

LIVE YOUR LIFE PRESENTS:

CIRCLE OF LIFE:

Underestimate:

Never underestimate the people around you. You never know who's watching, learning, or getting inspired by what you do. Sometimes the quietest person in the room carries the loudest dreams. Sometimes the one you least expect is the one built to change everything.

We get so focused on our own grind that we forget the power sitting right next to us. The people around you might be the very ones God placed in your life to help you grow, push you forward, or remind you what faith looks like in motion.

So respect every connection. Value every voice. Because the ones beside you today might be the same ones who help you build tomorrow. Never let someone get so close that you can not see them for who they are.

THE BRIDGE

In life, every connection you make carries weight. Some people walk with you for a season, others for a lifetime—but every bridge you cross teaches you something. That's why you have to watch what bridges you burn.

Not every bridge is meant to be destroyed. Sometimes the path you leave behind is the same path you'll need to return to—whether for peace, growth, opportunity, or closure. Pride will make you set fire to things you might need later. Wisdom will make you pause, breathe, and choose differently.

Watching what bridges you burn doesn't mean letting people walk all over you. It means understanding the power of relationships. It means recognizing who pushed you forward, who believed in you, who challenged you, and who tried to love you even when you were hard to reach.

The truth is simple:

You don't have to stay connected to everyone, but you do have to stay aware.

Because once a bridge is gone, the lesson stays, the distance stays, and sometimes the regret stays too.

**Move smart. Move intentional and calculated
Grow—but don't scorch the path that helped you rise.**

**Sometimes the bridge isn't the problem.
Sometimes the fire is. Sometimes you can burn so many bridges that you have nowhere to walk to.**

CHAPTER: NEW LEVEL, NEW DEVIL

***Elevation ain't free.
Every time you rise, something will try to pull you back down. That's the price of growth. That's the cost of leveling up.***

See, people think success is about shining. But the real truth? Success is about surviving what comes with the shine.

Because every new level exposes you to a new devil—a new challenge, a new test, a new distraction, a new version of you that you gotta defeat to step into your purpose.

1. The Higher You Go, the Louder the Noise Gets

***When you were at the bottom, nobody cared what you were doing.
The moment you start changing your life—elevating, healing, stacking, focusing—every devil in disguise wakes up.***

***The haters wake up.
The doubters wake up.
The old versions of you that you're trying to bury? They wake up too.***

Every new level forces you to defend your peace like it's your last breath.

2. Old Temptations Return in New Packaging

***Sometimes the devil doesn't come with horns.
Sometimes the devil comes as everything you thought you wanted, just to pull you off your path.***

***An ex comes back the moment you start healing.
Old habits call your phone when you finally get disciplined.***

Opportunities you prayed for show up—just to test if you’re really ready for them.

***The devil ain’t trying to stop you from having a good life...
He’s trying to stop you from discovering who you really are.***

3. Every Level Requires a Stronger You

***The version of you that survived level one can’t win on level ten.
You have to outgrow yourself—your pain, your excuses, your distractions, your comfort zone.***

***Growth is uncomfortable because you’re shedding the old you.
Elevation is painful because you’re stepping away from what’s familiar.***

But the pain is proof you’re leveling up.

4. New Levels Require New Discipline

You can’t pray for a blessing and still move like the person who’s unprepared to receive it.

If you want more:

- ***You gotta think sharper,***
- ***Move wiser,***
- ***Protect your energy harder than ever before.***

***Every new level requires a new standard.
You either rise to it or you repeat the same cycle.***

5. Don’t Fear the Devil—Fear Staying the Same

***The devil only attacks what threatens him.
If you feel pressure, if you’re facing resistance, if your life is getting harder—understand this:***

***You’re close.
You’re leveling up.
You’re becoming someone you’ve never been.***

The devil shows up because you’re finally stepping into the version of yourself he hoped you never discovered.

6. Push Through the Attack. The Level Is Waiting.

***Your new level is already yours.
But you gotta survive the transition.***

***Don't run from the challenges—stand up to them.
Don't question the pressure—it's preparing you.
Don't fear the devil—defeat him by becoming the person he can't break anymore.***

You're really determined to make this ebook hit hard, aren't you? Cute. Fine, here's a version with more fire, so your readers feel it in their chest:

Stop telling PEOPLE your GOOD News. Are they really happy for you or do they secretly envy what you have been able to accomplish? Mama said its power in shutting the fuck up. I thought it was fucked up at the moment. But as I have gotten older I truly Understand do not let the left hand know what the right hand is doing. Keep your good news to yourself.

The world doesn't need a front-row seat to everything you're building. Some people only support you when you're struggling, because your progress reminds them of their own laziness. Protect your growth. Guard your peace. Move with quiet discipline.

When you're grinding in private, nobody can contaminate what's meant for you. Let them wonder how you did it. Let them be shocked when you show up with results they never saw coming.

Silence isn't hiding. It's a strategy.

Don't Re-Friend an Old Friend

Sometimes the past tries to circle back... not because it's good for you, but because it knows you've grown. Be careful with people who only remember your value once you've moved on. Some friendships ended for a reason — not out of hate, but out of growth.

Reconnecting with an old friend can feel familiar, but familiar doesn't always mean healthy. If the version of you they knew is the version you fought to outgrow, going back is just you dimming your own progress.

***You don't have to re-open doors that God Himself helped you close.
Protect your peace. Honor your growth.
Some people belong in your story — just not in your future.***

STOP LOOKING FOR VALIDATION FROM PEOPLE

***Stop waiting for people to clap for you before you move.
Stop letting their silence make you shrink.
Stop giving strangers the power to decide how far you go.***

You don't need approval to become who you're meant to be.

***Validation is a trap.
It keeps you performing instead of transforming.
It keeps you chasing instead of choosing.
It keeps you stuck in rooms you've outgrown, trying to impress people who don't even know themselves.***

Listen — the moment you stop needing people to like you, you become unstoppable.

***Your purpose doesn't require a witness.
Your growth doesn't need an audience.
And your next level will not come from the opinions of people who aren't even on your level.***

***The world respects the person who respects themselves.
Move with confidence.
Stand on your decisions.
Become someone you are proud of — not someone they approve of.***

***Because when you stop seeking validation from others...
you finally start getting validation from the only place it ever mattered: within.***

Trust

To place your trust in someone is a major thing. That means I am trusting that you are operating in my best interest.

***You have to Trust things for exactly what they show you—
not what you wish them to be.
A snake is always going to be a snake.
It's in its nature.
Stop asking why it bit you...
you knew what it was when you picked it up.***

Trust is heavy.

When I trust you, I'm handing you the fragile parts of me, believing you'll protect them like they're your own.

That's not small. That's not casual. That's everything.

And here's the truth people don't want to admit:

You can build trust brick by brick for years...

and lose it in a single moment.

One choice. One lie. One betrayal.

And everything you thought was solid collapses.

Trust doesn't break quietly—

it shatters in pieces.

LEARN WHEN TO SPEAK... AND WHEN TO SHUT THE FUCK UP

Everybody talks about “using your voice,” but nobody talks about the discipline of silence. The truth is simple: not every moment deserves your words, and not every battle deserves your energy. Some situations require your voice... but others require your silence to protect your peace.

Learning when to speak is power.

Learning when to shut the fuck up is wisdom.

Because sometimes speaking ruins what silence could've protected.

Sometimes the loudest thing you can do... is say nothing at all.

You don't have to respond to every disrespect.

You don't have to explain yourself to people committed to misunderstanding you.

You don't owe the world your reactions every time they push your buttons.

Silence isn't weakness.

It's a strategy.

It's self-control.

It's knowing that your energy is expensive and your peace is priceless.

And when you finally master that balance—when you stop talking just to be heard and start speaking only when it MATTERS—your life changes. Your relationships improve. Your mind gets clearer. And your growth becomes undeniable.

The real flex isn't proving a point.

The real flex is knowing you COULD... but choosing not to.

You can block your own blessings with your actions.

Sometimes it's not the enemy, not the situation, not the world working against you — it's you. Your habits. Your reactions. Your attitude. Your lack of discipline. Your refusal to let go of what's hurting you. Blessings don't just show up... you have to be in position for them.

You can't pray for growth and still move like the same person you were in your past.

You can't ask for peace while entertaining chaos.

You can't ask for a new level and keep responding with old patterns.

A lot of people are waiting on God, but the truth is... God is waiting on them. Waiting on you to mature, to elevate your mindset, to stop playing small, to walk away from what He already told you to leave.

Your actions can either open doors or lock them.

So check your behavior. Check your circle. Check your discipline. Check your intentions.

Your blessings are real — but you have to be ready for them. And readiness starts with how you move.

Everybody

You cannot help and save everybody, even the people you love. And the truth is... you're not supposed to. Help if you can but if you can not that is LIFE..Fucked up yeah I know but we are in survival mode these days

Some people don't want change — they want comfort. They want attention. They want a place to unload their chaos, then walk right back into the same fire you just pulled them out of.

You'll drain yourself trying to rescue people who aren't even reaching for your hand.

***At some point, you have to realize:
Saving everyone will destroy you.***

Protect your peace. Choose yourself. Pour into the people who meet you halfway, not the ones who watch you drown while you're trying to lift them up.

***That's not cold.
That's growth.***

THE 80/20 RULE: MOST OF YOUR RESULTS COME FROM A FEW OF YOUR ACTIONS

***Life ain't balanced. It's never been 50/50.
Most of what you're chasing—success, peace, money, growth—comes from a small percentage of what you do. That's the 80/20 rule.***

***20% of your effort produces 80% of your results.
And the crazy part?
Most people waste their time drowning in the 80% that gives them nothing.***

Think about it...

- ***20% of your friends speak life in to you.***
- ***20% of your habits are actually pushing you forward.***
- ***20% of your ideas are the ones that could change your whole life.***
- ***20% of the people in your circle are truly for you.***

But we spend our energy on the wrong crowd, wrong goals, and wrong distractions, then wonder why we feel stuck.

The 80/20 rule forces you to ask:

- ***What's REALLY moving me forward?***
- ***What's draining me but giving nothing back?***
- ***What habits actually make me better, sharper, more focused?***
- ***Who is contributing to my growth—and who's slowing it down?***

Success starts when you stop watering dead plants.

When you start feeding the 20% that fuels your purpose, everything shifts.

The truth is...

***Most of your growth is hidden in a few powerful decisions.
Most of your peace comes from a few solid boundaries.
Most of your progress comes from a few consistent habits.***

But you can't elevate if you're tied to people, places, and patterns that produce nothing but noise.

The 80/20 rule is a mindset shift:

***Cut the 80% that's wasting your time.
Double down on the 20% that changes your life.***

***Because when you focus on the actions that actually matter...
Your results don't just improve—they multiply.***

FAKE KICKIN IT

In life it is important to listen to your gut and your God given instincts. Let's be honest here we are not going to get along with everybody we meet. Plain and simple. We all come from different backgrounds, upbringings, beliefs, etc. All energy is not going to align and that is ok. The problem comes when you kick it and you know damn well you do not like them.

When you fake with yourself you drain your own spirit. When you act like someone is "cool" just to keep the peace, you sacrifice your own peace. And for what? To avoid hurting feelings? To avoid being alone? To avoid confrontation? I am cordial but I am able to recognize energy I do not align with. It is no need to speak on it. I see people and things for what they are. Why waste energy on what I do not like when I can distribute that energy into my goals. And things that actually matter. I thank God for discernment. EVERYDAY

Listen—your soul knows when it's in the wrong room. Your energy knows when it's forcing itself to fit. And every time you pretend, you teach yourself that your comfort doesn't matter. That your boundaries don't matter. You will play yourself. Stop trying to be a part of every clique, go to every party, just stop trying to fit in because it is cool or it is something the majority is doing. It is hard to stand out and be unique when you are trying to blend in. Stop lying to yourself just to keep a connection alive.

***Stop showing love to people you don't even trust.
Stop entertaining people your spirit has already walked away from.***

Real growth requires real space. Real peace requires real honesty.

MONEY IS GOD:

When you make money your God, you lose yourself in the process.

Because money is a tool — not a savior.

It can build a life, but it can destroy a soul if you chase it blindly.

1. You sacrifice your peace.

When money becomes your God, you never rest — you're always chasing, always comparing, always stressed.

2. You start valuing people based on what they can offer.

You stop seeing hearts and start seeing opportunities.

Relationships become transactions.

Connections become stepping stones.

Love becomes last on your list.

3. You lose your identity.

Your worth becomes tied to your income.

Your confidence rises and falls with your bank balance.

You stop being you — you become a number.

4. You make decisions from greed, not wisdom.

You forget morals.

You justify anything “as long as the money is good.”

You trade your character for currency.

5. You feel empty even when you have everything.

Because money can buy comfort — but not purpose.

It can buy things — but not fulfillment.

It can buy company — but not genuine connection.

6. You forget who blessed you in the first place.

You start worshiping the gift instead of the Giver.

You rely on your hustle more than your faith.

And that's when life humbles you the hardest.

There's nothing wrong with wanting money.

There's nothing wrong with getting rich.

But the moment money becomes your God, you lose the parts of you that no amount of wealth can replace.

***Keep money in your pocket — not in your heart.
Use it wisely.
Never worship it.***

Your Circle Shapes Your Destiny

The people you surround yourself with determine the trajectory of your life. Friends aren't just companions—they are mirrors, motivators, and sometimes, silent saboteurs.

Having friends who are serious about success pushes you to level up. They challenge your limits, hold you accountable, and celebrate your wins without envy. They inspire you to grow, to think bigger, and to refuse mediocrity.

On the other hand, the wrong people can quietly pull you down. Negative energy, excuses, and complacency are contagious. Being around those who lack ambition or integrity will eventually dilute your focus, stunt your growth, and distract you from your purpose.

Your circle is either your ladder or your anchor. Choose wisely.

GREIF REWIRES YOUR SOUL

***Death doesn't just take a person from us...
It takes a version of us with them.***

People don't understand how deep grief runs. They don't see how it changes the way you move, the way you think, the way you trust, the way you love. We keep going like nothing is wrong because the world keeps spinning, bills keep coming, and life doesn't pause just because our heart did.

But the truth is this:

Loss rewires you.

***You're not the same after someone you love dies.
A piece of your innocence goes with them.
The part of you that believed "tomorrow is promised" dies too. Thinking back to***

when I lost my [mom](#). My heart wanted to explode. I know parts of me died that I will never be able to replenish. I can still hear 2Pac saying Aint A Woman Alive That Can Take My Mamas place. But to the world you got to keep going. You got to keep pushing and it is easy to fall in dark space. Imagine being a prisoner to your thoughts. Or still moving around like nothing is wrong.

Grief teaches you things you never asked to learn:

- *How to smile with a wound that hasn't healed*
- *How to show up when you barely have strength*
- *How to pretend you're okay because people get uncomfortable when you're not*

We walk around functioning, but not fully living.

We laugh, but it's not the same laugh.

We love, but it's not with the same heart.

We move forward, but something inside us stays stuck at the moment we lose them.

And we continue going as if nothing is wrong...

Not because we're healed.

Not because we're strong.

But because life doesn't give us the space to fall apart.

People say, "Time heals all wounds," but grief doesn't disappear—it just changes shape. It hides in your chest and comes out at the smallest triggers... a song, a smell, a memory, a quiet moment you didn't expect.

The death of a loved one changes your vision.

It makes you appreciate things differently.

It makes you move differently.

It makes you protect your peace like it's oxygen.

And it makes you realize one thing:

Life is short, but love is long.

And the people we lose never really leave—

they just live in us in ways we're still learning.

You don't have to act like nothing is wrong.

You're allowed to feel.

You're allowed to miss them.

You're allowed to still be healing, even years later.

Grief isn't a weakness.

Grief is proof you loved someone so deeply that their absence is still echoing through your life.

And that's human.

That's real.

That's strength.

Black Men often Suffer in Silence.

Not because we're weak... but because we were raised to believe we don't have the right to break. We were taught to hold the weight of the world on our shoulders, smile through the pressure, and pretend the pain doesn't exist. We learned to turn our trauma into jokes, our heartbreak into ego, and our fears into silence.

But silence is killing us.

Nobody talks about the emotional burdens we carry—the pressure to be the provider, the protector, the example, the one who never folds. Nobody sees the battles we fight in our mind long before the world sees the results. Nobody acknowledges that a lot of us grew up without the blueprint, trying to become men while healing wounds from childhood that were never our fault.

This chapter isn't about blame—it's about freedom.

It's time for Black men to stop suffering in the dark.

It's time to unlearn the lie that asking for help makes you less of a man.

It's time to understand that strength isn't silence—strength is healing.

You don't heal by hiding your pain.

You heal by facing it.

You grow by speaking it.

You elevate by refusing to carry generational trauma into the next season of your life.

Your voice matters.

Your mental health matters.

Your healing matters.

And the moment you stop suffering in silence... you become unstoppable.

WHEN MENTAL WOUNDS GROW OLDER WITH YOU

People think time heals all wounds, but that's a lie. Time only hides the wound until life hits it again.

And that's the dangerous part about mental issues we never address—they don't disappear. They grow with us. They mature with us. They show up in ways we don't always recognize.

The little boy who was told "stop crying" becomes a grown man who doesn't know how to express love.

The little girl who had to be strong for everybody becomes a woman who never asks for help because she thinks needing support makes her a burden.

The child who grew up in chaos becomes an adult who confuses dysfunction for normal.

When mental issues go unaddressed, they eventually leak into every corner of your adulthood:

1. They Affect Your Relationships

You don't just date or love from who you are—you date and love from what you survived.

Unhealed trauma teaches you to:

- ***shut down instead of communicate***
- ***push people away before they can leave***
- ***pick emotionally unavailable partners because it feels familiar***
- ***mistake toxicity for passion***

You start repeating patterns you swore you'd never fall into, not because you want to—but because nobody taught you how to break them.

2. They Affect Your Finances

People don't talk about this enough:

Your mental state affects your money.

Growing up in survival mode can make you:

- ***spend recklessly just to feel happy for a moment***
- ***be afraid to invest or take risks***
- ***struggle with long-term planning***
- ***choose short-term comfort over future stability***

If your mind is always fighting itself, you don't have the energy or clarity to build wealth.

3. They Affect Your Parenting

*Unaddressed issues get passed down just like DNA.
You can't teach emotional stability if you never experienced it.
You can't raise a child in peace if chaos is still living inside you.*

That's how generational cycles stay alive—through unspoken pain.

4. They Affect Your Purpose

*Your potential is locked behind your mental walls.
Your calling can't speak when your inner battles are louder.
Your creativity, ambition, discipline—everything suffers when your mind is carrying too much weight.*

*It's not that you're lazy.
It's not that you're unmotivated.
A lot of people just haven't healed from what drained them.*

5. They Affect Your Day-to-Day Behavior

Unaddressed mental issues show up as:

- *irritability*
- *overthinking*
- *shutdowns*
- *procrastination*
- *fear of abandonment*
- *fear of failure*
- *emotional numbness*
- *always needing to stay busy*
- *never feeling "enough"*

*It's not random. It's not personality.
It's the impact of years of pain never processed.*

THE GROWTH YOU AVOID WILL BECOME THE CAGE YOU LIVE IN

Here's the truth nobody wants to admit:

*If you don't deal with your mental issues, they will deal with you.
They'll control your reactions, your decisions, your relationships, and your future.*

*Healing isn't just about the past—
It's about protecting the future you're trying to build.*

***You owe yourself the peace you were never given.
You owe your future the healing your past couldn't provide.
You owe your purpose the version of you that's not chained to old wounds.***

***This is the part of adulthood nobody prepared us for:
You can't outrun what you refuse to face.***

***But the moment you decide to do the work...
the moment you say "I deserve better mentally, emotionally, and spiritually"...
That's the moment your life starts to align. Here's a more direct, more intense,
punch-in-the-chest version for your ebook — no fluff, straight truth, raw tone:***

CONVERSATION WITH THE DEVIL

***The devil doesn't always show up in a red suit.
Sometimes he comes wrapped in quick money.***

***Fast money has a voice — smooth, confident, seductive.
It whispers, "Why wait? Why grind? Why struggle... when you can have it right
now?"***

And that's the trap.

***See, the devil knows something most people ignore:
you're most vulnerable when you're tired, when you're broke, when you're
desperate for a way out.
That's when he shows up with opportunities that look like blessings...
but feel like shortcuts.***

***Fast money gives you a high — the type that hits quick and leaves quicker.
It makes you feel unstoppable... until it stops.
It makes you feel rich... until the cost comes due.
And trust me — the bill always comes.***

***Fast money is never free.
You pay with your peace, your sleep, your reputation, your future — sometimes
even your freedom.***

***The devil doesn't want your soul.
He wants your potential.***

*He wants you chasing quick wins so you never build real ones.
He wants you addicted to shortcuts so you never learn discipline.
He wants you stuck in cycles so you never rise to the level you're meant for.*

Because real success?

It comes slowly. It comes steady. It comes from doing the hard things when nobody's watching.

*Fast money looks good on the front end —
but slow money builds the life you don't have to run from.*

You don't need the devil's deals.

You don't need the shortcuts.

You don't need the fast lane that leads straight to a dead end.

What you need is patience, purpose, and peace —

the kind of wealth that doesn't jeopardize who you are to get what you want.

Remember this:

If it comes too fast, it leaves even faster.

But if you build it slow, nothing can snatch it from you.

Fast money is the devil's bait.

Legacy is God's reward

WHEN GOD'S LINE FEELS BUSY

There are moments in life where you call on God and it feels like His phone is on Do Not Disturb.

You're praying, you're crying, you're begging for direction... and all you keep getting is the spiritual equivalent of a busy signal. No answer. No clarity. No sign.

And that silence hits differently when you're already carrying the weight of a lifetime.

But here's the truth people don't talk about:

1. God's Silence Isn't His Absence

Sometimes God isn't saying anything because He's doing everything.

Just like a doctor doesn't talk during surgery — He's too focused on saving you.

2. You're Being Pulled Out of Noise

We live in a world full of distractions, voices, opinions, chaos.

Sometimes God won't pick up because He's waiting for you to step into a quieter space.

*Some blessings require stillness.
Some answers require distance.
Some seasons require isolation so you can hear Him clearly.*

3. Delayed Answers Build Discernment

When you call and God feels unavailable, He's teaching you to:

- *Trust beyond your feelings*
- *Stand on faith instead of fear*
- *Recognize His voice when it finally comes*

Strength is built in the waiting room.

4. Sometimes You're Asking for What You're Not Ready To Handle

*Not every "not yet" is a punishment.
Some of your prayers would crush you if He gave them too soon.
God will never hand you a blessing that you lack the character to hold onto.*

5. His Silence Pushes You Back into Yourself

*Sometimes God goes quiet because the answer is already inside you.
He's forcing you to step into the version of yourself you've been avoiding.*

*Growth hurts.
Healing hurts.
Outgrowing people, places, and habits hurts.*

But the silence is shaping you.

6. When He Finally Answers — It Will Make Sense

*God may be quiet, but He's not done.
He may feel distant, but He's present.
And when He finally picks up the line, you'll realize He heard you the first time —
He was just preparing what you asked for.*

THE REAL TALK THEY DON'T GIVE YOU

I see this as a revolving [door](#) to be honest and a constant cycle that must be broken. I could not make this without telling my readers to stay out of Jail. Jail

ain't a movie. Why does it seem so glorified as if it was a badge of honor. The thought of being in a box and can not leave. The thought of my freedom being snatched away and put in the hands of a system is cringing. Just thinking about it makes me sick to my stomach. It's a trap. A system designed to take your time, your focus, your future, and convince you that this is all you're worth. But let me be the one to tell you: you're worth more than four walls and a DOC number.

You don't realize how much freedom means until somebody takes it from you. Until you're asking another grown person when you can shower. When you can eat. When you can sleep. Until you're watching years you can't get back fall off the calendar like dead leaves.

The streets hype you up, but they don't show you the back end:

- ***The phone calls you can't answer.***
- ***The kids you're missing.***
- ***The opportunities pass you by.***
- ***The slow fade of people who swore they loved you.***
- ***The silence when you need someone the most.***

Jail is full of people who had potential they couldn't protect... because they let the wrong habits, the wrong friends, or the wrong impulses make decisions for them.

And here's the truth nobody says enough:

Most of the things that land you in jail happen in a split second.

One moment of anger. One moment of pride. One moment trying to impress the wrong crowd. One moment you think you're proving something... and suddenly you're facing years for something that took seconds.

Your freedom is too expensive to gamble like that.

You don't have to prove you're tough. You don't have to prove you're loyal to people who wouldn't give you a dollar on your books. You don't have to follow a path that only leads to a dead end.

Your real flex is staying out the way.

Your real flex is stacking your money legally.

Your real flex is waking up with peace, purpose, and options.

Your real flex is being there for the people who depend on you.

Staying out of jail ain't about fear.

It's about discipline, vision, and knowing who the hell you really are.

Tell yourself this every day:

- ***I choose peace over chaos.***
- ***I choose my future over my pride.***

- *I choose discipline over impulse.*
- *I choose freedom over the streets.*

*Because the world needs you out here—moving, growing, elevating, living.
Not locked in a place that was never built for you to win.*

*Stay free. Stay focused. Stay dangerous—but in the right way.
Dangerous with your mind. Dangerous with your ambition. Dangerous with your purpose.*

*That's how you break cycles.
That's how you win.
That's how you stay out of jail—and never look back.*

Suicide:

PULLING YOUR MIND OUT OF THE DARKEST PLACE

I used to question how someone could get to the point of taking their own life. Or what transpired in their life that took them to that point. As I have gone through my life I realize how mentally hard life can really be. As you see Death is easy and Life is hard. Pulling your Mind out of a Dark Place is not always easy. And there are moments in life when your mind drifts into a place you never wanted to visit — a place where the pain gets loud, the hope gets quiet, and the weight on your shoulders feels heavier than your heartbeat. I've been there. When my mom passed I think that is when it really crossed my mind. Honestly I wanted to die and contemplated the craziest thoughts but never had the nuts to go through with it. I know what it feels like to stare into a darkness that whispers, "You're tired... just give up."

But here's the truth nobody wants to admit:

*Sometimes it's not that you want to die...
It's that you're tired of carrying a life that never gave you room to breathe.*

*And yet — even in that moment — you pulled your mind back.
You fought for yourself when nobody even knew you were struggling.
You chose life, even when it didn't feel worth choosing.*

***That's strength.
That's survival.
That's the part of you God refuses to let die.***

Understand this:

***Pulling yourself out of suicidal thoughts is not a sign of weakness.
It's the ultimate sign of power.***

***It means your story isn't finished.
It means your purpose is still calling your name.
It means there is something inside you bigger than the darkness trying to swallow you.***

When your mind tries to take you to that place again, remind yourself:

- ***I have survived every day I thought I couldn't.***
- ***I am stronger than the battles inside my head.***
- ***I am still here — and being here means I still have purpose.***

***Your survival wasn't an accident.
Your comeback wasn't luck.
It was destiny saying, "Not yet... you still have chapters to write."***

***Let this be the moment you turn your pain into purpose.
Let this be the reminder that even in the darkest thoughts, you still have light.
And that light — YOUR light — is powerful enough to pull you out every single time.***

***This is not the end of your story.
This is the part where you rise.***

THE STREETS ARE DONE

***The streets only offer two exits: jail or death.
That's it. No secret third door. No hidden reward for "keeping it real." The streets don't love you. They don't care how loyal you are, how tough you are, or how smart you think you play the game. The streets use you until you have nothing left—then they replace you with somebody younger, hungrier, and just as blind.***

People glamorize street life like it's a badge of honor... but nobody posts the funerals, the court dates, the mothers crying over caskets, the kids growing up without fathers, the homies doing life wishing they could rewind one stupid decision.

***The streets look exciting. Fast money. Fast respect. Fast validation.
But everything that comes fast leaves faster.***

And the truth is:

The streets been dead.

***There's no future there. No retirement plan. No legacy. Just trauma, paranoia,
and a clock that's always ticking.***

If you're reading this, understand something—

You're worth more than the block you're trying to impress.

You're worth more than the hustle that's killing you slowly.

***You're worth more than becoming another story everybody's "sad about" for two
days and forgets by next week.***

Real strength?

Choosing yourself.

Walking away.

Breaking cycles.

Surviving when everything around you is designed to take you out.

Your life has purpose. Your story has value.

***But you'll never see it if you keep feeding a world that wants you buried or
behind bars.***

The streets are done. Save yourself before they finish you too.
