

Birthcraft Philosophy

Birthcraft is a comprehensive educational online course created by Liv Pitts, TM, designed to equip women to embody the Sovereign Birth Worker Within and turn their passion for birth work into Whole-Woman Profit!

The Birthcraft Philosophy springs from the depths of Liv Pitt's personal beliefs that she holds as a woman, mother, and midwife regarding the birthing realms of life and death.

Every woman is a sovereign woman.

"For You formed my innermost parts;

You knit me together in my mother's womb.

I will give thanks and praise to You, for I am fearfully and wonderfully made;

Wonderful are Your works, and my soul knows it very well.

My frame was not hidden from You, when I was being formed in secret,

And intricately and skillfully formed [as if embroidered with many colors] in the depths of the earth."

– Psalm 139:13-17

Sovereign is not a trendy label. It is a birthright given to all humans.

The Sovereign Birth Worker within has many titles.

Throughout the world, different Birth Workers have different titles and scopes of practice. Titles can include, but are not limited to: Grandmothers, Mothers, Sisters, Aunts, Birth Keepers, Childbirth Educators, Doulas, Nurses, Midwives, and Obstetricians. The Sovereign Birth Worker within may have titles acquired outside of the course. However, ALL course content falls within the scope and title of a **doula**; limited to educational, emotional, physical, and spiritual support; and excluding clinical and medical hands-on training.

In the Birthcraft Sanctuary, titles are left at the door and women come to the table as themselves. All course content is designed to push women further into their God-given individuality. The most potent birth work flows from embracing and embodying creation within, that has existed since the dawn of time - long before Titles in Birth Work came on the scene.

Pregnancy and birth are natural biological events in a woman's life.

The unfolding of such biological events are innate to being a woman, set in motion long before her own birth from her mother's womb. Babies in the womb do not learn to be female, they simply *become* female as nature intended. This becoming is the continuum of creation energy on the earth. The female baby does not learn to bleed, she simply becomes the bleeding woman. This bleeding woman does not learn to conceive, she simply becomes the open womb. The pregnant lover does not learn to mother, she simply becomes her through the death and resurrection of Birth.

Birth and death are sacred, interconnected cycles bound to the continuum of creation.

Birth and death are not opposing forces – they are the ebb and flow of the same divine rhythm. In our culture, we often place a significant emphasis on birth as the beginning of life, and death as the end, creating an artificial divide between these two monumental transitions. But within the wisdom of the cycles of creation, birth and death are inseparable.

When we speak of birth, we honor the act of bringing new life into the world, and the deep, cosmic truth that life is constantly in flux, always evolving. Birth marks a new beginning – a fresh expression of life, an unfolding of potential. But it is inextricably linked to death, which signifies not an end but a transformation, a release, a clearing of space for new life to emerge.

A woman's body is only ever in favor of her highest good.

In all circumstances the body is only ever working to protect, fight, and heal. Abnormal variations of physiology (ie: disease) do not mean the body is broken, failing, or doing the *wrong* thing. It's quite the contrary, a sign that the body is doing the *right* thing with the circumstance at hand. The body is infinitely wise.

Women cannot guide women to embrace the action of intuition, autonomy, and sovereignty until they do it themselves.

Birth workers do not need to convince or coerce – their very being is the invitation.

Women cannot give what they have not been given nor take someone where they have not gone. Birth work is intimate guiding work that requires embodiment – being a

living example of what is possible. When women have deeply explored their own inner knowing, trusted their instincts in the face of doubt, and reclaimed their rights to make choices for themselves, they become a beacon for others to do the same.

Intuition, autonomy, and sovereignty are not things that can be taught in a theoretical sense – they must be lived, tested, and refined through experience. Women who have listened to their bodies, honored their instincts, and moved through fear into trust will naturally radiate intuition. Women who have claimed their sovereignty do not ask for permission to live their truth; they embody it, making their presence a permission slip for others.

Prior to embodiment, any guidance offered will be incomplete, rooted in theory rather than lived wisdom. Presence alone is the most powerful form of leadership.

Birth work is not a job, it's a devotion.

Modern birth work springs from a lineage of knowledge, intuition, and ancestral wisdom passed down through generations of women who have served as midwives, healers, and guardians of creation realms. It's not something to clock in and out of or leave behind at the end of the day. There is no on/off switch to devotion. It's a way of being, a calling that weaves itself into every part of life. Devotion isn't driven by external rewards but by deep personal commitment, purpose, embodiment, and love for the work itself. The work is not reduced to a skill set that could be done by *anyone*. The work is radically irreplaceable and never the same, requiring constant evolution (death and birth) of all involved.

Women stand committed to mastery of the Birthcraft.

Committing to mastery of Birthcraft means taking birth work seriously – not as a casual interest, but as a calling that demands technical, physical, emotional, spiritual, and relational skills that are fully integrated and embodied. A sovereign birth worker does not rely solely on passion; she hones her craft through daily lived experiences so that she can serve with competence, clarity, and confidence. She moves with confidence, not because she has memorized facts, but because she has disciplined herself to be a forever student of the creation continuum.

Sovereignty is not just personal, it's business.

Sovereign business is driven by purpose. Profit is a natural byproduct of this purpose, flowing from aligned service and deep integrity. A sovereign business paradigm rejects greed, manipulation, and extraction; profit is not just about individual accumulation. It's about having the resources to serve more, give more, and support both personal and collective freedom and healing. This paradigm has an outlook of abundance, trusting there is enough for everyone and competition is just the signpost of a belief system rooted in lack.