



MRT 25/26 U10-12 Training & Competition Plan

2025-26 Registration

25/26 Pre-Season Parent Checklist

Upcoming Key Dates:

- Oct. 11 - Skills Quest Fitness @ The Mac (Portland)
- Oct. 26 - Kick off BBQ & Ski Swap (Crag Rat Hut 10-2pm)
- Oct. 28 Dryland starts: Tuesday-Portland, Wednesday-Hood River 630-8pm
- Nov. 8 - Ski Ball Auction ([Info Here](#))
- Nov. 22-29/30 - Fall Camp - Panorama, BC
- Dec. 13/14 - Comp & Club Plus Training
- Dec. 20 - Club Team program Starts
- Dec. 27-30 - Holiday Camp
- Night training starts Wed. Jan for Comp, Club Plus & Club Flex athletes
- [Master Calendar](#)

Training & Race Calendar:

- Visit the website or your Ski Club Pro dashboard to view the calendar
- This will be updated prior to the start of the season

Race Schedule:

- Meadows Challenge Race @ Mt Hood Meadows
 - Feb 14 - Ski X & Big Mountain Comp
 - Feb 15 - GS Race
 - Feb 16 - SL Race
- Date TBA - 4-Way Race @ Ski Bowl
- Date TBA - Cooper Dual @ Mt Hood Meadows

- U12 athletes are also invited to participate in Buddy Werner Championships (no qualification is required)
 - A USSS License is required to participate in this race: [Licensing info can be found HERE.](#)
 - March 27-29 - Buddy Werner Champs @ Mt Bachelor

Equipment

- It's critical to make sure you are set up with the right equipment prior to December. Check that boots fit, skis are the right length, etc.
- Review this document: [General equipment guidelines](#)

Volunteer Commitment:

We have 2 hosted races this season and need your support! We have several volunteer opportunities throughout the season. [Please review and sign up!](#)

- Ski Ball Nov. 8
- NWC #1 Race Jan 3-6
- Meadows Challenge Feb 14-16
- Golden Rose April 25-26