

Some ground rules:

- ***Always do your best to include the WHY behind your answers!***
- *Wherever it's applicable while answering these questions, try to include how you react mentally to a topic/situation (i.e. what are your natural instincts/thoughts/feelings?), but also what sort of action you normally take. Both of these things can give insight into your attitudes.*
- *Remember that the more detail you provide in this questionnaire, the easier it'll be for a typist to give input on your PY type. If your answers are too short or vague, the chances that you'll receive an accurate typing are slim.*

LOGIC:

Do you find that truth and understanding of systems in life are an important aspect that should be highly valued? How do you usually go about learning and forming an understanding of a concept?

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A: I do agree that truth and knowing the mechanics of a system should be valued as they personally assist me on how to do tasks at least correctly or in an acceptable manner, and could possibly help others too. There's also a tendency for me to get extremely angry at not gaining an easy understanding in subjects that I believe, "I have to learn in order to survive/be successful" (ex(s): school material). In fact there's sort of an anger towards being "forced" to learn these (in the moment) "confusing" subjects; which at times pushes me to continue trying to fully comprehend the subject, or until I feel sufficient enough to get by.

I don't find too much reason as to why you SHOULDN'T learn these processes if you're capable and truly desire to do something that you're unsure with the performance of (people can give reasonable exceptions for reasons like, "Too much effort for being unimportant in your overall goals", or "Not enough time to research and get a firm understanding").

To learn and comprehend a concept I usually think about how well I understand what I'm researching, while also attempting to find other people's thoughts on the material whenever I feel some sort of doubt or affirmation (If alone, I do this often, usually with Google, Forums, and other resources; if in public, I'll do it much more slower and hesitantly with other people, until I feel I have a good enough comprehension or until I'm uncomfortable asking around; 1 or 2 people I find reliable in what I'm trying to learn). Using other people's thoughts and explanations as a resource, I assume I make my own understanding of the concept and try to implement it.

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How easily do you find yourself changing opinions or viewpoints? What sorts of things can influence your views the most/least?

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A: Depending on if I have a precognitive and strong opinion or view on something, usually determines how influential external ideas are to me. I have a hard time determining how often this occurs though as I don't often have extreme viewpoints or enough knowledge on more subjective debates (concerning morals/ideologies) to argue and have someone argue against, despite the fact I think about these subjects a lot (along with minimal participation within debates overall). When it comes to more grounded debates (concerning math/science), I tend to stay my ground a lot more, but If I believe I am proven wrong I will concede quickly and agree with the opposing argument. I may have remaining doubts after being proven wrong until a source I trust more proves my doubts wrong.

Data and personal experiences shared by people I think are qualified to share are what often shape my views on decisions the most, especially if they support what I want to do (obvious, I know). Viewpoints that are shared with negativity toward opposing ideas (with assurance that others are immediately wrong and with very emotional aggression) tend to be the least persuasive to me, even if the argument they provide is valid.

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Are you more likely to assume that you're right or wrong about an issue? Is it important for you to always be right? How easy is it for you to admit it when you're wrong?

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A: I think most times, I'm more likely to assume I'm right towards an issue, as I first try and make a cohesive thought process and response regarding the issue alone, which takes time. More exposure to what is being questioned and less knowledge of what else is possible makes me slightly more confident in my ideas.

I do always want to be correct on issues, there's just an instinctive attraction to being right and on the "smarter side", and not being seen or felt as a fool, especially If I seemed confident in my views before. The idea that life is almost always easier when you aren't an "idiot" or seen as one tends to pop up in my head often (again, obvious), although it's not some overbearing thought over my life.

Admitting when I'm wrong seems to depend on current emotional state, however I would say most times I am pretty willing to concede and admit I'm wrong as it is the easiest option overall in situations like these (less conflict and debate, humiliation, and you can always learn more and confirm who is right later). Times where I actively refuse to admit I'm wrong (a few times), usually end with me repeating the same points over and over again and acting aggressive in unorthodox ways and eager to prove the other side is wrong, sometimes even after the other side has stopped debating.

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How do you react when someone disagrees with you during a logical debate? How do you go about defending your beliefs, if at all? Do these types of situations make you doubt your views easily?

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A: When someone disagrees with me in a logical debate, I usually assume I'm unable to convince them with my entire reasoning if they don't agree with at least some of my points. In other words I only minimally defend my beliefs and then determine it's better to leave things be. I usually believe it's almost always easier to convince someone through having them learn the truth by themselves (have THEM HELP search for the answer). If the answer they find ends in proving you right then you were successful; If the answer actually ends up proving you wrong then you still got an answer to the debate at least; If no answer is found then we can end the discussion there.

These situations do often make me doubt myself and what I believe is right and my intelligence.

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How do you feel about debating logical chains and evidence? (Can discussions and debates help you sort your thoughts out, or are you more likely to see them as unnecessary? Do you find debates more stressful or fun?)

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A: Debating through discussions and debates I think is very important to exchange information and generate ideas. I see the value in them, and I do have some impulse to start and participate in them when ideas arise, just to see what others have to say. However, at the same time I see debates as stressful, due to the focus on myself and an individual person, who has to clearly communicate ideas and in the first place, has to take a defined position and defend it. This can lead to many misunderstandings and mistakes which I'm hyper aware not to make, and am afraid to do as I consider myself not great at communicating my ideas in an ordered format. This may make me seem moronic in a way. So when a discussion or debate in any form appears, I usually see and hear what is said from afar and don't involve myself, even though I may get an impulse to share.

Despite the fact that I want to see value in discussions regarding anything, and would in no way ever wish to call debates just for fun "useless", there's a sort of disdain for discussions that go nowhere and have no defined answer or mutual agreement at the end of them. Though I like exploring ideas, I also often have a need for a stable conclusion in my understanding at the end of any period of research, but if I'm researching a less grounded and more subjective, theoretical, and philosophical concept (a fiercely debated topic), I will have problems reaching a satisfying resolution, and will sort of "spiral" into my thinking until I grow tired of finding answers.

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Do you feel the need to explain your own logical understanding to others? Do you feel the need to have others explain their understandings to you?

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A: I do instinctively have a pull to explain myself logically to prove my findings, as I don't want to be misunderstood when I'm forced to bring up a topic, or if I genuinely want to help someone understand a subject.

It's very aggravating to have someone respond to and bring up an unrelated subject different than what you were trying to argue, or misunderstand your point (I guess like an unintentional strawman).

I do wish for others to explain themselves as well, especially if they want to convince someone of their claim (if they want to prove their claim is true and truly convince someone, then do the steps to do that by explaining themselves). I tend to feel anger when someone expects others to take their claims as natural truth without extrapolation and discussion. I won't be openly demanding though, and will just try to get them to be more open with their thoughts on "why?".

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VOLITION:

Do you consider yourself to be a naturally motivated person? What helps motivate you? Do you need others to motivate you and/or provide incentives for you to work?

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A: I'd say I'm capable of motivating myself to complete a goal, but that isn't a constant. What assists my motivation toward smaller daily goals (cook, clean, etc.) is through planning these things at specific times. I don't want to call these "routines" as they aren't that strict and are more like "habits" to be more accurate. For more bigger, personal goals, I've learned that thinking about and discussing about the future with others has helped motivate me to further take the steps to pursue what I want.

I do sometimes need another to help make plans for my future, due to needing to know how to make one; and I do agree that sometimes I need to be forced out of my shell to participate or move around in things I never would've partook in otherwise and try something I'm unfamiliar with. I'm a very withdrawn person and tend to not like losing time for myself or plans.

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Are you someone who has a clear sense of direction and purpose? Is this something that matters to you? What do you gain a sense of meaning from?

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A: I do think I overall have a sense of direction (I'm not sure about purpose) in life. As in I know what I like to work towards and am aware of my interests. I don't however feel like I have a specific purpose to what I do, as that seems like a very limited outlook to life. I also don't have any extreme pull toward any specific end, despite having clear goals.

Though I do think having direction in life is beneficial, I don't think it's necessarily mandatory in order to live happily. I would say knowing what you want to do personally matters to me, as I gain satisfaction in taking the steps and learning how to achieve something I set my mind to.

If I'm interpreting "a sense of meaning" correctly, I gain meaning through working and seeing any scenario or thing I imagine into reality as close as possible to me and anyone involved's expectations. Seeing progress and the outcome to effort gives satisfaction; it's nothing that makes me feel "complete", and it never really "fulfills me" per se. But if I were to describe why it gives me "meaning"; I would say it gives me moments in my life to remember and feel sentiment and embarrassingly a bit of pride towards.

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How is your relationship with goals? Do you often share them with others (or help others with their goals)? Are you self-assured in what you set out to do, or are you more indecisive and/or easily persuaded by what others around you want?

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A: I think I mostly have a positive relation to goals. Unless I am working with others, am asked about my goals, or am willingly open to receive advice on how to achieve my agenda, I don't often share what I'm looking for in my future. If the "...share them..." presented in the question is meant as me and others working towards the same goal, then the answer is roughly the same, perhaps even less true. I do often like to help others with their goals; that is if it's on my own volition, and I'm not suddenly roped into doing things for another person. Even then, I won't usually outright deny or refuse helping another person; I just wouldn't feel it was the best outcome, but refusing to help would probably make me feel worse.

I have an idea and/or set of ideas of what I want to do, none of them are too strong to the point where I can fully say "Nobody's stopping me from doing that/That's what I want to do for life", but they're subjects I feel confident that I can at least attempt to pursue. There definitely is a lot of doubt when considering if I really want to commit to something, as I'm scared of losing my personal freedom and time (I'm more accepting of having less control in situations where others are involved, as I'm more driven by personal, individual goals, and am fine with others taking the wheel if they were a part of decision-making to begin with). I can be persuaded by others around what I want if I believe they know better and are more experienced with what I'm dealing with, but only for things I consider more minor to me at the time (like how to dress at parties [as long as I don't think I look stupid or incredibly standout]).

Are you bothered by failures and setbacks? How do you deal with them when they come up?

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A: I'm often afraid of facing failures or setbacks, as I feel as though I haven't ever "truly" failed at something or faced "real" rejection (meaning I haven't ever felt that, "couldn't come back from something"). But if we're talking about failures or setbacks such as getting a lower score on a test; I will of course be bothered about it, especially if I thought I would do better on it, but I will be able to take my mind off it, generally by doing or thinking about something else.

This feeling usually results in me realizing that this momentary setback isn't as important as I thought (unless it is, I try to be optimistic but it's not a natural attitude).

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Are you someone who easily competes for things you truly desire? How do you feel about others telling you what to do, or trying to insert their desires into yours?

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A: I'll say I'm not a very competitive person overall, especially if it's something minor, like competing for food or sports (I've never had to compete for a job or anything career related yet), so overall I feel like I've never had to compete for anything important much, neither am I usually ever in that mindset where I feel like I need to be a "better" person than someone else. I only compare myself when I feel like I'm doing poorly than most others I've never felt unequal to.

If I feel like somebody's advice or desires align with mine, then I'm willing to go along with it. If their agenda conflicts with mine, then I'll probably allow them to make the call on what we should do. I've never had anybody outright deny me what I want to do with my personal aspirations and myself as a person, so that's probably the reason I'm okay with these situations happening. I don't like having someone influencing me to give up what I want in exchange for them, but assisting them is the easier option in less important circumstances (ex: what are today's plans?). I definitely do have a certain line where I won't put myself and plans at risk for somebody else's, especially if I think it's not the best option for them either.

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How do you tend to act when you are part of a team? Are you more of a leader or a follower (or neither)? Do you have an easy time working cooperatively with others?

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A: When a part of a team, I usually end up taking the role of an "organizer" (some people say that's what I do during these types of projects), albeit a more passive one. If no one comes forth with any ideas on how to work, I usually end up asking them and gathering ideas, then I see and wait on what everyone agrees is the correct course to take. As work occurs, I usually, in a way, review ideas and how people implement them (sometimes on my own, sometimes not), and then give a little feedback. I usually try and see if people are open for changes, by asking them (or if they ask me) if they think anything is wrong or needs to be added, or how they want a part of the project to turn out like and then give some advice. I don't outright say what I think is better, but just give some ideas and why we should do that. I also try and make our plans into an organized and cohesive manner for presentation and to facilitate tracking progress (ex: If we're working on an informative poster/presentation, I'll usually try to find where I should put an image and it's accompanying info).

I'd say I'm usually more of a follower than a leader, as I don't like taking the spotlight and am unconfident in my ability to make decisions quickly by myself for an extended period of time and ability to communicate well or be commanding (I don't like being demanding).

I agree that I work with others easily with little to no arguments. I don't often get into altercations and instead just discuss with others our ideas and options when confronted with an obstacle. I assume this is due to my passive nature, which doesn't really "fight" against other's suggestions, but more, "questioning" them.

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Do you consider yourself to be someone with a firm sense of identity? How do you feel when other people assert their ideas about who you are?

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A: It's a bit unusual for me to answer if I have a "firm" sense of identity; I can say that I have a good idea on my character and traits, but "identity" feels as though there should be more to it. But, if I were to say if I'm secure with my perception of who I am; I would say yes. Not to say I'm the most open with who I am, just that overall, I don't think too poorly of myself, identity-wise and can name what's usual for me as a character.

Mostly, I don't like it when people assert ideas about who I am. I don't like the idea of being misinterpreted, and people gaining a weird perception of me, as I think people often don't have a very full interpretation of my person and reasons. If I am fine with people talking about my character, then it's usually in the form of very basic characteristics (examples I've heard: "You keep to yourself", "... A bit shy", etc.)

PHYSICS:

How important are factors such as clothing, hygiene, and appearance to your everyday life? Do you feel confident in your body and tastes? Are you often swayed by trends and the opinions of others in terms of fashion and aesthetics?

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A: Outside of hygiene, clothing and appearance, take a sort of "backseat" until needed in everyday life, (as in until I go out in public spaces). I don't think I'm a very smelly or gross person most of my time in public places, as I tend to be organized and value cleanliness. But there are definitely minor insecurities and social anxiety appearing now and then relating to if I may look weird at times, they just aren't very apparent and aren't too debilitating in my life.

I'd say I'm overall fine with my body and tastes, I don't often feel a powerful need to change what I do with my habits until I decide I want a change due to an experience; If I realize a tendency isn't too healthy, if it's not out of the way, I'll attempt to prevent it.

I'm not very swayed at all by trends and my opinions on fashion and aesthetics, as I don't really expose myself to that very much nor pay attention to it, unless it's brought directly to my attention.

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How do you handle your senses being disturbed? Are you sensitive to problems like discomfort, sickness, and pain? (Or are you unaware/able to push past them/etc..)

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A: I am not pleased when being introduced to unpleasant sensory information and stimuli (I assume no one really likes when that happens). I usually end up feeling aggravated and grumpy when I am suddenly put from a comfortable state into a more stressed one without any warning beforehand, which I will respond attempting to get myself into a good mood once again, mainly though ignoring the source of discomfort (or getting it done with if it's in the form of a task).

I will say my relation to discomfort, sickness, and pain are hard to explain. They are problems I am not usually aware of; they have little focus from me, and thus I don't often actively think about them. An example would be me not being aware of how itchy or warm I am as there are other things on my mind which I focus on. I would still describe myself however as being sensitive when I do focus on them. I don't ever remember the annoyance and pain of being sick with a stuffy nose until I ACTUALLY re-experience it; it is only then when I try to further avoid it and realize my discomfort. My relation to pain is similar, although I am a lot more cautious with pain as it is more noticeable before it hits. But, I'm never able to fully visualize and memorize the pain to the same extent as a previous experience.

Though I have discomfort toward these sensations as I stated, I think I can still say I can push past them, especially if I have other things on my mind which can lead me to ignore the discomfort. I would say this is fueled by a need to get rid of them in the first place.

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How is your relationship with physical activity? Are you someone who naturally desires a more comfortable and inert lifestyle, or do you have a hard time staying still? Do you find external encouragement and incentives for taking care of your body useful?

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A: Physical activity isn't something that is a priority in my life. It's not on the bottom of what I desire, but it's not something I strive for heavily. I do it just enough to keep myself satisfied or if somebody brings me along to do something physical.

I would say I naturally desire a more comfortable and inert lifestyle, as I tend to work towards not having to make excessive or big physical movements.

Asking if I have a hard time staying still is a question I don't think I fully understand (I had to think a lot about the questions in this questionnaire, as I have trouble deciphering what some words and terms specifically mean in the given context, other questions, and wording, and not being able to rely on dictionary definitions). However, I will note that there are times where I have a lot of built up energy, where I will then release as jogs around my house/block.

I don't really find external incentives to take care of my body very useful.

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Do you enjoy pushing yourself to try new foods, activities, or styles? How picky are you regarding these things, and what helps you decide what you want to explore?

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A: I don't really push myself to try new foods or decisions, however I'm not necessarily against them. If someone offers me to taste something new, I usually won't refuse unless I am full or 100% find the thing being offered as something I don't like, albeit, there are times where I still try them just out of manners or to make sure I don't like it. Activities and styles I react similarly to, although I'm less personally interested in experimenting with them unless I am very bored or someone forces me to interact with these concepts.

Weirdly enough, I'd say I'm still very picky to an extent (as a kid I WAS VERY picky); it's just that there are very specific things I am VERY picky about, the rest I am MOSTLY indifferent to. I won't ever fight someone on these issues though, and will mostly just let another decide if they are adamant about it (I wasn't like this when younger).

Something that helps me decide what to explore is I guess "boredom". I don't often change much in my life, and am not frequently forced to change by others. I'm not the most experimental person when it comes to my actions and surroundings, to the point where there will be periods of boredom where I will do some stuff differently and have further strive to try new things. I will even change little things like (an example) drinking a mixture of soda and juice out of a bowl.

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How is your relationship with your physical environment? Are you usually attuned to your surroundings? Is being organized something that matters to you and/or comes naturally? How do you feel when another person enters your space and tries to help you with it? (e.g. by cleaning)

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A: My relationship with my physical space is complicated. I frequently am not very well attuned with my physical environment and easily miss big or small details for example; some have come up next to me and have said something directly, and it's entirely capable of me to still miss it if there's been something else on my mind. Another would be; not being aware of small dirt and dust in my space simply due to not having the awareness to check now and then (Again, I don't often like moving things around a lot, so hidden dust builds up sometimes).

I am not always unaware of my surroundings, and tend to focus on them when I don't know what else to do or if A LOT of things are going around me too much for me to simply overlook it.

I do in fact like being organized and hate (maybe too strong a word?) having too much things out and spread everywhere; it is very natural for me to try and make things more orderly if I am aware of them. An example of this would be my writing and school supplies. I am very particular about how my writing and wording looks, and write very slowly as a result (I will speed up though if there is a time limit and my patience is up). I value being organized, and I want to be with my physical space more often as others are.

Another helping me with my physical space is fine, an annoyance being when I don't know where they put needed items in my personal room. To be honest, I am also slightly miffed at others putting stuff not in personally established areas, although this isn't a very important problem for me at all to address.

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How do you handle your finances and possessions? Is this an area of ease in your life, or do you find yourself becoming overly reckless or stingy? Do you consider yourself to be a materialistic person?

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A: I don't often put a lot of active thought into my finances at the moment other than having an automatic thought process of "Don't spend a lot"/"Spend as little as possible that you're satisfied with", and "Make sure your money is safe". Possessions have more personal and perhaps emotional importance; "What if I need this?" tends to be a frequent reason as to why I keep some things (usually school papers with old lessons on them, despite the internet being just as easily accessible as an educational resource), or if the item makes me overly nostalgic, unfortunately. However, at the same time, I do not like owning many things that I have to manage, which leads to a sort of minimalistic attitude toward gaining things while a more hoarding attitude to what I already have.

My more important financial decisions are based on what's been taught by my family members, who are more experienced and interested in dealing with more socially related money issues than me, so it's not much of a problem. Possessions, although an annoyance to manage aren't a major problem that I can't handle, in the end, I usually want to and am capable of throwing away unimportant things, albeit with a bit of time thinking of what to throw and how to remove them.

Despite my talk, I wouldn't say I'm overly materialistic. I like gaining things but not necessarily only in physical objects, and once again, I don't like obtaining too much or excessively spending money, as I see it more as a hassle. I especially don't see myself buying something like a car, phone, or a new house if I already have a perfectly fine previously mentioned item.

How do you react to criticism or advice regarding how you handle any of the above things?

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A: Criticism and advice I am used to with how I handle any of the above things, as people tend to be more knowledgeable/have possible solutions with any problems regarding them. So I tend to welcome suggestions if I'm stuck or if suddenly brought up.

EMOTIONS:

Does self-expression come naturally to you? What emotions do you find easier or harder to express? What goals do you have when dealing with your levels of emotional expression, if any?

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A: Whether self-expression comes naturally to me is a complicated question, as a lot of the time my expression is intentionally more quiet and I guess “muted”. But, overall I think I can easily express how I’m feeling if I really wanted to, and let loose a bit.

Emotions I can easily express are ones like surprise, shock, and confusion; basically emotions that are caused by sudden stimulus without much time for processing. These emotions usually lead to a lot of phrases by me like, “wait, what?” and “excuse me?”. I seem to easily get confused if something comes out of nowhere, at least how I perceive it. An emotion that is the opposite of being easy to express is anger; I’ve been told it’s been hard for others to tell if I’m angry, as I tend to just speak slightly louder when annoyed and aggravated, which seems to be a normal speaking volume for others. I will also say that I don’t like exhibiting anger or aggression, especially to people I don’t know personally, who may take my comments very personally or see me as a jerk. Overall, I can be VERY passive-aggressive (As mentioned before, when I’m angry towards another person in a discussion I tend to repeat points or questions even though I’m aware they’ve been answered).

If I were to define a goal regarding my emotional expression, I would say that I am trying to work on being less awkward when speaking with strangers when in a simple conversation; speaking with a better and clearer tone that conveys my emotion better when I desire to. Otherwise, I am mostly content with my expression so far.

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Are you someone who is in touch with their inner emotional world? Are you good at understanding how you feel about something and why? Do you find others’ insight into how you are/should be feeling beneficial?

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A: I would say I am in touch with my inner emotional world most of the time, as I don’t really have any other pool of emotions to consider except on occasion, since I am alone most of my hours and IMPORTANTLY don’t openly discuss feelings with others much, especially my own.

I can usually tell how I feel toward something, including if I feel conflicted. Again, it is most likely due to none other people’s emotions usually being present or relevant in the moment. The rising sentiments also almost feel instinctual, kind of like a physical sense. I can’t necessarily put what I feel into words though, and can barely communicate it at times.

I don’t often find other’s insight into my identity as beneficial, as I don’t think anyone has ever really made an analysis of my character and shared that insight, and if someone has made an observation, it’s usually not-too-hard-to-find traits about me (at least I don’t think their very unnoticeable).

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How good are you at balancing your focus between your own emotions and the emotions of others? Are you more naturally attuned to others' feelings and reactions, or to your own?

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A: I feel like I'm able to balance a good amount between others and my feelings. When another is present, I naturally try and get an idea of their current emotions and don't really question the immediate idea I obtain as I feel like most I meet are outwardly expressive enough and give enough hints to where I don't have too much trouble guessing how they feel. However, I don't really dwell and think on other's feelings a lot (more than a few minutes) unless it seems they're obviously upset or would be upset about something (which may or may not be influenced by something I did).

I guess it would be appropriate to say I'm more naturally attuned to my own emotions and reactions than others. Again, others aren't with me enough for me to think about them more than my own thoughts.

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How easily caught up on specific feelings do you become? Do you value being able to detach yourself from your emotions? (And is this something you're good at?)

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A: I'd say I can get "caught" on certain emotions easily, especially if it has been a while since I've gotten stuck in these states. I tend to get caught up on specific feelings like emptiness, curiosity (if you would call it a feeling?), and more somber emotions, more easily than others; essentially emotions that can lead to less taking of action (and sometimes more action at times). Although, I don't think I can get stuck in these emotions for longer than a few hours (never days; I don't know if that's normal) and once these periods of persistent emotions happen, it tends to be a while when I get stuck on them, except for maybe emptiness.

I don't know if I value "detaching" from emotions, as I don't think I can ever fully disconnect from them, just sort of ignore or numb myself to them by getting something done with (usually I believe this will fix however I'm feeling), I still can feel these emotions though, I just put them under lower priority. If I were to say if I value this ability, I would say yes; in a way, It allows me to get a task done and through a bad emotional state, though I recognize how this may sound unhealthy or even further aggravating (which is usually the emotion I have to numb myself to the most).

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How do you normally react when someone shares their emotions with you? Do you enjoy handling situations like these?

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A: When another shares their emotions openly, I tend to get a bit nervous, as being responsible for listening and providing feedback to them can lead to poor or awkward situations, however, I usually act mainly open-minded and just simply listen to what they have to say and usually agree with what they say to not make any drama. I will admit it may be an annoyance if they share out of the blue with no entrance, especially in a setting where people would end up listening (I don't think I could ever bring that to their attention mid-conversation) . In a setting between us and maybe a few others, it definitely feels more acceptable.

Although what I said earlier still holds true, there is still joy in getting insights of other people and their personal lives, which makes us feel closer. That usually is the strongest appeal to getting into situations like these, along with the possibility of actually bringing ideas to them and possibly assisting them with any small personal problems through advice.

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When others are speaking on topics regarding emotion, are you more inclined to express, engage, or pull away? Do you adjust to emotional atmospheres, or do you feel more separate from them? How comfortable are you with conversations focused on emotional vulnerability?

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A: If others bring up topics regarding emotion, I'm usually more inclined to personally pull away or unassociate myself with the conversation topic if I am able to without seeming rude or too evasive; otherwise, I would engage with the conversation but on an emotional level I would be comfortable with. I'm content with being secretive with how I feel, and will usually share if I really do desire to (which isn't too often, as I can deal with emotional states by myself).

I would say I can adjust to emotional atmospheres up to a certain extent in order to not be rude and stand out, and sometimes even to create a bit of entertainment on very rare occasions or with close friends. Once the levels of the atmosphere tend to not fit our external environment (it gets a bit risky with others or just risky in general) I start to drift away from the atmosphere, however I always do feel a sort of disconnection with my environment and never feel like I can just get carried away with a group.

I tend to be fine with conversations focused on emotional vulnerability, as most others who initiate conversations focused on that topic aren't very judgmental or are understanding people who are good at making people feel comfortable and relatable. If I'm in conversations with others who don't really fit that description, they tend not to happen at all; in the cas that they do, I don't like to share or else I give more shallow responses that aren't too telling of what I really feel.