Latoya's (she/her) professional journey started in the clinical medical field in a hospital setting. She was honored to impact the individuals she worked with for over 10 years. During this time, she cultivated skills such as empathy, active listening, and advocacy which she believes are key to social work. She is located in the Big Apple, where she enjoys being a part of the multicultural community. She believes in a holistic approach to mental health. She enjoys empowering, advocating, and celebrating all people. She is proud to belong to the social work profession that is committed to enhancing the well-being of others. Latoya enjoys indoor and outdoor horticulture and practices eco-therapy for self-care as part of her daily routine.

Latoya completed her internship with the Lian Dante Foundation in 2021 and returned to support the organization as a board member.