



Quinoa 3 Ways


Clean & Delicious food blogger, Dani Spies, needs your help! She's already filmed a video about quinoa, titled "Quinoa 101: Everything You Need to Know". The feedback on this episode was so positive people are crying for more quinoa ideas. Now she wants to create more quinoa episodes and is looking for recipe suggestions.

Your role is to use the provided template to create an infographic style visual titled "Quinoa 3 Ways" that includes a snack, a main dish and a salad (no video foods allowed). This visual would feature your recipe suggestions. *Keep in mind:* Recipes should be easy and affordable to prepare because they utilize basic cooking skills, common ingredients and simple tools/equipment. Recipes should also vary by the cooking method. See sample below of setup.

Visual Criteria includes:

- Name of the Dish for each selection
- A Picture of the Dish for each selection
- Hyperlink of the Recipe Instructions/Website to the Name of the Dish for each selection
- The Cooking Method named/labeled by type (dry, moist, combination) for each selection
- A List of all of the Ingredients labeled by Food Group, Seasonings or Miscellaneous (must include the quinoa) for each selection
- Correct Spelling, Grammar & Writing Mechanics
- Your name as a footer

Quinoa and Spinach Patties—Side



RECIPE SOURCE

COOKING METHOD: COMBINATION

INGREDIENTS

GRAIN: QUINOA & BREADCRUMBS

VEGETABLES: SCALLIONS, SPINACH, GARLIC

PROTEIN: EGG

DAIRY: PARMESAN CHEESE

MISCELLANEOUS: OLIVE OIL, WATER

SEASONINGS: SALT

RUBRIC

Criteria x _____points	Present	Not Present
Visual includes the Title "Quinoa 3 Ways"		
Visual include the 3 required/labeled meals by snack, main dish, or side not made in video		
Visual Includes 3 Recipes by Name that vary by cooking methods		
Visual Recipes are Hyperlinked to Source & include pictures		
Visual includes breakout of ingredients labeled by food group, seasoning or miscellaneous		
Visual is Free of Errors in spelling, grammar and writing mechanics		
Visual is Aesthetically Pleasing in creativity, use of space, layout, design, choice of color, fonts and pictures		
Visual includes student's name in the footer		
Student used of class time wisely & effectively		
Total Points Earned _____/_____		

Comments: