

## Athletics Training 2024

Day and Date	Time	Venue	Events
Wednesday August 7th	7.50am to 8.30am	School Oval	Shot Put  Discus
Friday August 9th	7.50am to 8.30am	Dolomore	Track, Long and Triple Jump
Friday August 9th	Lunchtime	School Hall	High Jump
Wednesday August 14th	7.50am to 8.30am	School Oval	Shot Put  Discus
Friday August 16th	7.50am to 8.30am	Dolomore	Track, Long and Triple Jump
Friday August 16th	Lunchtime	School Hall	High Jump
Wednesday August 21st	7.50am to 8.30am	School Oval	Shot Put  Discus
Friday August 23rd	7.50am to 8.30am	Dolomore	Track, Long and Triple Jump
Friday August 23rd	Lunchtime	School Hall	High Jump
Wednesday August 28th	7.50am to 8.30am	School Oval	Shot Put  Discus
Friday August 30th	7.50am to 8.30am	Dolomore	Relays ONLY Long and Triple Jump
Friday August 9th	Lunchtime	School Hall	High Jump