

School: Teacher: Teaching Dates and Grade Level: V
Learning Area: SCIENCE

Time: NOVEMBER 28 - DECEMBER 2, 2022 (WEEK 4)

Quarter: 2ND QUARTER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
I. OBJECTIVES					
A. Content Standards	The learners demonstrate how t	the parts of the human reproductive sy	stem work		
B. Performance Standards	The learners should be able Prac	ctice proper hygiene to care of the repr	oductive organs		
C. Learning Competencies/Objectives Write for the LC code for each	1. Give ways of taking care of the reproductive system. 2. Take precautionary /safety measures to keep the reproductive organs healthy.	Identifies health habits to keep the reproductive organs healthy Care for the reproductive system, personal hygiene, cleanliness	Take precautionary/safety measures to keep the reproductive organs healthy Personal hygiene, cleanliness	Take precautionary/safety measures to keep the reproductive organs healthy Personal hygiene, cleanliness	1.Give ways of taking care of the reproductive system. 2.Take precautionary/safety measures to keep the reproductive organs healthy.(S5LT-IId-4)
II. CONTENT	Lesson 13:Ways Of Taking Care of the Reproductive System	The Human Reproductive System	The Human Reproductive System	The Human Reproductive System	Give Ways of Taking Care of the Reproductive Organs (S5LT-IId-4)
III. LEARNING RESOURCES					(10211101)
A. References					
1. Teacher's Guide pages					
2. Learner's Materials pages					
3. Textbook pages	Curriculum Guide 5 The World of Science 5 pp.14-18 Into the Future ;Science and Health 5 pp.14-16 Science for Daily Use 5 pp.19-20	Into the Future: Science and Health 5	Science and Health V	Science and Health V	
4. Additional Materials from Learning Resource (LR) portal					

B. Other Learning Resources	flowchart, activitycard, manila paper and marking pen	An enlarged chart of health practices Illustration of a healthy and a sick person	Manila paper, marking pens	Manila paper, marking pens	Sci-Games
IV. PROCEDURES					
A. Review previous lesson or presenting the new lesson	State the positive and negative effects of the following situations: a. Ana got pregnant when she was just15 years old. b. Lydia got pregnant when she was 45. c. Carla got pregnant at the right age but at maximum risk due to her heart ailment.	Describe certain physical changes in the body during puberty and tell how these changes affect the male and female body. Checking of Assignment	What are the different health habits to keep the reproductive organs healthy?. Checking of Assignment	Direction: Check the column that describes how much you take care of your reproductive organs. Be sure to write your score.	What to do 1. Pupils will be grouped into three. 2. They will solve the puzzle about how to take good care of the reproductive organs. 3. They will list down ways of taking good care of the reproductive organs. 4. The pupils will prepare a simple and short skit on how to take good care of their own reproductive organs.
B. Establishing a purpose for the lesson	Introduce the lesson by asking which of the following do you think is the most advisable way to keep healthy? a. eating a balance diet b. exercising regularly c. taking weight —loss pill d. undergoing medical surgery (liposuction etc) e. having enough sleep	Show pictures of a healthy and sick person. Ask the pupils to describe the characteristics of each person in the picture. Let them infer why the person becomes sick or healthy. Original File Submitted and Formatted by DepEd Club Member - visit depedclub.com for more	What happens when you do not change your underwear every day? If you don't take a bath regularly?	What happens when you do not change your underwear everyday? If you don't take a bath regularly?	Ways to Take Care of the Reproductive Organs Every boy and girl should take good care of his/her reproductive organs. The main reproductive organs inside your body are well protected. However, the external organs need care and proper hygiene. Here are some ways to do it. 1. Keep your genitals clean at all time. Wash them regularly with soap and clean water, especially after using the toilet. 2. Change your underwear every day or as often as necessary. Make sure your underwear is kept in a

C. Presenting examples/instances of the new lesson	Divide the class into small groups.	a. Relate the importance of healthy body.	Form 3 groups. Each group will discuss the preventive measures	HEALTH HABITS ALWAYS(6) SELDOM(8) NEVER(1) 11 table a bath every day: 22 twash my use organs with soop and water	clean place so they do not get any dirt o germs before you use them. 3. Daily baths and showers are advisable to keep your reproductive organs and other parts of the body clean and healthy. 4. Avoid using dirty public washrooms. 5. Eat nutritious food and get adequate rest and sleep. 6. Consult your parents and/ or pediatrician for any irritation, discomfort, or infection in your reproductive organs. Guide Questions 1. What are the ways to
	2.Introduce lesson 13:Ways of Taking Care of the Reproductive Organs 3.Distribute the activity sheet,manila paper and marking pen 4.Let the pupils do Lesson 13:LM Activity - "Ways of Taking Care of the Reproductive Organs?"	b. Let the pupils accomplish the chart of health practices on page 14 of the textbook. c. Discuss the pupils' answers and point out the health practices that fall under the category of personal hygiene, diet and exercise. d. Mention the proper health practices that must be observed in order to prevent the onset of a disease in any pair of the reproductive system. e. Using a big chart let the pupils classify the health habits under the categories of	that should be observed to prevent further complication of disease or order of any reproductive organ. Then each group will write what they have discussed on a Manila paper.	3. Ivour a clean undervear. 4.1 change my undervear as often as needed. 5.1 van har yundervear very verification of the control of the cont	keep the reproductive system healthy? 2. Which of these health habits do you practice?

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		everyda Lots	_				
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		vege	getables				
		<u> . </u>					
D. Discussing new concepts and	1.Have the group	Ask the pupils to			What diseases will you get if you	What are the ways to keep the	Guide Question:
practicing new skills #1	representative present the	health habits to k	-		do not keep your reproductive	reproductive system healthy?	1.Which of these do you
	results of the activity.Two (2)	reproductive syst		-	system healthy?		not practice?
	minutes may be given per	Let them display				Which of these health habits do	
	group presentation	room. Discuss the		-		you practice?	
	2.Discuss the activity.Check	health habits in t	the chart is	5			
	the pupils responses to the	important.				Which of these do you not	
	activity questions.					practice?	
	3.Clarify misconceptions when						
	needed.						
E. Discussing new concepts and					What will you do if you are found	Are you taking good care of your	2.Are you taking good
practicing new skills #2					to have a reproductive organ	reproductive organs? Why?	care of your
					disorder?		reproductive organs?
							Why
F. Developing mastery							
G. Finding practical applications of							
concepts and skills in daily living							
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H Making goneralizations and	1 Hayo the pubils construct	How can we keep	n 011r =0 ===	adustiva	Each group will proceed what the	Ways to Take Care of the	Maye to Take Care of the
H. Making generalizations and abstractions about the lesson	1. Have the pupils construct	How can we keep		Juuctive	Each group will present what they have discussed.	Ways to Take Care of the	Ways to Take Care of the
abstractions about the lesson	and express their own	system healthy?				Reproductive Organs	Reproductive Organs
	ideas/understanding .They				Give other precautionary	Every boy and girl should take	Every boy and girl should
	should be able to				measures to keep the reproductive	good care of his/ her	take good care of his/
	say/understand that:				organs healthy.	reproductive organs.	her reproductive organs.
						The main reproductive organs	The main reproductive
						inside your body are well	organs inside your body

I. Evaluating learning	There are some ways on how to take care of our reproductive organs healthy. 2. Ask the pupils to give ways on how to take care of their own reproductive organs. Write YES if the stated is a	Multiple choice. Choose the	Ask the pupils to list	protected . However , the external organs need care and proper hygiene. Here are some ways to do it. 1. Keep your genitals clean at all time. Wash them regularly with soap and clean water, especially after using the toilet. 2. Change your underwear every day or as often as necessary. Make sure your underwear is kept in a clean place so they do not get any dirt o germs before you use them. 3. Daily baths and showers are advisable to keep your reproductive organs and other parts of the body clean and healthy. 4. Avoid using dirty public washrooms. 5. Eat nutritious food and get adequate rest and sleep. 6. Consult your parents and/ or pediatrician for any irritation , discomfort , or infection in your reproductive organs.	are well protected . However , the external organs need care and proper hygiene. Here are some ways to do it. 1. Keep your genitals clean at all time. Wash them regularly with soap and clean water, especially after using the toilet. 2. Change your underwear every day or as often as necessary. Make sure your underwear is kept in a clean place so they do not get any dirt o germs before you use them. 3. Daily baths and showers are advisable to keep your reproductive organs and other parts of the body clean and healthy. 4. Avoid using dirty public washrooms. 5. Eat nutritious food and get adequate rest and sleep. 6. Consult your parents and/ or pediatrician for any irritation , discomfort , or infection in your reproductive organs.
Ü	good health habit to keep the reproductive organs healthy and NO if not. 1.Borrow underwear from your brother/sister 2.Keepunderware in a clean	letter of the correct answer. 1. Alice likes salty snacks. What should you advice her if you were her friend? a. Advise her to eat fruits instead	precautionary/safety measures to keep one's reproductive system healthy.	below to answer this question.	

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	box or cabinet. 3.Observe	b. Advise her to consult a		†	
	use of public toilets.	physician			
	4.Take medicines as advised	c. Advise her to consult a		How Do You Take Good Care of Your	
	by a good friend. 5.Eat	dietician		Reproductive Organs?	
	nutritious foods.	d. Advise her to exercise			
		more often		_	
		2. You notice that your older			
		sister appears pale and			
		weak. She has excessive			
		menstrual flow. What			
		would you tell her to do			
		a. I'll tell her it's normal			
		b. I'll tell her to consult a			
		physician			
		c. I'll tell her that maybe			
		she is pregnant			
		d. I'll tell her to eat more			
		3. Which of the following is			
		the proper way to prevent a			
		disease in the reproductive			
		system?			
		a. Practice personal			
		hygiene at all times.			
		b. Consult a family			
		doctor every week.			
		c. Eat delicious and			
		expensive meals everyday.			
		d. Enroll in an aerobics class			
		to keep oneself trim and fit			
L Additional activities for application or	Callant bus shows a valets of to	·	A ale the councile to call ant beauth	A all the municipate and look books	A ale the annual a to pall a st
J. Additional activities for application or	Collect brochures related to	List two diseases of the	Ask the pupils to collect health	Ask the pupils to collect health	Ask the pupils to collect
remediation	disorders of the reproductive	reproductive organs and write ways	brochures related to disorders of	brochures related to disorders of	health brochures related
	system.:	on how to avoid them.	the reproductive system.	the reproductive system.	to disorders of the
					reproductive system.
V. REMARKS					
VI. REFLECTION					
A. No. of learners who earned 80% in					
the evaluation.					
B. No. of learners who require					
additional activities for remediation					
who scored below 80%.					
C. Did the remedial lessons work? No.					
of learners who have caught up with					
the lesson.					
the evaluation. B. No. of learners who require additional activities for remediation who scored below 80%. C. Did the remedial lessons work? No. of learners who have caught up with					

D. No. of learners who continue to require remediation.	1	
E. Which of my teaching strategies worked well? Why did these work?		
F. What difficulties did I encounter which my principal or supervisor can help me solve?		
G. What innovation or localized materials did I use./discover which I wish to share with other teachers?		