

Lesson Plan 1: Understanding Emotions Through Digital Storytelling

Grade Level: Middle to High School

Subject: Social Studies / Psychology

Duration: 2-3 class periods

Objectives:

- Students will identify and express various emotions.
- Students will collaborate to create a digital story that reflects their understanding of social-emotional concepts.

Materials:

- Computers or tablets with video editing software (e.g., WeVideo, iMovie)
- Access to a digital platform for storyboarding (e.g., Canva, Storyboard That)
- Projector and screen for presentations

Activities:

1. **Introduction (30 minutes):**
 - Discuss emotions and their impact on behavior and decision-making.
 - Watch a short video on emotional intelligence.
2. **Group Work (1 class period):**
 - Divide students into small groups.
 - Each group chooses an emotion (e.g., happiness, sadness, anger) and creates a storyboard for their digital story.
 - Emphasize collaboration and the importance of each member's contribution.
3. **Digital Story Creation (1 class period):**
 - Groups use technology to create their digital stories, incorporating visuals and narratives that express their chosen emotion.
4. **Presentation (30 minutes):**
 - Groups present their digital stories to the class, followed by a discussion on what they learned about emotions.

Assessment:

- Evaluate group participation, the creativity of digital stories, and understanding of the emotion presented.