



Republic of the Philippines
Department of Education
REGION III-CENTRAL LUZON
SCHOOLS DIVISION OF SAN JOSE CITY

**Unified Learning Assessment Tool in
SCIENCE 10**

Quarter: 3 Week: 3 & 4

Name: _____

Score: _____

Section: _____

Date: _____

I. Content Standard Assessment

1. It is the ability or tendency of an organism to maintain internal equilibrium by regulating its processes is called
 - a. feedback mechanism
 - b. Homeostasis
 - c. hormonal imbalance
 - d. hormone
2. It is a chemical substance produced in the body that controls and regulates the activity of certain cells or organs.
 - a. feedback mechanism
 - b. homeostasis
 - c. hormonal imbalance
 - d. hormone
3. It is the process through which the level of one substance influences the level of another substance.
 - a. feedback mechanism
 - b. homeostasis
 - c. hormonal imbalance
 - d. hormone
4. It is a hormone secreted by the ovaries and small gland in the brain which controls the menstrual cycle.
 - a. endocrine gland
 - b. estrogen
 - c. pituitary gland
 - d. thymus gland
5. _____ is the time when the lining of the uterus is actually shed out through the vagina if pregnancy has not occurred
 - a. follicular phase
 - b. luteal phase
 - c. menses phase
 - d. ovulation phase
6. This phase causes the lining of the uterus (called the endometrium) to grow and thicken.
 - a. follicular phase
 - b. luteal phase
 - c. menses phase
 - d. ovulation
7. This phase causes a sudden increase in luteinizing hormone causes the ovary to release its egg.
 - a. follicular phase
 - b. luteal phase
 - c. menses phase
 - d. ovulation
8. This phase lasts from about day 15 to day 28. After the egg is released from the ovary it begins to travel through the fallopian tubes to the uterus.
 - a. follicular phase
 - b. luteal phase
 - c. menses phase
 - d. ovulation
9. It causes the maturation of an egg in the ovary.
 - a. follicle stimulating hormone
 - b. luteinizing hormone
 - c. oogenesis
 - d. progesterone

Symptoms of Menopause	Symptoms of Andropause
1.	1.
2.	2.
3.	3.
4.	4.
5.	5.