

- “28 Days To A Client” -

The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1.  / 	1 	Find prospects
2.  / 	1 	Send email outreach
3.  / 	1 	Workout
4.  / 	1 	Write free values
5.  / 	1 	Review copies
6.  / 	1 	Pray
7.  / 	1 	Eyes exercises
8.  / 	1 	Meditation
9.  / 	2 	Reading
10.  / 	2 	Chess
11.  / 	1 	Watch morning power-up call
12.  / 	2 	
13.  / 	2 	
14.  / 	3 	
15.  / 	3 	
16.  / 	3 	
17.  / 	3 	
18.  / 	3 	
19.  / 	3 	
20.  / 	3 	

Day Number: 2

Date: 17-3-2023

Start Of The Day - Time: 6 am

	 3 Things That I Am Excited To Have In The Future? 
1.	Money
2.	Discipline
3.	Respect

Hour-By-Hour **Tracking:**

[Track+Measure=Improve]

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Intention:	 Intention = What Is My Plan Of Action To Complete This Task For This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:

1. I Am Acting With No Limits To My Abilities!

2. I Am Being All That I Can Be, Every Hour And Every Day!

3. Every Word I Am Saying And Thought I Am Thinking Is Positive!

4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!

**(Delete Any Boxes Below That Are Before
The Time That You Start Your Day In Your
Own Copy)**

\$ 6 am: Task \$	Pray-Eyes exercise-Meditation
🔔 Intention 🔔	First pray next eyes exercise and then set and meditate
✍️ Reflection ✍️	

\$ 7 am: Task \$	Find prospects
🔔 Intention 🔔	Set in my room close the door put my phone in another room and start working
✍️ Reflection ✍️	

\$ 8 am: Task \$	Keep finding prospects
🔔 Intention 🔔	Set in my room close the door put my phone in another room and start working
✍️ Reflection ✍️	

\$ 9 am: Task \$	Review copies
🔔 Intention 🔔	Review student and other copies from the niche I work on

 Reflection 	
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 10 am: Task 	Workout
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 Intention 	Turn on the music and start training
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 Reflection 	
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 11 am: Task 	Workout
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 Intention 	Turn on the music and start training
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 Reflection 	
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 12 pm: Task 	Write free values
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 Intention 	Make research to find pain and desire and start writing
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 Reflection 	
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 1 pm: Task 	Write free values
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 Intention 	Make research to find pain and desire and start writing
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 Reflection 	
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\$ 2 pm: Task \$	Boxing or martial art
🔔 Intention 🔔	Just start punching the punchingbag
✍️ Reflection ✍️	

\$ 3 pm: Task \$	Send 10 emails outreach
🔔 Intention 🔔	Write an Email outreach and send it
✍️ Reflection ✍️	

\$ 4 pm: Task \$	Finde prospects
🔔 Intention 🔔	Start woking before I'm ready
✍️ Reflection ✍️	

\$ 5 pm: Task \$	Write free values
🔔 Intention 🔔	Research and write
✍️ Reflection ✍️	

\$ 6 pm: Task \$	Watche morning power-up call
🔔 Intention 🔔	Just watch
✍ Reflection ✍	

\$ 7 pm: Task \$	Spend time with my family
🔔 Intention 🔔	Just be with them
✍ Reflection ✍	

\$ 8 pm: Task \$	Review the work I did in the day and send some emails
🔔 Intention 🔔	Review the work I did in the day and make sure everything is done
✍ Reflection ✍	

\$ 9 pm: Task \$	Read
🔔 Intention 🔔	read
✍ Reflection ✍	

\$ 10 pm: Task \$	Prepare to the next day
🔔 Intention 🔔	Make a plane

 Reflection 	
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 11 pm: Task	Go to sleep
 Intention 	Pray and sleep
 Reflection 	



End-Of-The-Day Report:



 What Did I Learn Today? 

 What Do I Plan To Do Differently Tomorrow? 

 What Do I Plan To Do The Same Tomorrow? 

 Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 

 What Tasks Were Left Undone? 

Brain Dump: