

MVLA Fall Schedule 2025 - 2026

Monday	Tuesday	Wednesday	Thursday	Friday
8:35 - 8:47 MM 8:48 - 9:43 MT 9:44 - 10:41 Core 1 10:41 - 10:50 BB 10:50 - 11:47 Core 2	8:35 - 8:47 MM 8:48 - 9:43 MT 9:44 - 10:41 Core 1 10:41 - 10:50 BB 10:50 - 11:47 Core 2	8:35 - 8:47 MM 8:48 - 9:43 MT 9:44 - 10:41 Core 1 10:41 - 10:50 BB 10:50 - 11:47 Core 2	8:45 - 9:05 MM 9:05 - 9:57 Core 1 9:57 - 10:07 BB 10:07 - 10:59 Core 2 10:59 - 11:07 BB 11:07 - 11:59 Core 3	8:35 - 8:47 MM 8:48 - 9:45 Core 1 9:45 - 9:53 BB 9:53 - 10:50 Core 2 10:50 - 10:58 BB 10:58 - 11:55 Core 3
11:47 - 12:27 Lunch	11:47 - 12:27 Lunch	11:47 - 12:27 Lunch	11:59 - 12:39 Lunch	11:55 - 12:35 Lunch
12:27 - 1:24 - Core 3 1:24 - 1:33 BB 1:33 - 2:30 Core 4 2:30 - 2:38 BB 2:38 - 3:35 Core 5	12:27 - 1:24 - Core 3 1:24 - 1:33 BB 1:33 - 2:30 Core 4 2:30 - 2:38 BB 2:38 - 3:35 Core 5	12:27 - 1:24 - Core 3 1:24 - 1:33 BB 1:33 - 2:30 Core 4 2:30 - 2:38 BB 2:38 - 3:35 Core 5	12:39 - 1:31 Core 4 1:31 - 1:41 BB 1:41 - 2:33 Core 5 2:34 - 3:35 MT	12:35 - 1:32 Core 4 1:32 - 1:41 BB 1:41 - 2:38 Core 5 2:38 - 3:35 MT or House Challenge