

Sensory Activities – Water

Life Skills

Washing dishes



Hand washing – Soapy suds

Blend liquid soap with a small amount of water.



Hanging up washing on the line



Washing toys using water and a toothbrush / sponges



Sensory bin

Water Xylophone

Use a measuring cup to fill different amounts of water into glass jars, add food colour if you have it, use whatever you have to play the water xylophone!



Icy Toy Hunt

Put small toys/letters/numbers into ice cube trays, fill with water and freeze. Use different materials to pour and defrost the toys.



Egg sink

Fill plastic eggs with a variety of objects (cotton balls, marbles, stones, cotton wool). Tape over any holes in the eggs. Guess which eggs will sink and float. Experiment!



Go Fish

Use small toys of any kind and put them in a large tub of water (or the bath). Use small sieves or spoons to try to fish them all out. You can make a game to see who gets the most.

