

Dear (Name of the person),

I would like to inform you on a prior basis that I am not in the favor of flu shots to you because it has several side effects. Not every vaccine is good for our health. Every vaccine has different reactions to different bodies.

You are already weak so I never suggest you have this vaccine as it will bring fever and body ache with it.

It is my high recommendation to you that you should not go for it and I can not give you the flu shot.

I hope you will not come to me regarding this vaccination as it is not good for you. You neither take a properly balanced diet nor you are strong enough to face its side effects. In case anything happened to you, only we doctors are responsible for it.

I don't want to take any risk either with my medical certificate or to your health. It is always so difficult for us to take such decisions for people's health.

If you still want to have it after knowing that it might bring several side effects to your body then you are free to consult any other doctor and leave my prescriptions and medications behind.

I am sorry that I can't allow you to take it under my supervision or even I can not ask any of my staff members to give it to you.

I hope that you will consider my request and keep your health on priority. Hoping for a positive response from your side.

Regards,

XYZ