

Nutshells

Discussion Process Description

Nutshells are designed to give each participant a chance to share what they are up to with the group. The focus is on listening. Each participant will have a designated amount of time to share with the group.

Participant Preparation Information

If you want to participate in this facilitation format, come prepared with an idea to share. For inspiration, take a look at this framing we shared with our storyteller applicants:

- Stone Soup: Great things happening as a result of collaboration or unusual partnerships
- Special Sauce: A story of transformative moments or models
- Apple Cider: Insights or new approaches gained from failure, mistakes, or unexpected changes
- Seasoning: A story of Small Successes – it may not be the ultimate goal, but it's a step in the right direction
- Menu Change: Policy campaigns or Grassroots Organizing Examples

Process

Timing	Activity	Steps	Materials
5 min	Introductions	Facilitator explains how this works <ul style="list-style-type: none">● Each person gets 3-5 minutes to share their work, idea, story● Facilitator uses flipchart to record takeaways - speaker's name - in a few keywords/one sentence summarizing what they talked about. Note any opportunities (with dates) they share.	Flip chart and markers Paper & Pens for note taking
Dependent on # participants	Nutshells	<ul style="list-style-type: none">● Each person has 3-5 minutes to share	Use timer on phone
10-15 (optional)	(if time) Wrap Up	<ul style="list-style-type: none">● Questions & Connections: Prompts<ul style="list-style-type: none">○ Is there a question you have about what someone shared?○ Is there someone you want to follow up with?	Flip chart

Process Note → *If you get through this quickly, the facilitator can offer:* "Now that we've heard from everyone, is there a challenge folks would want to workshop together and/or an emerging topic you'd like to huddle and discuss? If so, we can utilize the other facilitation formats - we may not get through the full process, but could be a start!"

Nutshells Handout

Just a spot to take some notes!

<p>Interesting Ideas:</p>	<p>People I want to follow up with:</p>
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Notes: