




































ODYSSEY OF ONSLAUGHT




	 Today's Missions & Strategic Steps To Success  (Tackle each mission, step by step, and track your progress.)
1. 	 MISSION: Wake up 10 AM  Strategic Steps:
2. 	 MISSION: Sleep: 22:40 AM  Strategic Steps:
3. 	 MISSION: Eat daily 3180 cals  Strategic Steps: Do 2 big meals, one lunch and one dinner
4. 	 MISSION: Drink 3L of water  Strategic Steps:
5. 	 MISSION: Copy work  Strategic Steps: 1. 10 min helping student's 2. 15 min copy review 3. Research for prospect 4. Search prospects 5. Write outreach 6. Write FV  7. Watch daily power-up call 8. Check announcements channel
6. 	 MISSION:  Strategic Steps:




<div> <div>✓/✗</div> </div>	<div> <div> <div>🚀</div> <div>Today's Missions & Strategic Steps To Success</div> <div>🚀</div> </div> <div>(Tackle each mission, step by step, and track your progress.)</div> </div>
<div>7. ✓</div>	<div> <div>🎯 MISSION:</div> <div>Do 100 push ups</div> </div> <div> <div>🕒 Strategic Steps:</div> <div>Do 2 sets of 40 and 1 of 20</div> </div>
<div>8. ✓</div>	<div> <div>🎯 MISSION:</div> <div>Play 3 blitz chess game</div> </div> <div> <div>🕒 Strategic Steps:</div> </div>
<div>9. ✓</div>	<div> <div>🎯 MISSION:</div> <div>Practice German for 15 min</div> </div> <div> <div>🕒 Strategic Steps:</div> </div>
<div>10. ✓</div>	<div> <div>🎯 MISSION:</div> <div>Review the work did in a day and come up with new ideas</div> </div> <div> <div>🕒 Strategic Steps:</div> </div>
<div>11. ✓</div>	<div> <div>🎯 MISSION:</div> <div>Plan the next day</div> </div> <div> <div>🕒 Strategic Steps:</div> </div>
<div>12. ✓</div>	<div> <div>🎯 MISSION:</div> <div>Read 10 pages</div> </div> <div> <div>🕒 Strategic Steps:</div> </div>
<div>13. ✓</div>	<div> <div>🎯 MISSION:</div> <div>Watch daily power up call</div> </div> <div> <div>🕒 Strategic Steps:</div> </div>
<div>14. ✓</div>	<div> <div>🎯 MISSION:</div> <div>15 min stretching</div> </div> <div> <div>🕒 Strategic Steps:</div> </div>
<div>15. ✓/✗</div>	<div> <div>🎯 MISSION:</div> </div> <div> <div>🕒 Strategic Steps:</div> </div>

✓/✗	 Today's Missions & Strategic Steps To Success  (Tackle each mission, step by step, and track your progress.)
16. ✓	 MISSION: Send three outreaches  Strategic Steps:
17. ✓	 MISSION: Review outreach and FV and find ways to improve it  Strategic Steps:
18. ✓/✗	 MISSION:  Strategic Steps:
19. ✓/✗	 MISSION:  Strategic Steps:
20. ✓/✗	 MISSION:  Strategic Steps:

	<div> <div>July</div> <div>17</div> </div> Date of Determination <div> <div>July</div> <div>17</div> </div>
Date:	22/10





 Igniting Your Flame - Outshine Yesterday's Blaze 
Yesterday's Overall Benchmark Score to Surpass Today =4/16

	 3 Blessings I Cherish This Morning 
1.	I'm healthy
2.	I'm strong
3.	My loved ones are healthy

	 Magic Trio: 3 Priority Missions  (These are non-negotiable tasks and must be conquered today!)
1.	Outreach
2.	Research for prospect
3.	Training

Hourly Commitments & Reflections

(Design each hour with intention and reflect upon its journey)

Mission 	Mission: What will I do?
Strategy 	Strategy: How will I do it, step-by-step action?
Reflection 	Reflection: Was the mission accomplished? If not, what stopped me?
Score 	Hourly Score: How did this hour measure up to my standards? Good

6 AM: Mission 	
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Strategy 🔍	
Reflection ✎	
Score 🏆	

7 AM: Mission 🏆	
Strategy 🔍	
Reflection ✎	
Score 🏆	

8 AM: Mission 🏆	
Strategy 🔍	
Reflection ✎	
Score 🏆	

9 AM: Mission 🏆	
Strategy 🔍	
Reflection ✎	
Score 🏆	

10 AM: Mission 🏆	Wake up and shower
Strategy 🔍	
Reflection ✍️	no, I slept in
Score 🏆	0/10

11 AM: Mission 🏆	Read and help students
Strategy 🔍	
Reflection ✍️	no, I slept in
Score 🏆	0/10

12 PM: Mission 🏆	Homework and study
Strategy 🔍	
Reflection ✍️	accomplished
Score 🏆	8/10

1 PM: Mission 🏆	Study and stretch
Strategy 🔍	Study till 1:45PM and the rest stretch
Reflection ✍️	accomplished
Score 🏆	9/10

2 PM: Mission 🏆	eat and practice German
Strategy 🔍	
Reflection ✍️	accomplished
Score 🏆	7/10

3 PM: Mission 🏆	Write outreach and FV
Strategy 🔍	
Reflection ✍️	no, I didn't write FV
Score 🏆	8/10

4 PM: Mission 🏆	Write outreach
Strategy 🔍	
Reflection ✍️	accomplished
Score 🏆	9/10

5 PM: Mission 🏆	Watch PUC and write outreach
Strategy 🔍	
Reflection ✍️	accomplished
Score 🏆	9/10

6 PM: Mission 🏆	Write FV
Strategy 🔍	
Reflection ✍️	no, I only wrote outreach
Score 🏆	9/10

7 PM: Mission 🏆	Write outreach
Strategy 🔍	
Reflection ✍️	accomplished
Score 🏆	9/10

8 PM: Mission 🏆	Eat
Strategy 🔍	
Reflection ✍️	accomplished
Score 🏆	7/10

9 PM: Mission 🏆	Review the work of the day, plan the next day, watch lessons and get ready to go to sleep
Strategy 🔍	
Reflection ✍️	accomplished
Score 🏆	9/10



Twilight's Review



Today's Learnings: Wisdom or lessons learned from the day



Victories Celebrated: Accomplishments and successes of the day

Sent 3 outreaches



Stumbles Along the Way: Points of difficulty or mistakes made.

I slept in



Tomorrow's Illuminations: Plan how to improve and progress the next day.



Consistencies to Keep: Recognize what worked well and should be repeated.

Copy work and training

 **Communications: Identifying individuals to connect with.**

 **Pending Missions: Tasks that remain uncompleted**

Waking up and going to sleep on time and writing FV

 **Day's Overall Score: A final assessment of the day's productivity**

9/14

Freestyle Thoughts Chamber:

(Let your thoughts flow here. No judgment, no boundaries.)