Welcome to the 2026-2027 School Year! Just a few reminders from your school nurse:

- If your child requires medication to be given at school, please complete a medication request and have your health care provider sign it—forms are available at their office or at school. School staff cannot administer medications without your consent, the provider's signature, and appropriately labeled medication bottles. The directions on the medication bottle must match the directions on the doctor's orders. If medications need to be cut in half, parents must do that prior to sending the medication to school.
- Please report any changes in your child's health to school as soon as possible. Your school nurse will contact you regarding school interventions. If your child has a health plan in place, please contact the school nurse with any updates. With your permission, the school nurse can confidentially communicate any medical concerns with your child's teachers; otherwise, all medical information is kept confidential.
- If your child has a serious allergy requiring antihistamines or an epipen at school, please provide that by the first day of school, with a signed Allergy plan. If your child is carrying these medications, let the school nurse know where they are kept in case of an emergency.
- Students with asthma can carry their rescue inhaler at school –please remind them to do so! We must have a signed Asthma plan on file.
- All diabetic students must have emergency supplies and testing equipment provided by parents. The school nurse will also need updated diabetic plans from your doctor prior to the start of school.
- If your student has a seizure disorder, please complete the Seizure Action Plan and have it signed by the doctor. If there is an emergency medication please let me know if your child is carrying the medication or if it is kept in the health office.
- High school students can carry over-the-counter medications, such as Tylenol, ibuprofen, allergy medication, or cold medications. Antibiotics, migraine medication, and inhalers may also be carried by students. However, students are NOT permitted to share medication with others and all medications must be in the original bottles. Please complete a Self Medication form and return to the health office.
- Please review with your doctor the new immunization requirements for 12th grade students. It is now required per Wisconsin State law that students entering grade 12, have a Meningococcal conjugate vaccine. Please review this document for more information.
- Finally, please encourage your student to start the day off right with a healthy breakfast and a good night's sleep. Studies show that this has a great impact on academic achievement. Thanks for your support, and have a wonderful school year!
  Thank you,
  Stefanie Rebholz RN

stefanie.rebholz@oshkosh.k12.wi.us
920-424-4090 ext 3034