

The parameters of article design:

Page - A4, portrait orientation, margins on all sides - 20 mm.

Font: type - Times New Roman, size (kegle) - 14,

line spacing - 1, indentation of the “red line” -1.25 cm,

width alignment.

The volume of the article (excluding the title, information about the authors, abstract, keywords, bibliography) should be no less than 6 pages (3,000 words) and no more than 16 pages (7,000 words).

Structure of the scientific article:

The structure of a scientific article includes IMRAD (for original articles), title, abstract, keywords, introduction, materials and methods, results, discussion, conclusion, funding information (if available), and reference list.

- MRSTI
- Name of author(s) ( add click on ORCID)
- Place of work of the author(s), city, country, e-mail
- Title of article
- Abstract
- Keywords
- Introduction
- Materials and methods of the study
- Results and their discussion
- Conclusion
- Funding information
- Acknowledgments, conflict of interest
- Authors' contribution
- List of references
- Author Information.

Each author is linked to his or her organization using an upper-case digit as shown below:

S.K. Iskendirova^{*1}  , S.J. Zeynollah² 

¹*The Akmola Region Branch of the Academy of Public Administration under the President of the Republic of Kazakhstan, Kokshetau, Kazakhstan*

²*Kazakhstan-German University, Almaty, Kazakhstan*

(E-mail: 1s196@gmail.com, 2saule@gmail.com)

Doctoral students are allowed to publish articles without co-authors, provided they submit a review of the article prepared by their supervisor.

Master's theses can be published only on condition of co-authorship with a doctoral student or candidate of sciences, as well as PhD.

The order of article design

IRSTI (Interstate rubricator of scientific and technical information) on your topic can be determined at <http://www.grnti.ru>. It is indicated in the upper left corner of the manuscript. (Alignment - on the left edge, font - bold, font size -14). Style file can be downloaded from the journal's website <https://psyjournal.enu.kz>

Author(s). After MRSTI through a line should be initials and surnames of the author(s) - center alignment, italics; full name of the organization, city, country (if the authors work in different organizations, it is necessary to put the same icon near the surname of the author and the corresponding organization; e-mail of the author(s) - in brackets, italics; title of the article - center alignment, bold font).

If there are several authors, they themselves decide on the order of their mentioning in the article and are fully responsible for its content. The number of authors - no more than 5. (Alignment - centered, normal font, 14 point font).

The title of the article is written in the center, capital letters, font bold, straight, keg-14. At the end of the article in two other languages, i.e. Russian, English (if the article is in Kazakh), Kazakh, English (if the article is in Russian), Kazakh and Russian (if the article is in English).

The Abstract (Аннотация) states the most important results of the research and their theoretical and practical significance. The abstract describes the essence and the research methods used, summarizes the most important results and their significance. The abstract should reflect the brief content of the article, its essence, general topic of research, a brief description of the problem, object, subject, keep the structure of the article - relevance, problem statement, purpose, research methods, results, conclusion.

Volume - not less than 150 and not more than 300 words in Russian, Kazakh and English. Alignment - width, font - normal, font size - 14).

The structure of the abstract includes the following points:

- Introductory statement about the topic of research.
- Purpose, main directions and ideas of scientific research.
- A brief description of the scientific and practical significance of the work.
- A brief description of the research methodology.
- The main results and analysis, conclusions of the research work.
- The value of the conducted research (the contribution of this work in the relevant field of knowledge).
- Practical significance of the results of the work.

Key words (Түйін сөздер/Key words) are intended for searching the text of the article and defining its subject area, it is recommended not more than 7 words or word combinations. At the end of the article after the abstract in the other two languages, i.e. in Russian, English (if the article is in Kazakh), Kazakh, English (if the article is in Russian), Kazakh and Russian (if the article is in English). (Alignment - width, font - normal, font size -14). Key words (no more than 7 words or word combinations) should reflect the main content of the article; define

the subject area of the study; occur in the text of the article. Keywords are separated from each other by a comma.

Availability of DOI (DOI) for each article

DOI: <https://doi.org/10.32523/2789-4320-2024-1-x-x>

Received: 9.04.2025. Revised: 12.05.2025. Accepted: 01.06. 2025. Available online: 30.09.2025.

The main part contains the following parts according to the structure of the IMRAD article: (introduction (problem statement, objectives, history), research methods, discussion/results, conclusion), (written from the paragraph, bolded):

- *The introduction* consists of the following main elements:
 - Justification for the choice of topic; relevance of the topic or problem. In the justification of the choice of the topic, based on the description of the experience of predecessors, the presence of a problematic situation (the lack of any research, the emergence of a new object, etc.) is reported. The relevance of the topic is determined by the general interest in the study of this object, but the lack of comprehensive answers to the available questions, it is proved by the theoretical or practical significance of the topic.
 - Definition of the object, subject, goals, objectives, tasks, methods, approaches, hypothesis and significance of the work. The purpose of the study is related to the proof of the thesis, that is, the presentation of the subject of the study in the aspect chosen by the author.
- **The Literature review** section should cover fundamental and new works on the topic under study by foreign authors, analysis of these works in terms of their scientific contribution, as well as gaps in the research.
 - It is NOT acceptable to have a lot of references that are not relevant to the work, or inappropriate judgments about the author's own achievements, references to the author's previous works.
- **Methodology** should consist of a description of the materials and the course of work, as well as a full description of the methods used. The object of the research and all the methods used in conducting it are described, their essence and justified choice are shown. The section should be written in such detail that the reader can not only independently assess the methodological pros and cons of this study, but also reproduce it if desired. The scientific research methods used and their application are described. Characterization or description of the research material includes its presentation in qualitative and quantitative terms. Characterization of the material is one of the factors that determine the validity of the findings and methods of the study.

This section describes how the problem was studied: detailed information without repeating previously published established procedures; the identification of equipment (software) and description of materials used, with the mandatory introduction of novelty in the use of materials and methods.

Scientific methodology should include:

- research question(s);
- hypothesis (thesis);
- stages of the research;
- research methods.

- **Results and Discussion** is one of the most important sections of the paper. The section analyzes and discusses the obtained results of the research. Conclusions on the results obtained during the research are given, the main point is disclosed. It should analyze the results of the paper and discuss the relevant results in comparison with previous papers, analyses and conclusions.

- **Tables** are included directly in the text of the work. They should be numbered and accompanied by a reference to them in the text of the work. Figures, graphs should be presented in one of the standard formats: PS, PDF, TIFF, GIF, JPEG, BMP, PCX. Point drawings should be made with a resolution of 600 dpi. The drawings should clearly show all details.

For example:

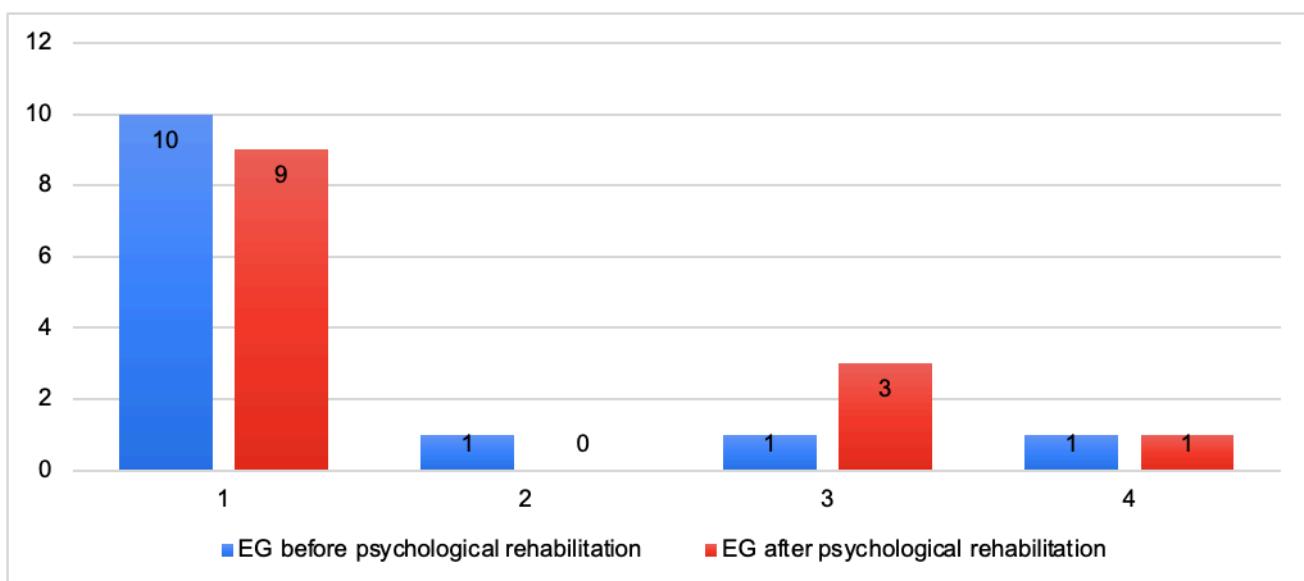


Figure 2: Dynamics of the level of neurotization in the study participants in the experimental group according to the methodology of L.I. Wasserman

Note: Compiled based on the method by L. I. Wasserman (2025).

Table 1

Results of comparative analysis of the level of neurotization in the study participants in the experimental group according to the methodology of L.I. Wasserman

Level of neurotization	Number of persons	
	Experimental group before psychological rehabilitation	Experimental group after psychological rehabilitation
High-level	10	9
Low-level	1	0
Increased level	1	3
Medium level	1	1

Note: Data obtained using the method developed by L. I. Wasserman (2025).

- Conclusion - generalization and summarization of the work at this stage; confirmation of the truth of the put forward assertion made by the author, and the author's conclusion about the change of scientific knowledge taking into account the results obtained. Conclusions should not be abstract, they should be used to summarize the results of the research in a particular scientific field, describing suggestions or opportunities for further work.

- Acknowledgments, conflicts of interest

Indicate sources of funding and other contributions, acknowledgements, conflict of interest.

- Authors' contribution. In this section it is necessary to indicate the contribution of each author in the work on the article. Contribution to the work is an intellectual investment without which a part of the work or the work as a whole could not have been completed or the article written. Authors of an article may be individuals whose contribution to the work is based on the following criteria:

- substantial contribution to the concept or design of the work; collecting, analyzing, or interpreting the results of the work;

- writing the text and/or critically revising its content;

- approval of the final version of the paper for publication;

- agreement to be responsible for all aspects of the work, proper review and resolution of issues related to the validity of the data or the integrity of all parts of the article.

Individuals who performed other roles in the preparation of the article may be listed in the Acknowledgments section of the article.

The examples of wording are not exhaustive, it is desirable to emphasize the uniqueness of the contribution of each of the authors, to detail their participation in the work on the article. In the original articles it is necessary to indicate the names of the individual stages of the experimental work performed for those co-authors whose contribution consisted in the performance of the experiment.

Mendeley Reference Manager (APA style) should be used to design bibliographic references.

References

1. Нартова-Бочавер, С. К., Мухортова, Е. А. (2020). Опросник «Люди и растения» (ЛиР): изучение отношения человека к миру растений. Психологический журнал, 41(1), 86–96. DOI: <https://doi.org/10.31857/S020595920007984-8-journal>
2. Ахметова, Н.Р. (2009). Психология студенческого возраста. Педагогический вестник. (12), 4 - **newspaper article**
3. Токаев, К.-Ж. (2019, 16 августа). Ежегодная августовская конференция с участием главы государства Касым-Жомарта Токаева. <https://www.zakon.kz/redaktsiia-zakonkz/4981834-polnyy-tekst-vystupleniya-tokaeva-na.html> - **electronic resource**
4. Bratman G. N., Hamilton J. P., Daily G. C. The impacts of nature experience on human cognitive function and mental health // Annals of the New York Academy of Sciences. – 2012. – Vol. 1249. – P. 118–136. – DOI: <https://doi.org/10.1111/j.1749-6632.2011.06400.x> - **English magazine**
5. Наследов, А.Д. (2004). Математические методы психологического исследования. Анализ и интерпретация данных (СПб: Речь, Vol. 392) – **book**
6. Совет Министров СССР. (1958). Постановление «О мерах по улучшению содержания детских колоний МВД СССР». В Сборнике законов и Указов Президиума Верховного Совета СССР, 1938–1958 гг. (с. 604). Москва - **Legislative and regulatory documents**
7. Нургалиев, Р. Н. (Ред.). (1986). Караганда. Карагандинская область: Энциклопедия. Алма-Ата – **encyclopedia**
- Семенова, В. Г. (2013). Самостоятельная работа студентов как важнейшая форма организации учебного процесса в рамках компетентностной модели образования. В Организация самостоятельной работы студентов: материалы докладов II Всероссийской научно-практической интернет-конференции (с. 10–15). Саратов: Новый проект – **conference materials**
8. Мацкевич, И. К. (1999). Изучение индивидуально-психологических особенностей членов ремиссионной семьи в условиях полиэтнического государства: на материалах Республики Казахстан [Автореферат кандидатской диссертации]. Москва – **Dissertation abstract**

Self-citation should be no more than 2-3 references in the list of literature and not exceed 10% of all sources.

After the main text of the article and the list of references it is necessary to provide abstracts, titles of the article in two other languages, depending on the language of writing - Kazakh, Russian, English:

С.К.Искендирова¹, С.Ж.Зейнолла²

¹Қазақстан Республикасы Президентінің жасындағы мемлекеттік басқару Академиясының Ақмола облысы бойынша филиалы, Қоқшетау, Қазақстан

² Қазақстан-Неміс университеті, Алматы, Қазақстан

Қазақстандағы жоғары білім беру жүйесін бағалау және оның сапасын басқару мәселелері

Анната.

Түйін сөздер:

С.К. Искендирова^{*1}, С.Ж. Зейнолла²

¹Филиал Академии государственного управления при Президенте РК по Акмолинской области, Қоқшетау, Қазахстан

²Казахстанско-Немецкий университет, Алматы, Қазахстан

Аннотация.

Ключевые слова:

In case of presence in the list of literature of works presented in Cyrillic alphabet, it is necessary to submit the list of literature in two versions: the first - in the original, the second - in Romanized alphabet (transliteration).

The Romanized list of references should look as follows: transliteration - <http://www.translit.ru>, from Kazakh to Latin <https://qazlat.kz>

For example:

References

1. Nartova-Bochaver, S. K., Muhortova, E. A. (2020). Oprosnik «Ljudi i rastenija» (LiR): izuchenie otnoshenija cheloveka k miru rastenij. [The People and Plants Questionnaire (PPQ): exploring human attitudes towards the plant world] Psichologicheskij zhurnal, 41(1), 86–96. DOI: <https://doi.org/10.31857/S020595920007984-8> - zhurnal - [in Russian]

2. Ahmetova, N.R. (2009). Psichologija studencheskogo vozrasta. [Psychology of college age] Pedagogicheskij vestnik. (12), 4. - gazetnaja stat'ja - [in Russian]

3. Tokaev, K.-Zh. (2019, 16 avgusta). Ezhegodnaja avgustovskaja konferencija s uchastiem glavy gosudarstva Kasym-Zhomarta Tokaeva. [Annual August conference with the participation of the Head of State Kasym-Jomart Tokayev]

<https://www.zakon.kz/redaktsiia-zakonkz/4981834-polnyy-tekst-vystupleniya-toka-eva-na.html> - [in Russian]

4. Bratman, G. N., Hamilton, J. P., Daily, G. C. (2012). The impacts of nature experience on human cognitive function and mental health // Annals of the New York Academy of Sciences. (1249), 118–136. DOI: <https://doi.org/10.1111/j.1749-6632.2011.06400.x>

5. Nasledov A.D. (2004). Matematicheskie metody psihologicheskogo issledovanija. Analiz i interpretacija dannyh. [Mathematical methods of psychological research. Analysis and interpretation of data] (SPb: Rech', Vol. 392). - [in Russian]

6. Sovet Ministrov SSSR. (1958). Postanovlenie «O merah po uluchsheniju soderzhanija detskih kolonij MVD SSSR» [Resolution «On Measures to Improve the Maintenance of Children's Colonies of the USSR Ministry of Internal Affairs»]. V Sbornike zakonov i Ukarov Prezidiuma Verhovnogo Soveta SSSR, 1938–1958 gg. (s. 604). Moskva. - [in Russian]

7. Nurgaliev, R. N. (Red.). (1986). Karaganda. Karagandinskaja oblast': Jenciklopedija. [Karaganda. Karaganda Oblast: Encyclopedia] Alma-Ata. - [in Russian]

8. Semenova, V. G. (2013). Samostojatel'naja rabota studentov kak vazhnejshaja forma organizacii uchebnogo processa v ramkah kompetentnostnoj modeli obrazovanija. [Independent work of students as the most important form of organizing the educational process within the competence model of education] V Organizacija samostojatel'noj raboty studentov: materialy dokladov II Vserossijskoj nauchno-prakticheskoy internet-konferencii (s. 10–15). Saratov: Novyj proekt. - [in Russian]

9. Mackevich, I. K. (1999). Izuchenie individual'no-psihologicheskikh osobennostej chlenov remissionnoj sem'i v uslovijah polijetnicheskogo gosudarstva: na materialah Respubliki Kazahstan [Study of individual-psychological features of remission family members in the conditions of a multi-ethnic state: on the materials of the Republic of Kazakhstan] [Avtoreferat kandidatskoj dissertacii]. Moskva. - [in Russian]

Then it is necessary to provide «**information about the authors**» in 3 languages. In the “information about the authors” provide all data - author's full name for correspondence, academic degree, specialty, position, organization, address, index, city, country - in full.

For example:

Авторлар туралы мәліметтер:

Искендирова С.К. – хат-хабар авторы, экономика ғылымдарының кандидаты, Қазақстан Республикасы Президентінің жаңындағы Мемлекеттік басқару академиясының Ақмола облысы бойынша филиалының профессоры, Абай көшесі, 87, 020000, Көкшетау, Қазақстан. E-mail:

Зейнолла С.Ж. – PhD докторы, жоба жетекшісі, Қазақстан-Неміс университеті, Пушкин көшесі, 111, 050000, Алматы, Қазақстан. E-mail:

Сведения об авторах:

Искендирова С.К. – автор для корреспонденции, кандидат экономических наук, профессор Филиала Академии государственного управления при Президенте Республики Казахстан по Акмолинской области, ул. Абая, 87, 020000, Кокшетау, Казахстан. E-mail:

Зейнолла С.Ж. - доктор PhD, руководитель проекта, Казахстанско-Немецкий университет, ул.Пушкина, 111, **050000**, Алматы, Казахстан. E-mail:

Information about the authors:

Iskendirova S.K. – corresponding author, PhD in economics, Professor of The Branch of the Academy of Public Administration under the President of the Republic of Kazakhstan of Akmola Region, 87 Abai str., 020000, Kokshetau, Kazakhstan. E-mail:

Zeinolla S.Zh. - PhD in economics, project manager, German-Kazakh University, Pushkin str., 111, **050000**, Almaty, Kazakhstan. E-mail: