



- ***COMMUNITY ELIGIBILITY
PROVISION = FREE
SCHOOLS BREAKFAST AND
LUNCH FOR ALL***

All Buncombe County Schools will participate in Community Eligibility (CEP). CEP provides breakfast and lunch to all students at no cost. Parents will not have to complete a Free and Reduced Form.

The cost of a student meal is covered by the United States Department of Agriculture, state and local funds, and revenue generated through the sale of A la Carte items. Adult meals will be available for purchase during the school year. Funds generated are used to support the operation of the Buncombe County Schools School Nutrition Program.

Reimbursable Meals and A La Carte

Students must select enough items to make a complete meal. For example, if a child wants only milk, it must be purchased a la carte.



What does a meal consist of?

Breakfast

For breakfast, a student must select 3 out of 4 items. One item must be a fruit/juice or vegetable.

- ***2 oz of grain/bread/meat***
- ***4 oz juice***
- ***½ cup fruit or vegetable***
- ***8 oz fluid milk***

Lunch

A student must select at least 3 out of 5 items for lunch. One item must be a fruit or vegetable.

- ***1 serving of meat/meat alternate.***
- ***1 serving of grain/bread.***
- ***1 serving of vegetables,***
- ***1 serving of fruit.***
- ***1 serving of 8 oz fluid milk.***

If you prefer to pack your child's meal, we can complete that meal by helping your child choose healthy additions needed to qualify for a reimbursable meal. For example, you pack the sandwich, and we provide fresh fruit, fresh vegetables, and milk.

Smart Snack Compliant A la Carte items will be available for your students only. You may send cash or place money in your student account at [K-12 Payment Center](#)

Any questions? See our FAQs at [FAQ's](#)

Diet Orders will be honored and only need updating if there are changes. [Diet Order Forms](#)

