



Make-Up and Hair Instructions for Recreational Classes

The Face:

Foundation - A liquid or liquid-to-powder foundation that is the same color as the dancer's face.

Powder - Each dancer may want to have a pressed powder compact in their makeup bag to help stop the "shiny face" effect when they sweat under the hot lights.

The Eyes:

Base color - Each dancer must have a light beige color that will be applied over the entire eye.

Center and lid color - Each dancer must have a medium brown that will be applied to the eye lid and slightly darker in the crease of the eye.

Once the colors are applied in the order listed above, they must be slightly blended to create a smooth transition between the colors and provide dimension to the eye which may seem like a lot of makeup up close, but will "pop" on stage.

Eyeliner - Each dancer must wear **black** eyeliner (no brown!!). We must have the black on the top and bottom lids to make the eyes stand out over the eye shadow.

Mascara - Apply a few coats of black mascara to eyelashes both top and bottom.

The Cheeks:

Each dancer must have a dark rose color blush that will accentuate the cheek bones. Begin application of the blush directly under the center of the pupil and brush in a circular upward motion, being careful not to bring the color too close to the hair line by the ears. Once the color is applied, lock it in with a gentle dab of powder. This will set the color into the skin and postpone reapplication throughout the day.

The Lips:

Each dancer must have cherry red lipstick. A great brand which is also long-lasting is **MAC Red**. The MAC line can be purchased at Macy's in Glenbrook Mall. Cheaper versions can be purchased at Wal-Mart, Walgreens, etc. Please make sure it is a cherry red and not a maroon color. To help stop the lips from drying due to the texture of the lipstick, each dancer may want to apply a clear gloss on top of the red to add moisture.

Fingernails/Toenails:

Absolutely **NO COLORED FINGER OR TOENAIL POLISH ALLOWED**. French manicure or clear polish is acceptable.

The Body:

Please use lotion so that skin is not dry.

Hair:

High Slicked Bun: Please apply plenty of hairspray to avoid any fly aways.