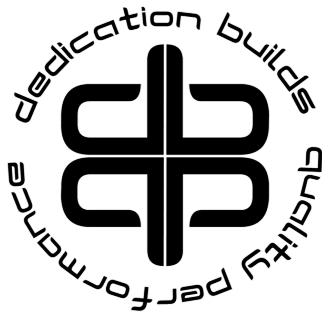




PRIVATE TRAINING

How Does It Work?

Medium Group: 7-12 Weeks of training

- Quick Info

- You need to register with **at least 4 Athletes**(up to 7)
- Starts with evening, intro session(s) in June
- Ends with post program testing, in the evening, in September
- One, 60 minute session per week
- You pick the day(s) & Time(s)

Train More & Save!

[Click here for CALENDAR](#)

Base Price= Per athlete pricing for one strength session a week

Length	7 week	8 week	9 week	10 week	11 week	12 week
Base Price	\$400.00	\$440.00	\$477.00	\$510.00	\$539.00	\$564.00
Add On	2nd Day + \$200.00	2nd Day + \$195.00	2nd Day + \$190.00	2nd Day + \$185.00	2nd Day + \$180.00	2nd Day + \$175.00
2 Day Price	\$600.00	\$635.00	\$667.00	\$695.00	\$719.00	\$739.00
Add On	3rd Day + \$150.00	3rd Day + \$150.00	3rd Day + \$150.00	3rd Day + \$145.00	3rd Day + \$145.00	3rd Day + \$145.00
3 Day Price	\$750.00	\$785.00	\$817.00	\$840.00	\$864.00	\$884.00

Are there discounts available?

Join David Discount: **10%**

Sibling Discount: **20%**

Referral Discount: **10%**

Savings for the 1st training phase Sign up siblings & enjoy a discount Paid referral = discount next phase

It is time to let strength be a tool for your growth, success and safety. I can't wait to begin! An official calendar will be formulated after we finalize details. Please let me know if you have any questions about this initial information. Thank you for your interest.

Best,

David Ball