

# **The Way of Energy Alchemy - Natasha Sol**

## **FAQs**

- What is Energy Alchemy?
- How does Energy Alchemy help heal?
- What is loosh?
- What does a spiritual awakening feel like?
- How can I connect to my spirit guides?
- How can I let go of my energy blocks?
- How do I know I've been activated by light codes?

## **Speaking Topics (Duration: 60-120 minutes)**

- Navigating Crisis: Creating Win-Win Situations with the Universal Law of Polarity
- How to Heal Dis-Ease: Identifying the Emotional/Energetical Root Causes of Illness & Utilizing the Three Components of Healing
- The Healing Frequencies of Light: Using the DC Current, Sunlight & Flower Essences for Healing
- Energy Vampires: Creating Healthy Boundaries for Those Who Suck Your Energy
- Empowerment through Grounding (with Sovereignty Code Activation)
- The Power of Clairsentience: How Interaction with the Unseen/Non-Physical Makes Us More Adept in Non-Verbal Communication
- Is Telepathy Communication of the Future?: How to Be More Telepathic
- Overcoming F.E.A.R. and Avoiding the Energy that Creates It

## **Interview Questions**

- How did you get started doing Energy Alchemy?
- What is a Dark Night of the Soul? (The inspiration for writing The Way of Energy Alchemy)
- What do you mean by “polarize your life”? (Chapter 5: Know How To Make Universal Laws Work for Your Benefit)
- What are energy blocks? And how do we overcome them? (Overcoming F.E.A.R.)
- What is a Cause-Reaction Feedback Loop? (Chapter 2)
- What is the Conscious G.E.N.I.U.S. system?