## Turning your trauma to triumph: the 'hack' that gave this woman her life back

39 year old Jody B has a full plate, with no space for ANY extra food.

With a struggling marriage, two young kids, a full time job, side hustles and personal care, there's not much Jody isn't doing.

She understands that her life, feeling secure, is essentially built from a house of cards.

One good gust of wind, and it can all come down.

And down it came.

When Jody's husband, Matt was tragically killed in a snowmobiling accident, she was absolutely devastated...

It felt as if her life was crumbling down all in front of her.

She started to neglect her children, showed up late to work, stopped working out and showed a nasty side of her that none of her peers had ever seen.

This is the LOWEST she has ever been in her life.

One day, Jody snapped back into reality.

She knew she couldn't let herself fall apart as she knew that there was so much depending on her.

So she seeked help. Visiting numerous organizations that claimed to "fix her life", but none of them delivered on that promise.

Life coaches, counseling, social groups and even energy healing couldn't quite do the trick.

So when all the weight on Jody's shoulders felt too heavy to bear, she made one last ditch effort...

Step by step, she got the help she needed, the professionals at Living Potential, addressed her concerns in a compassionate but competent manner.

The team workshops, solution based therapy and trauma solacing programs seemed to give Jody a positive spin for once.

Each session, Jody became more and more resilient.

Within a few short months, she learned more about herself than she ever has in her past 38 years of existence.

She noticed her emotional and spiritual improvements as did her children, her colleagues and close friends.

One day, Jody smiled, for the first time in months.

Her attitude improved as did her confidence. She was becoming the woman that everyone who once knew her, loved.

With all the help she had received, her climb back to contentment seemed more and more prominent.

Learn how Jody went from absolute zero, to becoming the SUPERHERO she was destined to be.

Click here to learn how Jody and so many others saved their lives with Living Potential!

(target audience is women late 30's early 40's, dealing with trauma from past, could be loss or grief, abuse, any mental health stipulation)

This one here is an extreme example as Jody loses her Husband, but I thought it would be best practice to start off with possibly a WORST CASE scenario.

So readers can look at this and think, my problem isn't as bad as Jody's so this program must really work if it fixes her life.

The goal is to get viewers from the email newsletter to click on the "book now" link to book a professional counseling session.

Thanks G's 💪