

Here is some guidance on what to bring on Camping Trips.

Make sure you label everything!!!

WHAT TO BRING CAMPING

- ☐ Filled Reusable Water Bottle - Filled with water only.
- ☐ Camp Cup - we usually have them at the site for \$2
- ☐ Required footwear - extra set of sneakers or camp shoes recommended.
- ☐ Coat for Winter, Spring and Fall Trips
- ☐ Hoodie or Light Jacket for all overnights
- ☐ Poncho or Other Rain Gear - Keep this readily accessible, such as in a daypack, when rain is expected during arrival.
- ☐ A set of clothes for each day of Camping - No uniforms unless instructed.
 - ☐ Maybe an extra shirt and pants. Can be used as pajamas or spare clothes.
- ☐ Sleeping Bag - Cold weather camping requires cold weather sleeping bag (0 degree rated)
 - ☐ Weather in the 30s does not require 0 degree sleeping bag.
- ☐ Sleeping pad - This not only provides some cushioning but also some insulation from the ground.
- ☐ Backpack and/or day pack
- ☐ Toiletries - Toothbrush, Toothpaste, Toilet Paper (Yes bring your own tissue), deodorant, soap.
- ☐ Small hand towel
- ☐ Small Flashlight - to be carried by the Scout or readily accessible, not in the bottom of their backpack.
- ☐ Extra Flashlight or Electric Lantern and batteries. The handsfree kind that strap to the head are convenient.
- ☐ Hard case for glasses.

*PUT THE SCOUTS NAME
ON EVERYTHING HE
BRINGS. **EVERYTHING.***

COLD WEATHER CAMPING - All of the above plus the following.

- It is easy to remember to drink in the heat, when you are perspiring. You must consciously remember to stay hydrated in the cold and it will help you stay warm.
- If you can't carry what you packed, you packed too much. You will have to carry it to your cabin. (Even if a parent is on the trip). Pack efficient, pack enough, but don't go crazy with 2 extra coats and a pillow. If your parent helps you pack, make sure you know where everything is.
- You can use clothes more than once! Bring clothes for Saturday and you can reuse the pants and sweaters/sweat shirt you wore on Friday for the trip home on Sunday. This is a good tip for any kind of camping.
 - ☐ 2 Winter hats
 - ☐ Face Covering - e.g. neoprene masks, balaclavas, or good old fashioned scarfs all work.
 - ☐ Plastic bread bags to line wet boots, if needed.
 - ☐ Snow Pants - Wear them up.
 - ☐ Snow Boots - waterproof and warm. Bring a set of camp shoes, like slip on boat shoes for use in the cabins.
 - ☐ 2 pairs of gloves
 - ☐ Glove liners
 - ☐ Wool Socks
 - ☐ Sock liners - feet get wet, even from just sweating, this keeps the moisture away from the foot. Keeps the foot dry and therefore warm. Wet Feet = Cold Feet.
 - ☐ Layers of clothes - e.g. Base layer, long pants and shirt, hoodie, and snow pants, Jacket.
 - ☐ Moisture wicking base layer (Top and Bottom)

- ☐ If permitted small snacks to provide energy between meals.
- ☐ Hand or body warmers.