# High Five Friday

## Be Active Activity

### Touch It Quick

Touch it quick! Take it in turns to call out a colour or a description of an object, such as something that is round or something that is made of wood. Everyone must then go and find an object in the playground that fits the description and get to it quickly!

Touch something blue

Touch something white

Touch something smooth

Touch something made of wood

Touch something that is heavy

Touch something shiny

The first person who finds something can have the next turn to call out a colour or description. Make sure everyone gets a turn to have a go!