

OET Dictation Practice01

Audio: <https://youtu.be/T3g8Z2zx99o>

Assessment

You hear a psychiatrist talking to a client called Jane Speirs. For questions 1-12, complete the notes with a word or short phrase.

You now have thirty seconds to look at the notes.

Patient: Jane Speirs

Description of the condition:

feeling (1)_____ 4 weeks ago

unable to play netball

(2)_____ in the muscles: settle down

Early symptoms: started few weeks ago with a bit of a (3)_____

blocked up-head, (4)_____

visit doctor at student health at her university

- diagnosed with (5)_____
- no treatment taken

Further details: (6)_____ : fine

weight: steady

no temperature with cold

(7)_____ : regular

Diagnosis: (8)_____ around the body

enlarged spleen

suspected (9)_____

Management: (10)_____ to confirm diagnosis

test for (11)_____

Advice given: adequate rest

no specific remedies

- body cures itself

keep up diet and (12)_____

follow up at the end of week

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Dictation Practice

Dictation Practice OET01-1

Doctor: Jane, just before we begin, (1)_____?

Jane: Ah, I'm (2)_____.

Doctor: Okay. And what brings you in today, Jane? What's the problem?

Jane: Well, I've been feeling a bit (3)_____. And I don't seem to have (4)_____ really. And I was wondering if you could tell me what's wrong with me.

Doctor: Okay. Well, tell me a little bit more about it.

Jane: Um... Well, I started to get tired about (5)_____ and it's really (6)_____.

Ah... I've actually had to (7)_____ because I've been so tired.

When it started off, I had some (8)_____.

But they seem to have (9)_____ and it's really just the (10)_____.

And I've got (11)_____ and I'm really worried that I won't be able to (12)_____ because I'm feeling so tired.

Doctor: I see. Goodness. That must be very distressing for you.

Jane: It's really worrying me

Dictation Practice OET 01-2

Doctor: What are you studying?

Jane: I'm a (1)_____.

Doctor: I see. Well, tell me, (2)_____ that you noticed initially with this illness, was there (3)_____ that you'd noticed?

Jane: It sort of started (4)_____, really. And when it started I had (5)_____, a bit of a blocked-up head, and a (6)_____. And I actually went to the doctor at (7)_____ and he said (8)_____ and I didn't need any treatment and it would go away. And he didn't do anything else than that, really.

Doctor: Right, okay. So at the moment just to let me clarify again, the main problem now is (9)_____. All of the other symptoms have (10)_____.

Jane: Yeah. Just really tired and I can't do anything, really.

Dictation Practice OET 01-3

Doctor: Right, okay.

Just before I actually start examining you, can I ask you (1)_____ before we get started, okay?

What's your (2)_____ been like?

Jane: My appetite has been fine. I've been eating the (3)_____ and my weight (is) (4)_____.

Doctor: Okay. And have you been (5)_____ recently?

Jane: No, no. (6)_____ and I had a bit of a cold. I thought I had a bit of a temperature then, but nothing now.

Doctor: Okay. And your (7)_____?

Jane: (8)_____.

Doctor: Regular, that's good.

All right. Well look I think at this stage I'd like to have a bit of a look at you and we'll talk about things after that. Okay?

Jane: All right.

Doctor: Right, Jane.

Having had a look at you, I think, really, the major things that are noticeable that (are) you've got some (9)_____ around your body.

Okay. Those lumps that I felt in (10)_____. And, you may have also noticed a bit of discomfort up in the (11)_____ high up when I was feeling.

And, that is the site of an organ called the (12)_____, which is also a type of gland, which is also (13)_____.

Okay, so I think all of these really point to some (14)_____, quite possibly, (15)_____.

Dictation Practice OET 01-4

Jane: Okay. I was just going to ask as well, are you absolutely sure it's (1)_____?

Doctor: It's (2)_____.

Okay, I can't be totally certain at this stage (3)_____ to confirm it and I think that would be a good idea to do.

Jane: What sort of tests are they?

Doctor: It's a (4)_____ and it will involve a (5)_____ being taken.

Really, what I'll do is do a (6)_____ as well as looking at your blood in general to make sure that there are (7)_____ there.

Jane: And (8)_____ if it's glandular fever.

Doctor: Yes, that's correct.

Jane: Uh... And, when you do the blood test can you see (9)_____?

Doctor: Yes certainly. (10)_____?

Jane: Yeah, I've been having all those ADs on the TV and if you don't eat enough meat then (11)_____, especially if you're tired.

And, I was wondering if that was my problem as well.

Doctor: Okay. I mean tiredness certainly can be one of the (12)_____.

Dictation Practice OET 01-5

Doctor: And, I think it's justified that you're (1)_____, particularly given the publicity that we've been having but I can fairly confidently reassure you just on having examined you that, that would be very (2)_____, okay.

But we can (3)_____ and in fact I was going to run that test as a routine anyway.

Jane: That's good.

Doctor: All right. What you need to do, really, at this stage is (4)_____, okay. There are (5)_____ that I can give you for this illness. (6)_____. (6)_____ (by) by (7)_____ but that will take a bit of time.

How long exactly? Again, (I can't) I can't be certain.

Hopefully, (8)_____ you'll be feeling a lot better but that's something that we're going to have to (9)_____.

At home, really, you need to (10)_____ and (11)_____. And really we're going to have to organize to meet again and just make sure that this is (12)_____.

Answer Key

1. tired
2. aches and pains
3. cold
4. runny nose
5. virus
6. appetite
7. bowel habits
8. scattered glands
9. glandular fever
10. blood tests
11. anemia
12. fluid intake

Transcript

Doctor: Jane, just before we begin, can I start by asking you your age?

Jane: Ah, I'm 25.

Doctor: Okay. And what brings you in today, Jane? What's the problem?

Jane: Well, I've been feeling a bit tired for the past few weeks. And I don't seem to have much energy to do anything really. And I was wondering if you could tell me what's wrong with me.

Doctor: Okay. Well, tell me a little bit more about it.

Jane: Um... Well, I started to get tired about four weeks ago and it's really persisted since that time.

Ah... I've actually had to stop playing netball because I've been so tired.

Um... When it started off, I had some aches and pains in my muscles.

Ahh, but they seem to have settled down now and it's really just the tiredness that's persisting.

And I've got exams in a few weeks and I'm really worried that I won't be able to study properly because I'm feeling so tired.

Doctor: I see, goodness. That must be very distressing for you.

Jane: It's really worrying me

Doctor: What are you studying?

Jane: I'm a social work student.

Doctor: I see. Well, tell me apart from the aches and pains that you noticed initially with this illness. Was there anything else in particular that you'd noticed?

Jane: Um... It sort of started quite suddenly, really. And when it started I had a bit of a cold, a bit of a blocked up-head, and a runny nose. And I actually went to the doctor at student health at the university and he said I just had a virus and I didn't need any treatment and it would go away. And he didn't do anything else than that, really.

Doctor: Right, okay. So at the moment just to let me clarify again, the main problem now is tiredness. All of the other symptoms have settled down.

Jane: Yeah. Just really tired and I can't do anything, really.

Doctor: Right, okay.

Just before I actually start examining you, can I ask you a few just general questions before we get started, okay?

What has your appetite and weight been like?

Jane: My appetite has been fine. I've been eating the same amount and my weight (is) steady.

Doctor: Okay. And have you been running any fevers recently?

Jane: No, no. Um... four weeks ago and I had a bit of a cold. I thought I had a bit of a temperature then, but nothing now.

Doctor: Okay. And your bowel habits?

Jane: I've been regular.

Doctor: Regular, that's good.

All right. Well look I think at this stage I'd like to have a bit of a look at you and we'll talk about things after that. Okay?

Jane: All right.

Doctor: Right, Jane.

Having had a look at you, I think, really, the major things that are noticeable that (are) you've got some scattered glands around your body.

Okay. Those lumps that I felt in the neck, armpits and down in the groin regions. And, you may have also noticed a bit of discomfort up in the left side of your abdomen high up when I was feeling.

And, that is the site of an organ called the spleen, which is also a type of gland, which is also enlarged.

Okay, so I think all of these really point to some form of viral illness, quite possibly, glandular fever.

Jane: Okay. Um... I was just going to ask as well, are you absolutely sure it's glandular fever?

Doctor: It's highly suggestive.

Okay, I can't be totally certain at this stage without really doing some tests to confirm it and I think that would be a good idea to do.

Jane: What sort of tests are they?

Doctor: It's a blood test and it will involve a small sample of blood being taken.

Really, what I'll do is do a specific test for glandular fever as well as looking at your blood in general to make sure that there are no other possible problems there.

Jane: And that can tell for sure if it's glandular fever.

Doctor: Yes, that's correct.

Jane: Uh... And, when you do the blood test can you see if I'm anemic as well?

Doctor: Yes certainly. Is that a particular concern of yours?

Jane: Yeah, I've been having all those ads on the TV and if you don't eat enough meat then you might be anemic, especially if you're tired.

And, I was wondering if that was my problem as well.

Doctor: Okay. I mean tiredness certainly can be one of the symptoms of Anemia.

Doctor: And, I think it's justified that you're concerned about it, particularly given the publicity that we've been having but I can fairly confidently reassure you just on having examined you that, that would be very unlikely in your case, okay.

But we can certainly run that test and in fact I was going to run that test as a routine anyway.

Jane: That's good.

Doctor: All right. What you need to do, really, at this stage is rest, okay. There are no specific remedies that I can give you for this illness. We can't cure it.

Your own body will cure it (by) by fighting it off but that will take a bit of time.

How long exactly? Again, (I can't) I can't be certain.

Hopefully, within the next week or two you'll be feeling a lot better but that's something that we're going to have to keep an eye on.

At home, really, you need to keep up your diet and keep up your fluid intake. And really we're going to have to organize to meet again and just make sure that this is slowly settling with time.

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