

Fleming Middle School Physical Education

CLASS EXPECTATIONS

Teacher: Mrs.Schrock, Mr.Coon, and Mr.Wilder

Welcome to Physical Education Class. This is an **EDUCATIONAL ACTIVITY CLASS**. It is **VERY IMPORTANT** to **DRESS DOWN** and **PARTICIPATE** in **ALL** the activities of the day.

PHYSICAL EDUCATION CLASS EXPECTATIONS

1. Show respect for your fellow classmates and the instructor, aides, or substitutes.
2. Be on time, dress down for P.E. every day, and be prepared to learn and participate.
3. Do not disrupt other students opportunities to learn.
4. Do not use abusive, suggestive, or profane language.
5. Do not bring food, candy, beverages, or gum into the gym.

GRADING SYSTEM

You can earn 5 points every day. A = 90 and up, B = 80 - 89.99, C = 70 - 79.99, D = 60 - 69.99 and below.

Points earned = Dress in complete P.E. uniform - Be on time - Participate in **ALL** daily activities.

Points lost = Being disrespectful to anyone - Disrupting other students' opportunity to participate - Using abusive, suggestive, or profane language - Bringing food, candy, beverages, or gum - Not having your P.E. uniform - Not fully participating in **ALL** activities.

All students are to be in the gym sitting on their assigned numbers by the tardy bell. Four additional minutes will be given to dress down and be in your designated area.

- You are expected to be dressed in your uniform every day. If you have a note from the office, a doctor, or your legal guardian excusing you from P.E. you may receive an EXCUSED NON-DRESS. Notes may not extend for more than three days unless from a licensed medical individual. Failure to have a note from these sources is an UNEXCUSED NON-DRESS.
- **EXCUSED NO DRESS** = You go to Ed Lab and receive a handout where all 5 pts. may be earned. This work must be done during that class period that day. The assignment is worth 5 pts if completed correctly that day.
- **UNEXCUSED NO DRESS** = You go to Ed Lab and can only earn 5 pts. for the day if you correctly complete the assignment you are given.
- TWO UNEXCUSED NO DRESSES in a QUARTER - Ed Lab and parents will be contacted.
- THREE UNEXCUSED NO DRESSES in a QUARTER = Ed Lab, you receive a detention.
- FOUR UNEXCUSED NO DRESSES in a QUARTER = Ed Lab, you receive detention and are sent to meet with the Vice Principal for disciplinary action.

Absences = you may make up all 5 points from an absence. This is done by picking up a P.E. Makeup card from the PE teacher and completing 30 minutes of Moderate to Vigorous Physical Activity (MVPA) on your own time. Your parent or guardian must date and sign the card for you to receive credit.

What you will need for Physical Education classes.

Non-marking athletic shoes, P.E. uniform, and deodorant. Open-toed, open-heeled shoes with significant gaps between the toe and heel will **not be allowed**. Students may not wear PE clothes outside of P.E. class unless they are directed by the office or have an activity class soon after P.E.. There will be no shower taken in P.E. class. Students are expected to remain in the locker room at the end of class until the final bell rings or is dismissed by the teacher.

Go, Cavaliers!