

While we prepare an episode to discuss how Black Lives Matter for GPs, we're sharing a short, incomplete list of articles, books, podcasts and movies on the topic of structural racism.

What is anti-racism?

- **Anti-racism** is the action of holding beliefs, committing actions, movements, and adopting policies adopted to actively oppose racism.
- If we are willing to accept that our society is systemically racist, then in the words of Angela Davis '*In a racist society it is not enough to be non-racist, we must be anti-racist.*'

Where can I learn more?

- [The death of George Floyd and the current struggle against Police Brutality in the United States](#)
- [The 1619 Project](#) by The New York Times and [The 1619 Project podcast](#)
- [What Is White Privilege, Really?](#)
- [So you want to talk about race by Ijeoma Oluo](#)
- [How to be An Antiracist](#) by Dr Ibram X. Kendi
- [Just Mercy](#) by Bryan Stevenson
- [The New Jim Crow: Mass Incarceration in the Age of Colorblindness](#) by Michelle Alexander
- [Thread of black documentaries that assist in understanding racism, prejudice, police brutality](#)
- [Silence Is Never Neutral: Neither Is Science](#) Structural racism in science.
- [White Academia: Do Better.](#)

Is Racism an issue in the UK?

- [George Floyd death: Why US protests resonate in the UK](#)
- [Black Lives Matter protester moves white anti-protester to safety](#)
- [Systemic racism and police brutality are British problems too | Kojo Koram](#)
- [Kuba Shand-Baptiste: Black babies are more likely to be stillborn. That is institutional racism](#)
- [Macpherson report: what was it and what impact did it have?](#) - This is a report that outlined the effects of institutional racism on the policy and criminal justice system in the UK in 1999 also known as the Stephen Lawrence inquiry.
- [The toppling of Edward Colston's statue is not an attack on history. It is history](#)
- [Britain destroyed records of colonial crimes](#)

How can I help?

- [How You Can Support Black People Today, Tomorrow & Forever](#)
- [How to support black lives in the UK](#)

BMJ Journals publications on racism:

- Themed edition of The BMJ on [racism in medicine](#) (2020)
- [Racism: the other pandemic](#) (2020)
- [Death, injury and disability from kinetic impact projectiles in crowd-control settings: a systematic review | BMJ Open](#) (2017)
- [Negro, Black, Black African, African Caribbean, African American or what? Labelling African origin populations in the health arena in the 21st century | Journal of Epidemiology & Community Health](#) (2005)
- [Glossary of terms relating to ethnicity and race: for reflection and debate | Journal of Epidemiology & Community Health](#) (2004)
- [Riot control agents: the tear gases CN, CS and OC—a medical review | BMJ Military Health](#) (2013)
- [Years of life lost due to encounters with law enforcement in the USA, 2015–2016 | Journal of Epidemiology & Community Health](#) (2018)
- [Perils of police action: a cautionary tale from US data sets | Injury Prevention](#) (2016)
- [‘It’s time to call out racism in the profession’ | Veterinary Record](#) (2019)
- “As doctors, this is the time to speak up. This is not about politics. This is not about preserving the status quo or being afraid to ruffle feathers. This is about life and death.” <https://www.bmj.com/content/369/bmj.m2244>