Position Description:
Chair, Wellness & Student Life Action Committee

Updated 12/12/2019

Action Committee overview: Wellness & Student Life

The Wellness & Student Life (WSL) Action Committee is dedicated to both trainee wellness and patient wellness through the development of patient-centered care and of supportive educational environments. These goals require an emphasis on patient-centered care over physician-centered care, especially as that care pertains to integrative, complementary, & alternative medicine (ICAM). The WSL committee also advocates for and supports the need for trainees to have regular access to medical humanities to foster healing through understanding, community, creativity, personal reflection, and a connection with humanity.

Position description

The WSL Chair is responsible for leading the WSL Action Committee's programming and advocacy efforts in issues of wellness, student life, and integrative, complementary, and alternative medicine (ICAM). As such, they will lead and collaborate with the WSL Programming Coordinator and WSL Advocacy Coordinator (please see separate descriptions).

As a national Chair, the WSL chair will fulfill the duties and responsibilities of a national Chair as described further below.

In addition to the general duties of a national Chair, specified responsibilities include:

- Fostering and maintaining collaborations with organizations outside AMSA, which may include but are not limited to the American College of Lifestyle Medicine and the American College of Preventive Medicine;
- Continuing efforts to plan and execute Suicide Prevention and Awareness week in partnership the Wellness and Student Life Advocacy and Programming Coordinators;
Partnering with relevant AMSA Academy Scholars Program. Consult and collaborate with leaders of the program to contribute to its success.

Term and transition

The term of an Action Committee chair is one year, **beginning on May 11, 2020, and ending April 30, 2021.** Before the term begins, however, a transition period starts immediately after the chair is elected at the Annual Convention. During this transition period, the incoming chair will work closely with the outgoing chair to learn about the position and the work of the committee or team.

This chair is responsible for the direct oversight and advising of 2-4 coordinators.

Common responsibilities for Action Committee chairs

Action Committee chairs are accountable to their peers on ACTE and to their coordinators. They are directly overseen and supported by the Vice President for Leadership Development and the Vice President for Programming Development.

The chairs of AMSA's Action Committees serve as content experts for AMSA and representatives of their committee to AMSA's Action Committees and Teams Executive board (ACTE). They will use and develop skills in research and communication to:

- **Build knowledge in their content area**, including past/current events, up-to-date terminology or practices, resources, experts, AMSA's principles, etc.;
- **Maintain documentation** for the reference of members, leaders, or staff;
- **Provide consultation for members, leaders, or staff as needed**;
- **Assess AMSA's principles and work to update them** as needed through processes outlined in AMSA's Constitution, Bylaws and Internal Affairs document (CBIA);
- **Facilitate work between their action committee and other members, leaders, or staff**.

Action Committee chairs are the direct leaders of their respective committees. Chairs will use and develop skills in leadership to:

- **Facilitate meetings, develop communication and work plans, identify gaps in resources, and provide feedback on content**;
- **Support their committee's coordinators** in personal and professional growth by providing advice, giving personal feedback, fostering strengths, improving weaknesses, and teaching skills;
- **Maintain accountability for coordinators** so they can serve responsibly in the organization and to produce deliverables that contribute to the organization;
- **Maintain existing partnerships** and explore new partnerships pertinent to the committee's goals;
- **Ensure sustainability** of the committee's work through successful recruitment of new leaders and successful transition of duties at the conclusion of the leadership year;
- **Develop long-term goals** in the form of strategic three-year plans that are assessed and re-evaluated at the beginning of the year based on progress, feasibility, and value.

Additional requirements and responsibilities

- **Priority is given to medical student applicants.**
- **AMSA membership is required.**
- **Participate in two chapter visits during the leadership year, conducted in-person or virtually, minimum.**
- **Establish and maintain contact with the leader's own local AMSA chapter.** Attempt to attend both the chapter's tabling events, initial recruitment meetings, and subsequent chapter activities.
- **Work directly with at least two medical school chapters on programming directly related to the committee's Week of Action.** This chapter-level programming will be shared on social media to inspire projects at other chapters. Direct work with more chapters is encouraged.
- **Work with other national leaders in the competition to recruit new members.** Individual recruitment of at least five new members during the leadership year is strongly encouraged.
- **Submit a mid-year report by November 15, and the end-of-year report by April 1.** Reports are submitted to the Vice President for Program Development (VPPD) and the Vice President for Leadership Development (VPLD).
- **Required meeting attendance**
  - Monthly ACTE board meetings (virtual)
  - Building on Foundations national leadership training and planning meeting, **June 18-21, 2020** (in-person, location TBA. Date subject to change.)
  - Annual Convention, **February 4-7, 2021** (in-person, Washington, D.C.)
  - Travel, hotel, and food are provided for mandatory in-person meetings (with the exception of the National Convention) with some restrictions.