

Food Safety Process for River Valley Summer Foods Program 2025

- Follow the color coded menu with food storage procedure as soon as you arrive home.
- Frozen foods should stay below 5 degrees fahrenheit.
- Refrigerated foods should be stored between 33 degrees and 40 degrees fahrenheit.
- Follow the expiration dates provided on the packaging.
- Always follow the menu on each specified day.
- Follow heating directions attached below.
- When heating up food always heat products to 165 degrees.

Heating Instructions for River Valley Summer Foods Program 2025

These directions are cook from frozen unless otherwise specified

Chicken Tenders and Nuggets

- Preheat the oven to 350 degrees. Cook from frozen on a baking sheet for 8-10 minutes until the internal temperature reaches 165 degrees.

Pizzas

- Preheat the oven to 400 degrees F, remove from plastic wrap. Cook from frozen on a baking sheet for 10 minutes or until the internal temperature reaches 165 degrees.
- Microwave Oven: (1 portion, unwrapped) Cook 2-3 minutes until heated through and internal temperature of 165 degrees F.

Burrito

- Thaw prior to cooking. Preheat the oven to 280 degrees. Unwrap and cook on a baking sheet for 10 minutes until the internal temperature reaches 165 degrees.

Calzone

- Thaw prior to cooking. Heat oven to 350 degrees. Unwrap and cook on a baking sheet for 10-12 minutes until it reaches an internal temperature of 165F.

Taco Bites

- Preheat the oven to 400 degrees. Cook on a baking sheet for 15-20 minutes until the internal temperature reaches 165 degrees.

Pepperoni Stuffed Sandwich

- Heat oven to 375 degrees. Keep the wrapper on and place on a baking sheet. Cook for 10 minutes or until the internal temperature reaches 165 degrees. Rotate product half way through bake time. Let rest for 4 minutes before opening the wrapper to eat.
- Microwave oven: open one end of plastic wrapper to vent or remove from wrapper. Cook for 1 minute 30 seconds to 1 minute 45 seconds on high power and internal temperature reaches 165 degrees.

Fiestada Stuffed Sandwich

- Heat oven to 375 degrees. Keep the wrapper on and place on the baking sheet. Cook for 10 minutes until the internal temperature reaches 165 degrees. Rotate product half way through bake time. Let rest for 4 minutes before opening the wrapper to eat.
- Microwave oven: open one end of plastic wrapper to vent or remove from wrapper. Cook for 1 minute 30 seconds to 1 minute 45 seconds on high power and internal temperature reaches 165 degrees.

Cheese Crunchers

- Preheat the oven to 400 degrees F, remove from plastic wrap. Cook from frozen on a baking sheet for 10 minutes or until the internal temperature reaches 165 degrees.
- Microwave Oven: (1 portion, unwrapped) Cook 2-3 minutes until heated through and internal temperature of 165 degrees F.

Grilled Cheese

- Heat oven to 325 degrees. Keep wrapped and cooked on a baking sheet.
- Thawed (Recommended) - cook for 6 minutes or until temperature reaches 135 degrees.
- Frozen- 10 minutes internal temperature of 135 degrees.

Bosco Sticks

- Heat oven to 350 degrees. Remove from Packaging. Cook on a baking sheet for 10 minutes or until the internal temperature reaches 135 degrees.
- Microwave Oven: Remove from wrapper. Cook for 1 minute or until the internal temperature reaches 165 degrees.

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French Toast Sticks

- Heat oven to 325 degrees. Cook on a baking sheet for 8-10 minutes or until the internal temperature reaches 135 degrees.

Sliders

- Heat oven to 375 degrees. Keep the wrapper on and place on a baking sheet. Cook for 10 minutes or until the internal temperature reaches 165 degrees. Rotate product half way through bake time. Let rest for 4 minutes before opening the wrapper to eat.
- Microwave oven: open one end of plastic wrapper to vent or remove from wrapper. Cook for 1 minute 30 seconds to 1 minute 45 seconds on high power and internal temperature reaches 165 degrees.

Cheese Quesadilla

- Heat oven to 375 degrees. Cook on a baking sheet for 10 minutes or until the internal temperature reaches 135 degrees.

Pancakes

- Heat oven to 350 degrees. Cook (in a pouch) on a baking sheet for 10-13 minutes.
- Microwave: in a pouch , heat for 1 minute on high.

Waffles

- Heat oven to 350 degrees. Cook (in a pouch) on a baking sheet for 10-13 minutes.
- Microwave: in a pouch , heat for 1 minute on high.

French Toast

- Heat oven to 350 degrees. Cook (in a pouch) on a baking sheet for 10-13 minutes.
- Microwave: in pouch heat for 1 minute on high

Mini Corn Dogs

- Heat oven to 350 degrees. Remove from plastic. Cook on a baking sheet for 10 minutes or until internal temp reaches 165 degrees.

Drumstick

- Heat oven to 375 degrees. Remove from plastic. Cook on baking sheet for 15 minutes or until internal temp reaches 165 degrees

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