

 GRADES 1 to 12 DAILY LESSON LOG	School:		Grade Level:	V
	Teacher:		Learning Area:	SCIENCE
	Teaching Dates and Time:	NOVEMBER 28 - DECEMBER 2, 2022 (WEEK 4)	Quarter:	2 ND QUARTER

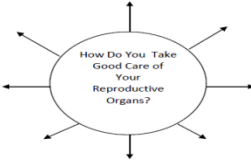
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
I. OBJECTIVES					
A. Content Standards	The learners demonstrate how the parts of the human reproductive system work				
B. Performance Standards	The learners should be able Practice proper hygiene to care of the reproductive organs				
C. Learning Competencies/Objectives Write for the LC code for each	1.Give ways of taking care of the reproductive system. 2.Take precautionary /safety measures to keep the reproductive organs healthy.	Identifies health habits to keep the reproductive organs healthy Care for the reproductive system, personal hygiene, cleanliness	Take precautionary/safety measures to keep the reproductive organs healthy Personal hygiene, cleanliness	Take precautionary/safety measures to keep the reproductive organs healthy Personal hygiene, cleanliness	1.Give ways of taking care of the reproductive system. 2.Take precautionary/safety measures to keep the reproductive organs healthy.(S5LT-IId-4)
II. CONTENT	Lesson 13:Ways Of Taking Care of the Reproductive System	The Human Reproductive System	The Human Reproductive System	The Human Reproductive System	Give Ways of Taking Care of the Reproductive Organs (S5LT-IId-4)
III. LEARNING RESOURCES					
A. References					
1. Teacher's Guide pages					
2. Learner's Materials pages					
3. Textbook pages	Curriculum Guide 5 The World of Science 5 pp.14-18 Into the Future ;Science and Health 5 pp.14-16 Science for Daily Use 5 pp.19-20	Into the Future: Science and Health 5	Science and Health V	Science and Health V	
4. Additional Materials from Learning Resource (LR) portal					

B. Other Learning Resources	flowchart, activitycard, manila paper and marking pen	An enlarged chart of health practices Illustration of a healthy and a sick person	Manila paper, marking pens	Manila paper, marking pens	Sci-Games
IV. PROCEDURES					
A. Review previous lesson or presenting the new lesson	State the positive and negative effects of the following situations: a. Ana got pregnant when she was just 15 years old. b. Lydia got pregnant when she was 45. c. Carla got pregnant at the right age but at maximum risk due to her heart ailment.	Describe certain physical changes in the body during puberty and tell how these changes affect the male and female body. Checking of Assignment	What are the different health habits to keep the reproductive organs healthy?. Checking of Assignment	Direction : Check the column that describes how much you take care of your reproductive organs. Be sure to write your score.	What to do 1. Pupils will be grouped into three. 2. They will solve the puzzle about how to take good care of the reproductive organs. 3. They will list down ways of taking good care of the reproductive organs. 4. The pupils will prepare a simple and short skit on how to take good care of their own reproductive organs.
B. Establishing a purpose for the lesson	Introduce the lesson by asking which of the following do you think is the most advisable way to keep healthy? a. eating a balance diet b. exercising regularly c. taking weight –loss pill d. undergoing medical surgery (liposuction etc) e. having enough sleep	Show pictures of a healthy and sick person. Ask the pupils to describe the characteristics of each person in the picture. Let them infer why the person becomes sick or healthy. Original File Submitted and Formatted by DepEd Club Member - visit depedclub.com for more	What happens when you do not change your underwear every day? If you don't take a bath regularly?	What happens when you do not change your underwear everyday? If you don't take a bath regularly?	Ways to Take Care of the Reproductive Organs Every boy and girl should take good care of his/ her reproductive organs. The main reproductive organs inside your body are well protected . However , the external organs need care and proper hygiene. Here are some ways to do it. 1. Keep your genitals clean at all time. Wash them regularly with soap and clean water, especially after using the toilet. 2. Change your underwear every day or as often as necessary. Make sure your underwear is kept in a

					clean place so they do not get any dirt o germs before you use them. 3. Daily baths and showers are advisable to keep your reproductive organs and other parts of the body clean and healthy. 4. Avoid using dirty public washrooms. 5. Eat nutritious food and get adequate rest and sleep. 6. Consult your parents and/ or pediatrician for any irritation , discomfort , or infection in your reproductive organs.																																																
C. Presenting examples/instances of the new lesson	1. Divide the class into small groups. 2.Introduce lesson 13:Ways of Taking Care of the Reproductive Organs 3.Distribute the activity sheet,manila paper and marking pen 4.Let the pupils do Lesson 13:LM Activity - “Ways of Taking Care of the Reproductive Organs?”	a. Relate the importance of healthy body. b. Let the pupils accomplish the chart of health practices on page 14 of the textbook. c. Discuss the pupils' answers and point out the health practices that fall under the category of personal hygiene, diet and exercise. d. Mention the proper health practices that must be observed in order to prevent the onset of a disease in any pair of the reproductive system. e. Using a big chart let the pupils classify the health habits under the categories of	Form 3 groups. Each group will discuss the preventive measures that should be observed to prevent further complication of disease or order of any reproductive organ. Then each group will write what they have discussed on a Manila paper.	<table><tr><th>HEALTH HABITS</th><th>ALWAYS(9)</th><th>SELDOM(3)</th><th>NEVER(1)</th></tr><tr><td>1.I take a bath every day.</td><td></td><td></td><td></td></tr><tr><td>2.I wash my sex organs with soap and water</td><td></td><td></td><td></td></tr><tr><td>3. I wear a clean underwear.</td><td></td><td></td><td></td></tr><tr><td>4.I change my underwear as often as needed.</td><td></td><td></td><td></td></tr><tr><td>5.I wash my underwear very well</td><td></td><td></td><td></td></tr><tr><td>6.I wear only my own underwear.</td><td></td><td></td><td></td></tr><tr><td>7.I keep my underwear in a clean cabinet.</td><td></td><td></td><td></td></tr><tr><td>8.(Girls)I only use sanitary napkins which are safely made and kept.</td><td></td><td></td><td></td></tr><tr><td>9.(Girls)I wash my sex organ from front to back.</td><td></td><td></td><td></td></tr><tr><td>10.Take a full bath</td><td></td><td></td><td></td></tr><tr><td>TOTAL SCORE</td><td></td><td></td><td></td></tr></table>	HEALTH HABITS	ALWAYS(9)	SELDOM(3)	NEVER(1)	1.I take a bath every day.				2.I wash my sex organs with soap and water				3. I wear a clean underwear.				4.I change my underwear as often as needed.				5.I wash my underwear very well				6.I wear only my own underwear.				7.I keep my underwear in a clean cabinet.				8.(Girls)I only use sanitary napkins which are safely made and kept.				9.(Girls)I wash my sex organ from front to back.				10.Take a full bath				TOTAL SCORE				Guide Questions 1. What are the ways to keep the reproductive system healthy? 2. Which of these health habits do you practice?
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D. Discussing new concepts and practicing new skills #1	1.Have the group representative present the results of the activity.Two (2) minutes may be given per group presentation 2.Discuss the activity.Check the pupils responses to the activity questions. 3.Clarify misconceptions when needed.	Ask the pupils to make a chart of health habits to keep one's reproductive system healthy. Let them display their chart in the room. Discuss the reason why health habits in the chart is important.	What diseases will you get if you do not keep your reproductive system healthy?	What are the ways to keep the reproductive system healthy? Which of these health habits do you practice? Which of these do you not practice?	Guide Question: 1.Which of these do you not practice?									
E. Discussing new concepts and practicing new skills #2			What will you do if you are found to have a reproductive organ disorder?	Are you taking good care of your reproductive organs? Why?	2.Are you taking good care of your reproductive organs? Why									
F. Developing mastery														
G. Finding practical applications of concepts and skills in daily living														
H. Making generalizations and abstractions about the lesson	1.Have the pupils construct and express their own ideas/understanding .They should be able to say/understand that:	How can we keep our reproductive system healthy?	Each group will present what they have discussed. Give other precautionary measures to keep the reproductive organs healthy.	Ways to Take Care of the Reproductive Organs Every boy and girl should take good care of his/ her reproductive organs. The main reproductive organs inside your body are well	Ways to Take Care of the Reproductive Organs Every boy and girl should take good care of his/ her reproductive organs. The main reproductive organs inside your body									

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I. Evaluating learning	Write YES if the stated is a good health habit to keep the reproductive organs healthy and NO if not. 1.Borrow underwear from your brother/sister 2.Keepunderware in a clean	Multiple choice. Choose the letter of the correct answer. 1. Alice likes salty snacks. What should you advice her if you were her friend? a. Advise her to eat fruits instead	Ask the pupils to list precautionary/safety measures to keep one's reproductive system healthy.	DIRECTION: Use the diagram below to answer this question.	

	box or cabinet. 3.Observe use of public toilets. 4.Take medicines as advised by a good friend. 5.Eat nutritious foods.	b. Advise her to consult a physician c. Advise her to consult a dietician d. Advise her to exercise more often 2. You notice that your older sister appears pale and weak. She has excessive menstrual flow. What would you tell her to do a. I'll tell her it's normal b. I'll tell her to consult a physician c. I'll tell her that maybe she is pregnant d. I'll tell her to eat more 3. Which of the following is the proper way to prevent a disease in the reproductive system? a. Practice personal hygiene at all times. b. Consult a family doctor every week. c. Eat delicious and expensive meals everyday. d. Enroll in an aerobics class to keep oneself trim and fit			
J. Additional activities for application or remediation	Collect brochures related to disorders of the reproductive system.:	List two diseases of the reproductive organs and write ways on how to avoid them.	Ask the pupils to collect health brochures related to disorders of the reproductive system.	Ask the pupils to collect health brochures related to disorders of the reproductive system.	Ask the pupils to collect health brochures related to disorders of the reproductive system.
V. REMARKS					
VI. REFLECTION					
A. No. of learners who earned 80% in the evaluation.					
B. No. of learners who require additional activities for remediation who scored below 80%.					
C. Did the remedial lessons work? No. of learners who have caught up with the lesson.					

D. No. of learners who continue to require remediation.		
E. Which of my teaching strategies worked well? Why did these work?		
F. What difficulties did I encounter which my principal or supervisor can help me solve?		
G. What innovation or localized materials did I use./discover which I wish to share with other teachers?		