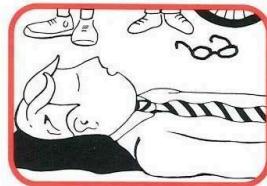


***Alert Time=** How much time needs to pass before emergency medication is administered (time starts from onset of seizure activity)

***911 is called in the event seizure activity lasts longer than critical time alert (mentioned in IHP) and emergency medication is administered.**

First Aid for Seizures

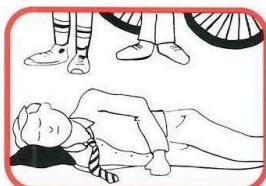
(Convulsions, generalized tonic-clonic, grand mal)



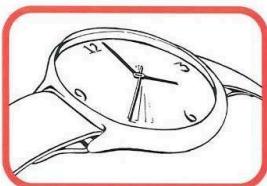
Cushion head,
remove glasses



Loosen tight clothing



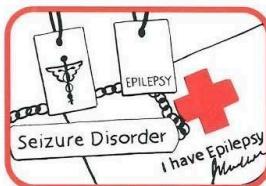
Turn on side



Time the seizure with
a watch



Don't put anything
in mouth



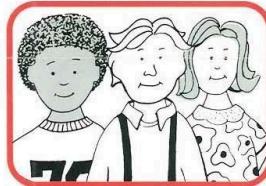
Look for I.D.



Don't hold down



As seizure ends...



...offer help

Instructions for Vagal Nerve Stimulator (VNS) Magnet Use for Seizure Rescue



The **VNS generator** will be located underneath the skin on the side of the student's chest.



The **VNS magnet** may be a wrist band (watch) style, or a Pager (belt-clip) style



1. **Gather** supplies and Seizure Action Plan and Medical Alert Information (SAP) form.



LESS THAN
2
SECONDS

2. **Place** the magnet over the student's chest area where the VNS generator is.

3. **Swipe** the magnet over the VNS generator for 1 to 2 seconds and then immediately remove magnet from chest area. Repeat swipe(s) as per the SAP.

NOTE: If 911 is called, inform them that the student has a VNS.

Magnet Safety Considerations:

- Do not hold the magnet over the generator for more than 2 seconds. This will temporarily disable the VNS.
- Never put or store the magnet near credit cards, televisions, computers, computer disks, microwave ovens, watches, other magnets, or items affected by strong magnetic fields. Keep it at least 25 centimeters (10 inches) away.
- Do not drop the magnet. It can break and lose magnetic strength if dropped on a hard surface.

INSTRUCTIONS FOR USE

For 5 mg and 10 mg Doses



You, your family members, caregivers, and others who may need to give VALTOCO should read these Instructions for Use before using it. Talk to your healthcare provider if you, your caregiver, or others who may need to give VALTOCO have any questions about the use of VALTOCO.

Important: For Nasal Use Only.

Do not test or prime the nasal spray device. Each device sprays one time only.

Do not use past the expiration date printed on box and blister pack.

Do not open blister pack until ready to use.



**Each blister pack contains
1 nasal spray device.
1 dose = 1 nasal spray device.**

To give VALTOCO nasal spray:



Step 1: Open the blister pack by peeling back the corner tab with the arrow.
Remove the nasal spray device from the blister pack.



Step 2: Hold the nasal spray device with your thumb on the bottom of the plunger and your first and middle fingers on either side of the nozzle.
Do not press the plunger yet. If you press the plunger now, you will lose the medicine.



Step 3: Insert the tip of the nozzle into 1 nostril until your fingers, on either side of the nozzle, are against the bottom of the nose.



Step 4: Press the bottom of the plunger firmly with your thumb to give VALTOCO.
The person does not need to breathe deeply when VALTOCO is given.
Remove the nasal spray device from the nose after giving VALTOCO.

After giving VALTOCO nasal spray:

Throw away (discard) the nasal spray device and the blister pack after use.

Call for emergency help if any of the following happen:

- Seizure behavior in the person is different from that of other episodes.
- You are alarmed by how often the seizures happen, by how severe the seizure is, by how long the seizure lasts, or by the color or breathing of the person.

Make a note of the time VALTOCO was given and continue to watch the person closely.

Time of first VALTOCO dose: _____ Time of second VALTOCO dose (if given): _____

The healthcare provider may prescribe another dose of VALTOCO to be given at least 4 hours after the first dose. If a second dose is needed, repeat Steps 1 through 4 with a new blister pack of VALTOCO.

For more information about VALTOCO, visit www.valtoco.com or call 1-866-696-3873. Report side effects of prescription drugs to the FDA by visiting www.fda.gov/medwatch or by calling 1-800-FDA-1088.

These Instructions for Use have been approved by the U.S. Food and Drug Administration. Issued: 02/2022

INSTRUCTIONS FOR USE

For 15 mg and 20 mg Doses



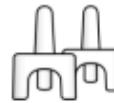
You, your family members, caregivers, and others who may need to give VALTOCO should read these Instructions for Use before using it. Talk to your healthcare provider if you, your caregiver, or others who may need to give VALTOCO have any questions about the use of VALTOCO.

Important: For Nasal Use Only.

Do not test or prime the nasal spray devices. Each device sprays one time only.

Do not use past the expiration date printed on box and blister pack.

Do not open blister pack until ready to use.



Each blister pack contains

2 nasal spray devices.

1 dose = 2 nasal spray devices.

To give VALTOCO nasal spray:



Step 1: Open the blister pack by peeling back the corner tab with the arrow.

Remove the first nasal spray device from the blister pack.



Step 2: Hold the nasal spray device with your thumb on the bottom of the plunger and your first and middle fingers on either side of the nozzle.

Do not press the plunger yet. If you press the plunger now, you will lose the medicine.



Step 3: Insert the tip of the nozzle into 1 nostril until your fingers, on either side of the nozzle, are against the bottom of the nose.



Step 4: Press the bottom of the plunger firmly with your thumb to give VALTOCO. The person does not need to breathe deeply when VALTOCO is given.

Remove the nasal spray device from the nose after giving VALTOCO.



Step 5: You have not given the full dose of VALTOCO yet.

Remove the second nasal spray device from the blister pack.

Repeat Steps 2 through 4, using the second nasal spray device in the other nostril to give the full dose of VALTOCO.

After giving VALTOCO nasal spray:

Throw away (discard) both nasal spray devices and the blister pack after use.

Call for emergency help if any of the following happen:

- Seizure behavior in the person is different from that of other episodes.
- You are alarmed by how often the seizures happen, by how severe the seizure is, by how long the seizure lasts, or by the color or breathing of the person.

Make a note of the time VALTOCO was given and continue to watch the person closely.

Time of first VALTOCO dose (first dose equals 1 spray in each nostril): _____ / _____

Time of second VALTOCO dose (if given, second dose equals 1 spray in each nostril): _____ / _____

The healthcare provider may prescribe another dose of VALTOCO to be given at least 4 hours after the first dose. If a second dose is needed, repeat Steps 1 through 5 with a new blister pack of VALTOCO.

For more information about VALTOCO, visit www.valtoco.com or call 1-866-696-3873. Report side effects of prescription drugs to the FDA by visiting www.fda.gov/medwatch or by calling 1-800-FDA-1088.

These Instructions for Use have been approved by the U.S. Food and Drug Administration. Issued: 02/2022

Diazepam rectal gel (Diastat), continued

How to give diazepam rectal gel



Gather your supplies:

- Diazepam rectal gel prefilled syringe
- Lubricating jelly packet



- Place your child somewhere he cannot fall.
- Turn him on his side facing you.
- Bend his upper leg forward to expose rectum.



Gently insert the lubricated syringe tip into the rectum.



- Remove the cap from the syringe.
- Lubricate the rectal tip with lubricating jelly.



Separate buttocks to expose the rectum.



- The rim of the syringe should be snug against rectal opening.
- Slowly count to 3, gently pushing the plunger until it stops.
- Slowly count to 3 before removing the syringe from the rectum.



Slowly count to 3 while holding buttocks together to prevent the medicine from leaking.



- Keep your child on his side, facing you.
- Take note of the time you gave the medicine, and keep watching your child.

In case of an urgent concern or emergency, call 911 or go to the nearest emergency department right away.

