

NORTHERN BC CENTRE FOR SKATING (the "Centre")

Athlete Code of Conduct

The Northern BC Centre for Skating provides a safe, supportive environment for the Centre members and guests, that equally respects our common interests and our differences for all athletes to enjoy the sport and fulfill their own individual goals within a team spirit. In support of this objective, the NBCCS has adopted the following Code of Conduct based on the following principles, bylaws, policies, procedures and rules.

Members and parents of members who are under the age of 18 are required to review, discuss, and accept this Code of Conduct and indicate that they have read and understand their responsibilities by signing the attached agreement before participating in Centre activities.

All NBCCS members must conduct themselves in a manner respectful of all policies and property at the ice rink as well as any other facility. Any violation of facility policy may result in disciplinary action from the Centre. Disciplinary action is outlined in Conflict Resolution Policy. This Code of Conduct is also in effect when the Centre is represented at out of town activities. Please exhibit a model of behavior that will provide a good example to the community and encourage pride in our Centre.

1. Athlete Expectations:

- Be a leader by exhibiting respect and sportsmanship at all times, including in dressing rooms and while at competitions, test days and other performances (if registering for a program where such events occur)
- Be on time for all sessions. Athletes must ask permission before entering the ice late or for leaving group sessions. Out of respect for the process of training Centre athletes, parents (if athletes are under 18) are asked to provide written notice for planned and incidental absences, lateness or missed components of programming. athletes must ask permission from a coach before leaving the ice surface during a session
- Members are expected to follow the direction of City Staff, NBCCS Executive and NBCCS coaches during Centre sessions or Centre events. Members shall not harass or abuse, physically or verbally, any other fellow athlete, coach, official or parent at any time as outlined in the Skate Canada Position Statement on Bullying.
- Under no circumstances is an athlete to be on the ice while the zamboni doors are open. A coach (or other ice supervisor) must be present before entering the ice.
- Food and drink (other than water and sports drinks) are not permitted at the ice surface
- Athletes are encouraged to keep water bottles at the ice surface and at all off-ice training sessions
- Athletes are expected to utilize their ice time effectively and to refrain from engaging in activity that would potentially jeopardize the safety of other athletes or coaches
- Electronic devices, including cell phones are not permitted to be used without permission from a coach on the ice or during off-ice training sessions. Photographs, audio/video recordings are not permitted in change rooms under any circumstances, with the exception of coaches and/or Executive members who are authorized to take photos/videos for Centre promotional reasons (eg during off-ice classes)
- athletes are expected to show respect for Centre and city property and keep locker and dressing rooms tidy
- athletes must knock and ask permission before entering the coaches room
- Any act performed by a Centre member that a rink attendant, Centre member, coach or parent sees and deems unsafe or inappropriate may be brought to the NBCCS Board's attention for any disciplinary action necessary as described in the Resolution of Conflict Policy posted at www.skateprincegeorge.com/member-forms



Northern BC Centre for Skating

Box 712, Station A, Prince George, BC, V2L 4T3

Phone: 250-962-1993 / Fax: 250-962-1993

www.skateprincegeorge.ca / info@skateprincegeorge.ca

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- Athletes are expected to uphold exemplary judgement when posting on all social media sites as they are representatives of NBCCS. Social media sites will be monitored for content to ensure that all members are posting in a manner that is representative of the expectations of the Centre. Members should still be themselves and engage with people through their social channels, but they should do so in a way that is appropriate and safe for media consumption / distribution. Posts should not contain vulgar, threatening, hurtful or obscene words or images.
- 2. Figure Skating Athlete Expectations:**
- Parents and skaters are expected to respect, support and abide by the Centre Athlete Criteria and information contained in the Centre Athlete Success Package
 - Right of way is given firstly to the athlete whose music is playing and secondly to athletes in lessons. Further details on right of way are described in the Music Policy posted at www.skateprincegeorge.com/member-forms.html
 - Athletes are expected to refrain from interrupting lessons of other athletes
- 3. Mandatory Attire for On and Off-Ice Training Sessions:**
- Athletes must abide by the [Dress Code Policy](#)
- 4. Parent Expectations:**
- Parents must abide by the Skate Canada Code of Ethics: <https://info.skatecanada.ca/index.php/en-ca/policies/79-skate-canada-code-of-ethics.html>
 - Notify your coach as soon as possible if your child is unable to attend a session; coaches reserve the right to charge for lessons missed without advance notice
 - Parents and siblings are not permitted in the player's box. **Parent/sibling coaching of athletes is strictly prohibited (with the exception of Skate Canada registered coaches who are also parents/siblings)**
 - Parents must not interrupt lessons to talk to a coach during lesson time
 - Parents must communicate in a positive manner with athletes, coaches, other parents, and executive members
 - Parents and siblings are not permitted in the Intermediate/ Senior dressing room. The Intermediate/ Senior dressing room should be restricted to those members to change into their skating attire, mentally prepare for their session and communicate with their peers in a team environment.
 - Parents are expected to uphold exemplary judgement when posting on all social media sites where the Centre and/or its members are mentioned.
 - Grievances must be submitted to the Centre Executive in writing and will be addressed at the next scheduled executive meeting.
 - Parents and skaters are expected to respect, support and abide by the Centre Athlete Criteria, Success Package, and all other athlete development materials presented by the Coaching Directors. This includes respect of the office hours posted in the Success Package

Athlete Signature: _____ Date: _____

Parent Signature: _____ Date: _____



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