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Mindful Moment: this is updated weekly as well. A link can also be found on slide two of the slide deck each week.

	6th	7th	8th
Monday	Slides: 3-12	Slides: 3-13	Slides: 3-12
Wednesday	Slides: 13-21	Slides: 14-25	Slides: 13-19
Friday	Slides: 31-32, 22-24	Slides: 35-37, 26-28	Slides: 28-29, 20-21
Extended Learning Opportunities			