



#TLAP 30 Day Challenge



Participate in a Twitter chat of your choice for some FREE professional development. (#tlap - Mondays - 8 CST)	Use music or a movie clip as a hook for a lesson.	Find and listen to a podcast about something that will help you as an educator.	Write an engaging story that can support the skill or concept you are teaching.	Bring a current event into your classroom and tie it to what your students are learning about.
Write a note to a mentor or colleague who has helped you or needs encouragement.	Give 5 students SPECIFIC praise. Mean it.	Use Remind.com to 'preheat the grill' to add anticipation to a lesson.	Reflect on your week with a written reflection. What went well? What would you do differently next time?	Create an optional challenge in place of a homework assignment.
Ask yourself a creativity sparking question like, "HOW can I create a simulation for this topic?"	Use a prop in a lesson.	Try a "new to you" tech tool like Flipgrid.com or Nearpod.com	Think about a student who is in the shadows and needs some attention. Give that attention.	Eat lunch with the students.
Share a strategy/tool that works for you with a colleague.	Send 5 positive emails to parents letting them know how awesome their child is.	Inject a lesson with your personal passion.	Detach yourself from your school work for an entire evening to focus on staying balanced in life.	Go for a run outside.
Read for pleasure.	Try a new strategy for closure.	Choose a new book of Dave Burgess Publishing and read it. (Like <i>"Play Like a Pirate"</i> or <i>"Innovator's Mindset."</i>)	Email one of your past teachers to thank them for making a difference in your life.	Voice Zero complaints the entire day.
Look through TLAP Part II and choose a hook you've never tried before.	Grow your Twitter PLN by following 10 new educators.	Learn a new skill that could be used/shared in your classroom.	Immersion! Whatever the students are working on, do it with them.	Drink an Iced Caramel Latte. It will get you wired for life.