

Master Gardener | Catawba County

# FALL NATIVE PLANT SALE CATALOG



To order: email catawbamastergardeners@gmail.com or call 828-465-8240 Plant availability subject to change.

Place orders through October 3rd, 2025.

Payment due ASAP after order is placed. Cash or Check Only
Make Checks Payable to CVEMGVA, Memo: "Native Plant Sale"
Pickup at Catawba County Cooperative Extension Mid-October
Exact Pickup Dates TBD

\*\*\*NOTE: All plants for sale are perennial, meaning they persist year after year. These plants are perfect for fall planting. Grown outdoors at Carolina Native Nursery, a reputable grower in Burnsville, NC, rather than in a controlled greenhouse, they are already on their own natural biological clock. This means they may not look as "perfect" as the plants you'd find at a big-box retailer, but they are hardy and ready to thrive. Some may have been cut back. By planting them now, you allow their roots to establish over the fall and winter, ensuring they emerge beautiful and strong next spring.

## For more information about any plant in this catalog visit the Extension Gardener Plant Toolbox!



The North Carolina Extension Gardener Plant Toolbox contains detailed descriptions, growing information and photographs of 4,652 plants that grow in and around North Carolina!

Scan this QR Code to visit and search for plant information!



https://plants.ces.ncsu.edu/

#### **Shrubs**

#### Aronia arbutifolia (Red Chokeberry) \$30- 3 gal.

A deciduous shrub known for its beautiful four-season interest. It typically grows **6-10 feet tall and 3-5 feet wide** with an upright, spreading habit. It produces white flowers in spring, bright red berries in the fall that persist into winter, and brilliant red fall foliage. Red Chokeberry is highly adaptable, thriving in **full sun to partial shade** and tolerating both **wet and dry** soil conditions. It is **native to eastern North America**.



#### Calycanthus floridus (Common Sweetshrub) \$30-3 gal.

This deciduous shrub is prized for its unique, highly fragrant, reddish-brown flowers that bloom in late spring. It typically reaches a size of **6-9 feet tall and 6-12 feet wide**. Common Sweetshrub prefers **partial shade**, but can handle full sun if the soil is kept moist. It likes **medium to wet, well-drained soil** and is **native to the southeastern United States**.



#### Ceanothus americanus (New Jersey Tea) \$34-3 gal.

A compact, rounded **deciduous shrub** with deep roots that make it very drought-tolerant once established. It typically grows **3-4 feet tall and 3-5 feet wide**. It features cylindrical clusters of tiny, fragrant white flowers in late spring. New Jersey Tea thrives in **full sun to part shade** and prefers **dry to medium, well-drained soil**. It is **native to eastern and central North America**.



#### Cephalanthus occidentalis (Buttonbush) \$30-3 gal.

A unique deciduous shrub known for its spherical, "pincushion-like" white flowers that attract a wide range of pollinators. It has an open-rounded habit and typically grows 5-12 feet tall and 4-8 feet wide. Buttonbush is adaptable but performs best in full sun to part shade and prefers medium to wet soil, even tolerating standing water. It is native to North America.



### Clethra alnifolia 'Hummingbird' (Hummingbird Summersweet) \$30- 3 gal.

This is a dwarf, compact cultivar of Summersweet, a deciduous shrub. It typically grows to **2-4 feet tall and 3-5 feet wide**. It is noted for its fragrant spikes of creamy-white flowers that bloom in late summer. It can tolerate a range of conditions, but prefers **full sun to part shade** and **medium to wet, acidic soil**. It is a **native cultivar** of a plant native to the eastern U.S.



#### Fothergilla gardenii (Dwarf Fothergilla) \$30-3 gal.

A slow-growing, compact **deciduous shrub** known for its fragrant, bottlebrush-like white flowers that appear in spring before the leaves. It typically grows **1.5-3 feet tall and 2-4 feet wide**. Its blue-green foliage turns brilliant shades of yellow, orange, and red in the fall. Dwarf Fothergilla prefers **full sun to part shade** and **moist**, **well-drained**, **acidic soil**. It is **native to the southeastern United States**.



#### Fothergilla 'Mt. Airy' (Mt. Airy Fothergilla) \$30-3gal.

This is a more vigorous and larger cultivar than its dwarf counterpart. It is a **deciduous shrub** that grows to a size of **3-5 feet tall and wide**. Like other *Fothergilla* species, it has fragrant, bottlebrush-like flowers in spring and excellent fall color. It prefers **full sun to part shade** and **moist, acidic, well-drained soil**. It is a **cultivar** of a plant native to the southeastern U.S.



### Hydrangea quercifolia 'Ruby Slippers' (Ruby Slippers Oakleaf Hydrangea) \$30-3 gal

A compact **deciduous shrub** and a smaller variety of oakleaf hydrangea, growing to **3-4 feet tall and 3-5 feet wide**. It features large, upright flower panicles that emerge white, quickly turn pink, and finally mature to a deep ruby red. Its oak-shaped leaves turn a striking mahogany-red in autumn. 'Ruby Slippers' does best in **full sun to part shade** and **medium, well-drained soil**.



### Hydrangea quercifolia 'Snow Queen' (Snow Queen Oakleaf Hydrangea) \$30-3gal.

A classic **deciduous shrub** known for its large, conical clusters of white flowers that turn a purplish-pink with age. It grows to be **4-6 feet tall and 6-8 feet wide**. Its deeply lobed, oak-like leaves provide great fall color. 'Snow Queen' thrives in **full sun to part shade** and prefers **medium**, **well-drained soil**. It is a **cultivar** of a plant native to the southeastern U.S.



### Itea virginica 'Henry's Garnet' (Henry's Garnet Virginia Sweetspire) \$30- 3 gal.

A popular, arching **deciduous shrub** known for its cascades of fragrant white flowers in late spring to early summer. It typically grows **3-4 feet tall and 4-6 feet wide**. Its glossy green foliage transforms into a striking garnet-red in the fall. 'Henry's Garnet' is very adaptable and grows in **full sun to part shade** and tolerates a range of soils from **medium to wet**. It is a **cultivar** of a plant native to the eastern U.S.



#### Leucothoe fontanesiana (Drooping Leucothoe) \$12-1 gal.

A graceful, arching, **broadleaf evergreen shrub** that typically grows to be **3-6 feet tall and 4-8 feet wide**. It is noted for its bronze-purple winter foliage. Drooping Leucothoe prefers **partial to full shade** and **moist**, **well-drained**, **acidic soil**. It is **native to the southeastern United States**.



### Leucothoe fontanesiana 'Scarletta' (Scarletta Drooping Leucothoe) \$12- 1 gal.

A compact contrar of Drooping Leucothoe, this **broadleaf evergreen shrub** typically are in 13 **feet tall and wide**. It is especially valued for its foliage, which are gest prior it startle in the spring and turns a rich burgundy-red in the fall and winter. Sharette prefers **part to full shade** and **moist, well-drained soil**. It is a **cultivar** of a plant native to the southeastern U.S.



#### Lindera benzoin (Spicebush) \$30-3 gal.

A multi-stemmed, rounded **deciduous shrub** that provides great seasonal interest. It grows to a size of **6-12 feet tall and wide**. It is one of the first shrubs to bloom in spring, with a "haze" of tiny yellow flowers before the leaves appear. Its leaves and stems are aromatic when bruised, and female plants produce red berries in the fall. Spicebush does best in **part shade** but can handle full sun with consistent moisture. It thrives in **moist to wet soil**. It is **native to eastern North America** 



#### Rhus aromatica 'Gro Low' (Gro-Low Fragrant Sumac) \$34-3 gal.

A dense, low-growing **deciduous shrub** used as an excellent ground cover. It typically reaches **1.5-2 feet tall and spreads 6-8 feet wide**. It features small yellow flowers in spring followed by fuzzy red berries. Its green leaves are aromatic and turn beautiful shades of orange and red in the fall. 'Gro-Low' is exceptionally tough, thriving in **full sun to part shade** and tolerating **dry to medium, well-drained soil**. It is a **cultivar** of a plant native to eastern and central North America.



#### Rosa carolina (Carolina Rose) \$30-3gal.

A suckering **deciduous shrub** that forms beautiful, dense thickets. It grows to be **3-6 feet tall and spreads 5-10 feet wide**. It has fragrant, single pink flowers in late spring, followed by bright red hips that persist into winter. It is one of the more shade-tolerant roses, but it flowers best in **full sun**. It is adaptable to a wide range of soils, from **medium to wet or dry**. It is **native to eastern and central North America**.



#### Viburnum dentatum (Arrowwood Viburnum) \$30-3 gal.

A multi-stemmed **deciduous shrub** with a dense, rounded habit. It grows **6-10 feet tall and wide**. It features flat-topped clusters of creamy-white flowers in late spring, followed by attractive blue-black berries that are a favorite of birds. Its glossy green leaves turn a reddish-purple in the fall. Arrowwood Viburnum grows best in **full sun to part shade** and prefers **medium, well-drained soil**, but it is tolerant of both wet and dry conditions.



#### Xanthorhiza simplicissima (Yellowroot) \$18-1 gal.

A low-growing, suckering **deciduous shrub** that forms a ground cover. It grows **0.5-2.5 feet tall and spreads indefinitely** with runners. It features small, purplish-maroon flowers in spring before the leaves appear. Its name comes from its yellow roots and stems, which can be used to make a dye. Yellowroot prefers **part shade to full shade** and is highly adaptable to a variety of soil moisture, from **medium to wet or dry**. It is **native to the eastern United States**.



#### **Herbaceous Perennials**

#### Amsonia hubrichtii (Arkansas Blue Star) \$14- 1 gal.

A stunning **perennial** known for its fine, feathery foliage that turns a brilliant golden-yellow in the fall. In spring, it produces clusters of **star-shaped**, **powder-blue flowers**. It typically grows **2-3 feet tall and wide**. This plant thrives in **full sun to part shade** and prefers **medium**, **well-drained soil**, though it is quite **drought tolerant once established**.



#### Asclepias incarnata (Swamp Milkweed) \$12- 1 gal.

This is a clump-forming perennial that is a vital host plant for Monarch butterfly caterpillars. It produces domed clusters of vanilla-scented, rose-pink flowers from mid-summer to fall. It grows to be 4-5 feet tall and 2-3 feet wide. Swamp milkweed does best in full sun and thrives in wet to moist soil, making it a great choice for rain gardens or pond edges.



#### Asclepias tuberosa (Butterfly Weed) \$12-1 gal.

A vibrant perconic known for its brilliant clusters of orange flowers that are highly attend ive copute flows and other pollinators. It is a vital host plant for Monarch put or ly caterpillars. It you am grows 1-3 feet tall and wide. Butterfly weed performs best in call our and equires dry to medium, well-drained soil.



### Chrysogonum virginianum 'Superstar' (Superstar Green and Gold) \$14- 1 gal.

A compact, spreading **ground cover** with bright green foliage and **star-shaped**, **golden-yellow flowers** that bloom heavily in spring and continue sporadically through the summer. It grows to a size of **4-6 inches tall and spreads 1-2 feet wide.** 'Superstar' prefers **part to full shade** and thrives in **moist**, **rich**, **well-drained soil**.



### Coreopsis verticillata 'Zagreb' (Zagreb Threadleaf Tickseed) \$12- 1 gal.

A fine-textured, **mounding perennial** that produces a profusion of **bright yellow, daisy-like flowers** from early summer into fall. It is a **long-blooming and low-maintenance** plant that grows to be **1.5-2 feet tall and wide**. 'Zagreb' thrives in **full sun** and prefers **dry to medium**, **well-drained soil**.



### Echinacea purpurea 'Mellow Yellow' (Mellow Yellow Coneflower) \$12- 1 gal.

This is a cultivar of the classic coneflower, featuring a profusion of **bright yellow flowers** with a prominent central cone. It grows to **2-3 feet tall and 1.5-2 feet wide**. Like other coneflowers, it is a favorite of pollinators. It performs best in **full sun to part shade** and is adaptable to a **wide range of soils, from dry to medium**.



### Eupatorium dubium 'Little Joe' (Little Joe Joe Pye Weed) \$12- 1 gal.

A compact, **dwarf selection** of Joe Pye Weed, this perennial is a **magnet for butterflies**. It produces large, domed clusters of mauve-purple flowers from mid-summer to early fall. It grows to a size of **3-4 feet tall and wide**. 'Little Joe' performs best in **full sun to part shade** and prefers **medium to wet soil**.



#### Helenium autumnale (Common Sneezeweed) \$12- 1 gal.

A **late-season perennial** that provides a burst of color when many other plants are fading. It features multiple daisy-like flowers with distinctive domed yellow centers and brilliant yellow, orange, or red petals. It grows **3-5 feet tall and 2-3 feet wide**. Sneezeweed thrives in **full sun** and prefers **medium to wet soil**.



#### Hibiscus moscheutos (Rose Mallow) \$12- 1 gal.

A large, showy perennial that produces huge, dinner-plate-sized flowers in shades of white, pink, or red. It is a late-bloomer, typically flowering from mid-summer into fall. It grows to be **3-7 feet tall and 2-4 feet wide**. Rose mallow performs best in **full sun** and prefers **wet to moist soil**.



#### Iris cristata (Dwarf Crested Iris) \$12- 1 gal.

A charming, **low-growing perennial** that forms a **dense ground cover**. It produces delicate, light blue to lavender flowers with a distinctive yellow crest on the falls in spring. It grows to a height of 6-8 inches and spreads 1-2 feet. Dwarf crested iris prefers part shade to full shade and moist, well-drained soil



#### Liatris microcephala (Smallhead Blazing Star) \$12-1 gal.

A **compact, prairie perennial** with a unique, slender appearance. It features fuzzy purple flower spikes that bloom from the top down in late summer and are highly attractive to butterflies. It typically grows 1.5-2 feet tall and 1 foot wide. This plant thrives in full sun and requires dry, well-drained soil



#### Lobelia cardinalis (Cardinal Flower) \$12- 1 gal.

A dramatic **perennial** known for its intense spikes of vibrant red flowers that are a **favorite of hummingbirds**. It blooms in late summer. It grows to a height of 2-4 feet and a width of 1-2 feet. Cardinal flower prefers part shade and wet to medium, consistently moist soil.



#### Lobelia siphilitica (Great Blue Lobelia) \$12-1 gal.

This is a beautiful **perennial** with upright spikes of striking, bright blue flowers in late summer. It is a more robust and longer-lived lobelia than its cardinal-colored cousin. It grows **2-3 feet tall and 1-2 feet wide**. Great blue lobelia thrives in **full sun to part shade** and prefers **wet to medium**, **consistently moist soil**.



#### Monarda didyma 'Jacob Cline' (Bee Balm) \$12- 1 gal.

A clumping perennial known for its unique, whorled clusters of red, tubular flowers that are highly attractive to hummingbirds and bees. It grows to be 2-4 feet tall and 2-3 feet wide. Bee Balm thrives in full sun to part shade and prefers medium to wet soil.



#### Pachysandra procumbens (Allegheny Spurge) \$14- 1 gal.

An excellent semi-evergreen ground cover with attractive, mottled foliage. In early spring, it produces unusual spikes of fragrant, creamy-white flowers. It grows to a size of 6-10 inches tall and spreads indefinitely by rhizomes. Allegheny Spurge prefers part to full shade and moist, rich, well-drained soil.



### Penstemon Hybrid 'Blackbeard' (Blackbeard Beardtongue) \$12- 1 gal.

A striking **perennial** that features dark, burgundy-purple foliage and tall spikes of deep purple flowers. It grows to a size of **2-3 feet tall and 1.5-2 feet wide**. 'Blackbeard' prefers **full sun** and **dry to medium, well-drained soil**. It is a hybrid of *Pentstemon digitalis* and *Penstemon calycosus*.



#### Penstemon smallii (Small's Beardtongue) \$12-1 gal.

A charming native **perennial** with upright stems of lavender-pink to purple, tubular flowers in late spring. It grows to a size of **1.5-2.5 feet tall and 1-1.5 feet wide**. Small's Beardtongue thrives in **full sun to part shade** and prefers **medium**, **well-drained soil**.



### Phlox divaricata 'Blue Moon' (Blue Moon Woodland Phlox) \$12- 1 gal.

A beautiful, **spreading perennial** that brightens up shady spots in the spring. It produces clusters of fragrant, lavender-blue flowers. It grows to a height of **1 foot and spreads 1-1.5 feet**. Prefers part **shade to full shade** and **moist, well-drained soil.** 



#### Phlox paniculata 'Jeana' (Jeana Garden Phlox) \$12-1 gal.

A highly **mildew-resistant** cultivar of garden phlox with tight clusters of rosy-pink flowers. It is a standout for **attracting butterflies and other pollinators**. It grows to a size of **3-5 feet tall and 2-3 feet wide**. 'Jeana' performs best in **full sun to part shade** and prefers **medium**, **well-drained soil**.



#### Physostegia virginiana (Obedient Plant) \$12-1 gal.

A **vigorous perennial** known for its spikes of snapdragon-like flowers that can be "obediently" moved to new positions and stay put. It grows to **2-4 feet tall and spreads via runners.** It produces showy pink or white flowers in late summer. Obedient Plant thrives in **full sun to part shade** and prefers **medium to wet soil**.



### Pycnanthemum muticum (Short-toothed Mountain Mint) \$12- 1 gal.

A pollinator powerhouse with a minty aroma. It produces dense clusters of tiny white flowers surrounded by silvery bracts that give it a "frosted" appearance. It grows 2-3 feet tall and 2-3 feet wide. This plant thrives in full sun to part shade and is highly adaptable to a variety of soils, from dry to medium.



### Pycnanthemum tenuifolium (Whorled Mountain Mint) \$12- 1 gal.

This mountain mint is a **tough perennial** with a feathery, needle-like foliage and a strong minty scent. It produces sprays of tiny white flowers in mid-summer that are a **magnet for all kinds of pollinators**. It grows to a size of **2-3 feet tall and wide**. It thrives in **full sun to part shade** and is **tolerant of both wet and dry soil** 



### Rudbeckia hybrid 'American Gold Rush' (American Gold Rush Black-eyed Susan) \$12-1 gal.

A compact, disease-resistant perennial with a long-blooming season. It features a profusion of bright yellow, daisy-like flowers with a deep brown center. It grows to a height of 1.5-2 feet and a width of 2-3 feet. 'American Gold Rush' performs best in full sun and prefers dry to medium, well-drained soil. It is a hybrid of native species.



#### Scutellaria incana (Downy Skullcap) \$12-1 gal.

A low-maintenance perennial that produces upright spikes of showy, blue-violet flowers in mid-summer. It has a upright, clump-forming habit and grows to 2-3 feet tall and 1.5-2 feet wide. Downy Skullcap thrives in full sun to part shade and prefers dry to medium, well-drained soil.



### Solidago rugosa 'Fireworks' (Fireworks Goldenrod) \$12- 1 gal.

A popular cultivar of goldenrod known for its arching, wand-like sprays of bright yellow flowers that resemble fireworks. It is an **upright perennial** that grows **3-4 feet tall and wide**. It is a key **late-season nectar source for pollinators**. 'Fireworks' does best in **full sun to part shade** and is **adaptable to a variety of soils**, **from wet to dry**.



#### Symphyotrichum ericoides 'Snow Flurry' (Snow Flurry Aster) \$12-1 gal.

A **low-growing, mat-forming perennial** that is covered in a stunning display of tiny, star-like white flowers in late fall. It grows to a height of **8-12 inches and spreads 2-3 feet**. 'Snow Flurry' is excellent for rock gardens or borders. It thrives in **full sun to part shade** and prefers **dry to medium, well-drained soil**.



### Symphyotrichum lateriflorum 'Lady in Black' (Lady in Black Calico Aster) \$12- 1 gal.

A **graceful perennial** with airy sprays of tiny white flowers in late fall. Its most distinctive feature is its deep purple, nearly black, foliage and stems. It grows to a size of **2-3 feet tall and wide**. 'Lady in Black' performs best in **full sun to part shade** and is **adaptable to wet, medium, or dry soil**.



### Tiarella cordifolia 'Running Tapestry' (Running Tapestry Foamflower) \$12-1 gal.

A beautiful, semi-evergreen perennial used as a ground cover. It spreads by runners, creating a dense mat of heart-shaped foliage with distinctive burgundy veining. In spring, it produces airy, bottle-brush-like spikes of creamy-white flowers. It grows to a height of 8-12 inches and spreads 1-2 feet. 'Running Tapestry' prefers part to full shade and moist, well-drained soil.



#### Zizia aurea (Golden Alexanders) \$12-1 gal.

An **upright perennial** that is an important **host plant for the Black Swallowtail butterfly**. It produces clusters of tiny, brilliant yellow flowers in late spring. It grows to a size of **1-3 feet tall and 1.5-2 feet wide**. Golden Alexanders is adaptable and thrives in **full sun to part shade** and **medium to wet soil**.



#### **Grasses and Sedges**

Andropogon gerardii 'Blackhawks' (Splitbeard Bluestem 'Blackhawks') \$12-1 gal.

This ornamental **grass** is known for its stunning seasonal color changes. It grows to a **height and width of about 3-4 feet**. The foliage is a deep green in summer, transforming into a striking burgundy and purple in the fall and winter. 'Blackhawks' prefers **full sun and well-drained to dry soils**. It is highly **drought-tolerant and thrives in low-fertility conditions**.



#### Carex appalachica (Appalachian Sedge) \$12- 1 gal.

This fine-textured, **clump-forming sedge** is a great **groundcover for dry shade**. It forms dense tufts of narrow, arching green leaves, reaching a height of about **8-12 inches with a similar spread**. Appalachian sedge prefers **dry to medium-moisture, well-drained soil** and thrives in **partial to full shade**.



#### Carex pensylvanica (Pennsylvania Sedge) \$12-1 gal.

Pennsylvania sedge has a delicate, lawn-like appearance and spreads slowly via rhizomes to form a soft, green carpet. It typically grows to a height of 6-12 inches with an indefinite spread. It prefers dry to medium-moisture, well-drained soil and tolerates a range of light conditions from full shade to part sun. This sedge is also drought-tolerant once established.



Schizachyrium scoparium 'Standing Ovation' (Little Bluestem 'Standing Ovation') \$12-1 gal.

'Standing Ovation' is a **sturdy, upright** cultivar of little bluestem. It grows to about **3-4 feet tall with a spread of 1.5-2 feet.** The foliage is a blue-green in summer, transitioning to vibrant orange, red, and purple in the fall. It requires **full sun and well-drained soil**, but is **highly adaptable** and can grow in a variety of soil types as long as they are not overly wet. It is **very drought-tolerant**.



#### **Ferns**

#### Dennstaedtia punctilobula (Hay-scented Fern) \$12- 1 gal.

Known for its delicate, lacy fronds that release a distinct hay-like scent when crushed, the hay-scented fern is a deciduous fern that **spreads to form colonies**. It typically grows to a height of 1 to 2 feet and thrives in partial to full shade with moist, acidic, and well-draining soil. It is a vigorous grower and can tolerate a wide range of conditions, making it an excellent groundcover for naturalizing in woodland gardens or other shaded areas



#### Matteuccia struthiopteris (Ostrich Fern) \$12-1 gal.

This deciduous fern is known for its graceful, vase-shaped form. It can reach a height of **3-6 feet with a spread of 1.5-2.5 feet**. The tall, feathery fronds resemble ostrich plumes. It requires **consistently moist, well-drained, rich soil** and thrives in **partial to full shade**. Ostrich fern spreads by underground runners, so it can form a large colony over time.



#### Onoclea sensibilis (Sensitive Fern) \$12- 1 gal.

Sensitive fern is a striking deciduous fern with broad, triangular fronds. It grows to a height of about **1-3 feet and can spread to form a colony**. It gets its name from its sensitivity to frost, as the fronds will die back at the first sign of cold weather. It prefers **consistently moist to wet soil** and thrives in **partial to full shade**, but **can tolerate full sun if the soil remains constantly wet**.

