

Track and Field Regional Information

Saline High School

Friday, May 19, 2017

1. Please note the accompanying Regional Meet Time Schedule. **NOTE: Because of FAT timing, there will only be two rounds of the 100/110-100 hurdles/200. There will be a 1st round at 3:00 and then the finals at 5:00.**

2. All entries will be done on Athletic.net. **Entries are due by 4:00 p.m. on May 15. Be sure your entries are done correctly.**

From the MHSAA:

*All times, distances, and heights shall have been achieved **prior to 4 p.m. on May 15.***

Times must be entered as FAT times to the hundredth (.00) or handheld equivalent, adjusted by +.24. Any handheld times must first be rounded up to the slower one tenth of a second (for example, 10.42 would be 10.5) and then a conversion factor of .24 must be added. Example: You have a hand time of 27.23 in the 200. Round that time to 27.3. Then add the .24 conversion. That means the 27.23 hand time is 27.54 converted.

Entries for whom times were not submitted or for whom confirmed false times were submitted, are to be placed in the last heat or first section without seeding consideration. The Regional Manager is to advise the MHSAA, in writing, of these violations.

All performances/entries must be legitimate.

Times, heights and distances listed on the entry information are to be for the current outdoor season only. If questioned, each coach must indicate the date, location and opponent (school) when the time was established. Failure to comply shall eliminate the individual as an additional qualifier or shall eliminate the individual from seeding consideration.

3. All entries must be received by **4:00 p.m. on Monday, May 15.**

MHSAA Policy for Late Entries:

- \$50 must be paid before the contestant or team will be allowed to participate
- There are to be no late entries after the above deadline dates
- The late fee may not be used to change any time, height or distance
- The only changes which are permitted after 4 p.m. the day of the entry date will be scratches or clerical errors

4. Advancing to the finals in the 100, hurdles, and 200:

From the MHSAA :

1. Heat winners from each heat and then the fastest times to fill all remaining available lanes.
2. Heats – 2 heat winners, 6 fastest times to fill available lanes
3. Heats – 3 heat winners, 5 fastest times to fill lanes
4. Heats – 4 heat winners, 4 fastest times to fill lanes

5. Results will be posted live on **salinesports.org/results**. Results will also be posted on athletic.net.

6. You may enter 3 individuals in an event; however, only two may compete (scratch the third) unless all three (or more) have met the additional qualifier standard.

7. Refer to the MHSAA Track and Field website for the sequence of raises in the pole vault and high jump in the Regional. Click on the “pole vault/high jump raise chart” to get the specifics. On the same link you can check the standards for qualifying to the State Meet.

8. Scoring in the Regional meet is as follows: 10-8-6-5-4-3-2-1. Medals are awarded to the top 8 places including relays.

9. There will be a coaches' meeting at noon. It is important that all coaches attend. Doug Kelly will run this meeting.

We are looking forward to seeing you on the 19th.

If you have questions, contact Michael Smith at: smithm@salineschools.org.