



Exploring the Colorado Resiliency Framework: Flood

Driving Questions:

- What does resilience look like in Colorado?
- What are some of the shocks and stresses experienced in each sector?

Word Bank	
Shocks	are intense, short term events that can disrupt communities (e.g., floods and wildfires).
Stresses	are underlying long-term economic, social, and environmental conditions that can negatively impact a community's environmental, social, and economic health (e.g., drought, extreme heat, lack of affordable housing, depressed economy).

Activity 1: Warm-up Planning Activity

Think about what you would do if a natural hazard were to occur in your community tomorrow. If you were able to create a kit to respond to and recover from the hazard in your community, what would you include? Create a list of items you would include, and services or people you would want to have access to, after the hazard has occurred.



Activity 2.1 Colorado Resilience Framework Story Map Introduction

Work individually or in pairs on computers, to access the [Colorado Resiliency Framework Story Map - Flood](#) and begin by reading the Introduction and watching the video on the Introduction page.

1. In your own words, why was the Colorado Resiliency Framework created?
2. What's the difference between resilience, hazard mitigation, and disaster preparedness?
3. Contrast and compare shocks and stresses.