

2-Day Hands-On Cake & Cookies Workshop

Organised by
School of Economics, Management and Information Science (SEMIS)
Mizoram University, Aizawl

In Collaboration with the Mizoram Culinary Association

About the Workshop

The School of Economics, Management and Information Science (SEMIS), Mizoram University, in collaboration with the Mizoram Culinary Association, is organising a two-day **Hands-On Cake and Cookies Workshop** designed to enhance participants' competencies in bakery techniques, recipe development, and small-scale food entrepreneurship. The programme combines foundational and advanced baking principles and is delivered through expert-led demonstrations and guided practical sessions.

Dates: 8 – 9 December 2025 **Time:** 10:30 AM – 2:30 PM

Venue: Conference Room, SEMIS, Mizoram University

Resource Person: Dr. Sunil Kumar, Assistant Professor, Department of Tourism & Hospitality Management, Mizoram University

Workshop Highlights

- Fundamental principles of baking and the functional roles of ingredients
- Techniques of cake mixing, creaming, whipping, and batter formulation
- Hands-on preparation of standard cakes, sponge cakes, and frosted cakes
- Methods for shaping, flavouring, and baking various types of cookies
- Introduction to baking tools, equipment handling, temperature control, and food safety
- Live demonstrations with supervised practice sessions
- Interactive discussion and Q&A with the resource person

Who Can Participate?

- Staff and faculty members of Mizoram University
- Family members of university staff

Participants need not bring anything with them?

Total Seats: 20

Selection: First-come, first-served basis

To reserve a seat, participants are requested to submit their details through the Google Form link provided below. <https://forms.gle/c1pZy5V1DsYeDr5Y8>

Selected participants must pay a registration fee of ₹100 per day (₹200 for the two-day workshop).

Expected Outcomes

Upon completion of the workshop, participants will acquire:

- Practical skills in preparing cakes and cookies
- Enhanced understanding of bakery product development
- Knowledge of packaging, costing, and introductory marketing strategies
- Confidence to undertake home-based bakery initiatives

Workshop Convener

Prof. Bhartendu Singh, Dean, SEMIS. Mizoram University, Aizawl