Korean meals consist of basic dishes - rice, soup, 5-10 side dishes - with main dishes.

Grilled fish Jeongsik (served with rice and side dishes)

Godeungeo gui is a grilled mackerel dish. Grilled fish is enormously popular in Korean cuisine. The fish is simply salted and either grilled over an open flame or pan fried. Other common fish for grilling include *jogi* (croaker), *galchi* (beltfish), and *ggongchi* (Pacific saury). The high oil content, firm flesh, and strong flavor of these fish make them optimal for grilling.

