

Useful Tutorial / Resource Websites

Website	What it Offers / Why Relevant	Key Modules That Map to Your Syllabus
WHO / ICN QualityRights e-Training	Free e-training for nurses on mental health, recovery, human rights, legal capacity, ending coercion etc. ICN - International Council of Nurses	Rights & legal issues, community inclusion, human rights, recovery-oriented care
Alison – Mental Health in Nursing	Free online course covering fundamentals of mental health, risk factors, disorders, diagnosis, treatment; good for foundations. Alison	History / scope, classifications, mental health disorders, nursing roles
OpenLearn (Open University) – “So, you want to be a nurse? – Mental Health Nursing”	Introductory free module; explanation of mental health nursing roles, stigma, supporting well-being. The Open University	Therapeutic communication, definitions, stigma, mental health promotion
APNA Undergraduate Faculty Toolkit	Resources & pedagogical tools for educators in psychiatric-mental health nursing: lesson plans, case studies, teaching strategies. apna.org	Useful for preparing tutorials, practical classes; matches class-room & clinical teaching of disorders, MSE, etc.
BMJ Learning	Structured online learning modules for healthcare professionals; updated content, interactive. new-learning.bmj.com	Could use modules for therapy, emergencies, pharmacology, legal guidelines etc.
