



Please take some time to thoughtfully complete this worksheet. The most important information is at the top, but some of it may be confusing or difficult to complete before your call with Steve. Skip anything that doesn't make sense.

▲ But try to be thoughtful and thorough in your answers. This deep thinking work required to complete the worksheet is extremely valuable.



Pers	sonal Theme/Soundbite:





WHO ARE YOU?

WIIO ARE TOO:	Erridance that you make your community
Exidence of your named all characters	Evidence that you make your community
Evidence of your personal character:	better?

WHY DOES IT MATTER?

"Happiness is not the belief that we don't need to change it's the realization that we can." Shawn Anchor	
Evidence of your curiosity:	Evidence of your potential:

Evidence of your curiosity.	Evidence of your potential.



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1	-	
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Evidence of your engagement:	Evidence of your leadership:





HOLISTIC OVERVIEW

	Academic Performance & Test Scores					
# of Regular Classes # of AP Classes # of IB Classes Test Scores Class Rank What's your rank? How well does my academic record reinforce my soundbite? (Did I take the advanced classes one would expect someone who is interested in the thing say I'm interested in would take?) Activities School clubs & teams, community involvement out of school, Family responsibilities (like)	GPA		Weighted GPA			
Class Rank What's your rank? How well does my academic record reinforce my soundbite? (Did I take the advanced classes one would expect someone who is interested in the thing say I'm interested in would take?) Activities School clubs & teams, community involvement out of school, Family responsibilities (like	# of Regular Classes					
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	School clubs & teams, o				oonsibilities (lik	e





Leadership/unusual engagement/unusual impact		
List your activities in order:		
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		





Awards or recognition of your impact or personal theme		
RECOMME	NDATION LETTERS	
Teacher 1:		
Things I will ask the	em to share:	
Teacher 2:		
Things I will ask the	em to share:	





School Counselor:	
Information I'd like	to get from them:
ESSAYS	
☐ 1. Is it persona	1? (Show personality)
☐ 2. Is it insightf	ul? (Show thoughtfulness)
☐ 3. Is it meaning	gful? (Demonstrate your core values)
	? (Don't summarize a year or more of that sport, choose one moment that opened r gave you greater empathy, a new perspective, or something like that)
☐ 5. Is it well-wr	itten? (This should represent your best writing)
☐ Is it memorable about something	e? (The best essays surprise the reader or make them reconsider their perspective