

Les grandes lignes :

<http://www.slate.fr/story/67509/froid-rhume>

https://www.francetvinfo.fr/sante/maladie/grippe/peut-on-vraiment-atraper-froid_1905189.html

Tout ça c'est une histoire d'humidité :

<https://www.ncbi.nlm.nih.gov/pubmed/19204283>

Les études sur les volontaires infectés :

Exposure to cold environment and rhinovirus common cold. Failure to demonstrate effect. R.G.J. Douglas, R.G.J et al. NEJM, 1968

<http://www.pnas.org/content/112/3/827>

(Temperature-dependent innate defense against the common cold virus limits viral replication at warm temperature in mouse airway cells. E.F. Foxman et al. PNAS, 2014.)

<http://journals.plos.org/plospathogens/article?id=10.1371/journal.ppat.0030151>

A.C Lowen et al. *PLOS Pathogens*, 19 oct. 2007

https://www.atsjournals.org/doi/abs/10.1164/ajrccm.150.4.7921447?url_ver=Z39.88-2003&rfr_id=ori%3Arid%3Acrossref.org&rfr_dat=cr_pub%3Dpubmed
Immunohistochemical analysis of nasal biopsies during rhinovirus experimental colds. D J Fraenkel et al. *American Journal of Respiratory and Critical Care Medicine*, 1994

<http://linkinghub.elsevier.com/retrieve/pii/S0091674900800159>

Effects of allergic inflammation of the nasal mucosa on the severity of rhinovirus 16 cold. Pedro C. Avila, et al. *The Journal of Allergy and Clinical Immunology*, mai 2000.

[http://www.jacionline.org/article/S0091-6749\(00\)80015-9/fulltext](http://www.jacionline.org/article/S0091-6749(00)80015-9/fulltext)

(Test allergènes)

