concerns that arise during conversations.
- **Small Group Counseling** - The counselor meets with students in groups of 2-10 where conversations are held regarding social, emotional, and academic obstacles and ways to concur them. The counselor will be strategic when coordinating small groups. For example: friendship, anxiety, divorced families, high ability learners, etc.
- **Referral Service** - Counselors can refer students to meet with our LIMHP, Lynne Webster, from Educational Service Unit #7. Counselors can also provide a list of resources for students wanting to seek outside counseling.
- **Career Counseling** – The counselor works with students on career information, job shadows, resume writing, and part-time job listings.
- **Post Secondary Educational Planning** – The counselor offers information regarding applications, scholarships, college visits, and financial aid. Information is also available on all branches of the military. Students should check their email regularly to avoid missing any shared information.
- **Scheduling** - The counselor assists students in selecting appropriate classes for college or career readiness. The counselor will also ensure graduation requirements are met.
- **Testing** – The counselor coordinates registration administration and interpretation of the PSAT and Pre-ACT (10th grade), ACT and ASVAB (11th grade) as well as a variety of career tests.