[Your Name]

[Your Address]

[City, State, ZIP Code]

[Email Address]

[Date]

[Recipient's Name]

[Recipient's Title]

[Office Address]

[City, State, ZIP Code]

Dear: [Representative Name],

I am writing to express my concern about Governor Newsom's proposed 2025-26 budget, which includes eliminating acupuncture as a Medi-Cal benefit.

As a Medi-Cal beneficiary, I have greatly benefited from acupuncture in managing chronic pain and stress. This treatment has enhanced my quality of life and reduced my reliance on more expensive, pharmaceutical-based treatments. Removing this benefit threatens to deprive myself and many others of a vital, cost-effective healthcare option.

Acupuncture alleviates pain, reduces stress, and promotes well-being. Its removal from Medi-Cal coverage would likely increase healthcare costs and disproportionately affect those of us who rely on Medi-Cal.

I strongly urge you to advocate for keeping acupuncture as a Medi-Cal benefit in the upcoming budget discussions. Maintaining this benefit is crucial for the well-being of current beneficiaries and the sustainability of our healthcare system.

Thank you for your time and support.

Sincerely,

[Your Name]

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