

- **Categories:** UAE, Attractions and Experiences
- **Url Path:** winter-activities-in-UAE
- **SEO Title:** Explore these 6 Winter Activities in the UAE
- **SEO Description (under 140 characters):** Celebrate winter in the UAE before summer comes and takes us all inside. Amazing winter activities are happening; see for yourself.
- **SEO Keywords:** Winter in UAE, Winter in Dubai, Winter in Abu Dhabi, winter wear dress for women, underwater adventure moa, UAE tour, adventure dubai, Abu Dhabi adventure, adventure in Dubai, Warner Brothers Abu Dhabi theme park

## Exclusive Winter Activities You Can't Miss in the UAE!

The whole of UAE comes outside during winter. Interestingly, winter is also the best time to travel to the UAE. As temperatures across the Middle East gently dip, the country recasts its desert landscape into an alluring playground. The UAE speaks a lot about its beaches, desert safaris, luxury shopping and towering skyscrapers. However, winter transforms this desert country into an oasis of adventure and cultural experiences. Stretching from November to March, UAE's refreshing respite from the intense summer heat invites travellers to experience desert safaris, cruises, cultural excursions, and the most loved of all – desert camping. The UAE's cities also burst into life with festivals like the [Dubai Shopping Festival](#), outdoor markets, and gourmet food events like the Abu Dhabi Food Festival. Take an overview of the exclusive activities to enjoy during the UAE's winter months. May you get the best of UAE packed in one single trip.

## Behind every flourishing civilisation, there is good food.

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Don't miss a chance to experience Emirati hospitality in the deserts during winter. Many desert camps offer bedouin-inspired experiences with henna paintings, falcon displays, traditional Arabic music, and dance performances. And now, speaking of Arabic cuisine, my mouth has started watering. Uff...the aroma. Each dish tells a story, blending exotic spices, fresh ingredients, and time-honoured cooking techniques. Arabic cuisine spans the Arab world from the Maghreb (meaning sunset) in the west to the Mashriq (meaning sunrise) in the east. One of the most iconic dishes is hummus. It's a staple across the Middle East and has sparked fierce regional rivalries for its disputed origin. These human-created 'Hummus Wars' might continue to keep everybody on their toes, but for a fact, hummus will keep us united, for its flavours can resolve conflicts and end disputes. Another essential dish is pita bread—Arabic, Lebanese, or Syrian bread. It's one of the oldest types of bread and varies in cooking technique and shape from country to country. Desserts such as Baklava and Kunafa provide a sweet ending to any meal. Arabic cuisine also features celebrated dishes like couscous, prevalent in the Maghreb, and rice-based dishes more common in the Mashriq. Elements of Levantine

cuisine, such as tahini, are popular condiments used alongside traditional dishes in the region.

**Eye Treat:** [Don't miss these winter experiences in the UAE on Instagram.](#)

#### Travel Alike

1. [Warner Bros. World](#)
2. [Warner Brothers Abu Dhabi Theme Park](#)

**Eye Treat:** [Don't miss these winter experiences in the UAE on Instagram.](#)

## Behind every desert cafe in the UAE is an experiential retreat.

Visiting [desert cafes in the UAE during winter](#) is a one-of-a-kind adventure. As night falls, the minimal light pollution allows for outlandish stargazing experiences. Many of these cafes also highlight the rich Emirati culture, featuring traditional music, performances, and delicious local dishes, adding an authentic touch to your visit. Beyond the serene atmosphere, these desert cafes host adventures, too. Indulge in winter adventure activities in the UAE, like dune bashing, camel rides, and sandboarding.

## Behind every festival in the UAE is community spirit.

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The [Dubai Shopping Festival's](#) nightly fireworks and endless entertainment options transform the city into a festive hub. The [Al Dhafra Festival](#) enlightens visitors with cultural experiences, from camel beauty contests to traditional Bedouin crafts, deepening the understanding of Emirati heritage.

## Behind Fossilised Rock, there is a natural time capsule.

Fossil Rock, named for its fossilised sea creatures dating back 80 million years, is best explored in winter and is located near Sharjah in the Al Madam area. The hike up the Fossil Rock, ancient fossils of ammonites, clams, and sea urchins, feels like stepping into a natural time capsule. The Fossil Rock hike in Sharjah can be 6–10 kilometres long, depending on the trail. The hike can take 2-4 hours, depending on the trail and difficulty level.

## Trail lengths

- **8 km out-and-back:** This trail is moderately difficult and includes some technical rock scrambling.
- **6 km loop:** This trail includes dunes, rock, and a cliff climb.
- **10 km ascend:** This trail is intermediate to steep.
- **10.3 km circular loop:** This trail is moderately challenging and is popular for hiking and running.

<<Infographic>>

## Behind every desert stargazing session is a sense of wonderment.

As the night descends, the urban glow comes alive in most cities in the UAE. But if you come outside city life, the deserts adorn themselves with celestial wonders in the desert's expansive sky. Let the serene silence of the desert at night set the stage as you peer through powerful telescopes, guided by knowledgeable astronomers, to discover constellations, planets, and perhaps even a shooting star or two. It's a moment to anchor your soul, connecting the terrestrial with the cosmic.

Some places to experience desert stargazing are Al Qudra Desert, Liwa Oasis, Jebel Jais, Hatta Desert, and Mleiha Archaeological Centre.

## Resorts with a cosy winter setting in the UAE

1. **[Ja Lake View Hotel, Dubai:](#)** Step into the stylish lobby, graced with modern art and plush seating areas that exude a relaxed yet sophisticated vibe. The hotel boasts an array of rooms and suites, each thoughtfully designed with chic furnishings, floor-to-ceiling windows, and private balconies with views of the golf course or serene lake. The culinary delights cater to every palate. The diverse restaurants and bars serve everything from international cuisine to local dainties. Retreat to the vast infinity pool or relax in the adult-only rooftop pool.

**Pass Your Worries:** [Get up to 50% off on attractions and experiences with the Dubai Tourist Pass.](#)

2. **[Roda Beach Resort, Dubai:](#)** Roda Beach Resort is a luxurious retreat nestled in Dubai's Jumeirah neighbourhood, just moments away from the pristine sands and coves of Kite Beach. The resort offers a range of accommodation options, including cosy studios, one-bedroom apartments, three-bedroom apartments, and grand deluxe five-bedroom villas. Ooo, and don't forget to go outside and explore the world because this resort is going to keep you hooked inside, for it has everything from a large swimming pool and a separate sunbathing deck, and offers numerous aquatic activities, including scuba diving, kite surfing, and paddleboarding.

3. [Lou'lou'a Beach Resort, Sharjah](#): Lou'lou'a Beach Resort in Sharjah offers a perfect blend of comfort and hospitality set against the serene backdrop of the Arabian Gulf. The accommodations range from well-appointed rooms to suites, each thoughtfully furnished to ensure a relaxing stay with sea or city views. Modern amenities complement the traditional Arabian aesthetic, providing a warm and inviting atmosphere.

[Stay Connected in Sharjah, Dubai and Abu Dhabi with a 5G/4G Tourist SIM Card](#).

4. [Marbella Resort, Sharjah](#): This resort epitomises elegance. Step inside to find spacious villas and suites adorned with contemporary furnishings and refined decor. Culinary enthusiasts can indulge in various dining experiences, from exquisite international cuisine to delightful local dishes, all served in chic, ambient settings. The resort features a pristine outdoor pool, a state-of-the-art fitness centre, and serene garden areas.

## **FAQs relating to the Winter Wear in the UAE**

### **Is it cold in the UAE during winter?**

The UAE experiences mild winters with temperatures ranging from 10°C to 25°C. However, nights can get chilly, especially in the desert, so it is advisable to wear layers.

### **Is it necessary to wear traditional Emirati clothing in winter?**

While tourists do not need to wear traditional Emirati clothing, it can be respectful. Emirati men wear the "Kandura," and women wear the "Abaya," both of which can be adapted with warmer fabrics for winter.

### **What types of winter wear dresses are suitable for women visiting the UAE?**

For women, the "Abaya," a long black cloak, is a staple, often paired with thicker or layered clothing underneath to provide warmth during cooler weather. While the UAE's winter is mild, it's a good idea to pack lightweight or long-sleeve maxi dresses. These options provide warmth during cooler evenings and are stylish enough for exploring city attractions. Pair with a light jacket or shawl for added comfort during winter. Shawls and jackets can be worn over these garments, offering warmth and adherence to cultural norms.

### **What should men consider when packing winter wear for a trip to the UAE?**

Traditionally, Emirati men wear the "Kandura," "Thobe," or "Dishdasha," a long white robe; this can be made from thicker fabric during winter months for extra warmth. Men should focus on layering with lightweight sweaters, long-sleeve shirts, and a medium-weight jacket. For daytime outings, pair these with chinos or denim. A scarf can add extra warmth when venturing into the desert or mountains. To complement the Kandura, men often wear the "Ghutra" or "Shemagh," a traditional headscarf that can also be made from warmer materials during winter.