

ॐ श्री चिन्मयसद्गुरवे नमः

## Gītā Chanting Competition 2025

As envisioned by Pujya Gurudev Swami Chinmayananda, the Gītā Chanting competition is a unique annual event organized by Chinmaya Mission Centers worldwide and is open to all students interested in the Bhagavad Gītā.

### Here are the details of the CMDFW GCC 2025:

Children's Chanting Competition:	Adults Chanting Competition:
<b>When:</b> Saturday, April 26th, 2025 <b>Where:</b> Chinmaya Chitrakoot <b>Time:</b> 9:30 AM - 2:00 PM <b>Chapter:</b> Chapter 5	<b>When :</b> Friday, April 25th, 2025 <b>Where:</b> Chinmaya Saaket <b>Time:</b> 7:00 PM <b>Chapter:</b> Chapter 5

### Chanting format (memory category):

- Participants will chant from memory and are expected to chant the chapter 5 opening and first three shlokas. The judge then prompts the last pādaḥ of another shloka. The participant recalls and chants the subsequent five shlokas that follow the prompted pādaḥ. There will be 3 such rounds of prompting & chanting followed by the closing shloka of Chapter 5.

Example:

**Participant:**

ॐ हरिः ॐ श्री गुरुभ्यो नमः हरिः ॐ

om hariḥ om śrī gurubhyo namaḥ hariḥ om

ॐ श्री परमात्मने नमः

om śrī paramātmāne namaḥ

अथ पञ्चमोध्यायः । कर्मसन्न्यास योगः

atha pañcamodhyāyaḥ । karmasannyāsa yogaḥ

**Judge:**

कुर्वन्नपि न लिप्यते

kurvannapi na lipyate

**Participant:**

नैव किञ्चित्करोमीति युक्तो मन्येत तत्त्ववित्।

पश्यञ्शृण्वन्स्पृशञ्छिघ्रन् अश्नन्गच्छन्स्वपञ्चसन् ॥ ८ ॥

naiva kiñcitkaromīti

yukto manyeta tattvavit |

paśyañśṛṇvansprśañjighran

aśnangacchansvapañśvasan || 8 ||

प्रलपन्विसृजन्गृह्णन् उन्मिषन्निमिषन्नपि।

इन्द्रियाणीन्द्रियार्थेषु वर्तन्त इति धारयन् ॥ ९ ॥

pralapanvisṛjangrḥṇan

unmiṣannimiṣannapi |

indriyāṇīndriyārtheṣu

vartanta iti dhārayan || 9 ||

ब्रह्मण्याधाय कर्माणि सङ्गं त्यक्त्वा करोति यः।

लिप्यते न स पापेन पद्मपत्रमिवाम्बसा ॥ १० ॥

brahmaṇyādhāya karmāṇi

saṅgaṁ tyaktvā karoti yaḥ |

lipyate na sa pāpena

padmapatramivāmbhasā || 10 ||

कायेन मनसा बुद्ध्या केवलैरिन्द्रियैरपि।

योगिनः कर्म कुर्वन्ति सङ्गं त्यक्त्वात्मशुद्धये ॥ ११ ॥

kāyena manasā buddhyā

kevalairindriyairapi |

yoginaḥ karma kurvanti

saṅgaṁ tyaktvātmaśuddhaye || 11 ||

युक्तः कर्मफलं त्यक्त्वा शान्तिमाप्नोति नैष्ठिकीम्।

अयुक्तः कामकारेण फले सक्तो निबध्यते ॥ १२ ॥

yuktaḥ karmaphalaṁ tyaktvā

śāntimāpnoti naiṣṭhikīm |

ayuktaḥ kāmakāreṇa

phale sakto nibadhyate || 12 ||

## GROUPS:

### Chant Gītā groups:

Group Name	Grades	Shlokas Assigned
anagha	Prek and K	1 - 10
arjuna	1st	1 - 29
bharata	2nd	1- 29
pārtha	3rd	1- 29
guḍākeśa	4th	1- 29
dhanañjaya	5th	1- 29
bibhatsu	6th	1- 29
jiṣṇu	7th	1- 29
kṛṣṇa	8th	1- 29
vijaya	9th	1- 29
phālguna (memory)	10th, 11th, 12th	1- 29

### Adult categories:

	Group Name	Shlokas Assigned
	mahābāho (with script)	1 - 29
	parantapa ( memory)	1 - 29

- Participants in the reading and memory category will chant shlokas 1 - 29 from start to finish. They will not be quizzed on ending pādaḥ.
- Participants in the reading categories are required to chant the assigned shlokas by reading them with clarity in pronunciation and rendition.

Chanting resources:

[Chapter 5 shlokas](#)

## Learn Gītā Initiative:

As part of the Learn Gītā Initiative, all BalaVihar children are introduced to key words from Chapter 5. A vocabulary quiz will be administered after the Chanting Competition or Yajña, in the center, for BalaVihar students attending Grades 1 – 12. This Quiz shall be based on the Vocabulary lists published for the various grade-groups (by CM West).

Matsya group	Grades 1 - 2	<a href="#">Vocabulary list</a>
Kūrma group	Grades 3 - 6	<a href="#">Vocabulary list</a>
Varāha group	Grades 7 - 12	<a href="#">Vocabulary list</a>


For Matsya and kūrma groups, children are tested on their knowledge of the meaning of the vocabulary words by matching the words to their meanings.

For the Varāha group, children are tested on their knowledge of the meaning of the vocabulary words by matching the words to their meanings, as well by choosing the correct meaning from 4 different choices.

## Yuva talks:

### Only for grades 10, 11 and 12

**Yuva Talks Topics:** Yuva (Grades 10 - 12)



Topics
1. <b>Attitude of a saint, karma-yogī, or, a yukta-puruṣaḥ</b> (Dissolve the Ego) Verses 5.8 - 5.10
2. <b>Secret to Happiness</b> (Understand Joy and Grief) Verses 5.21 - 5.23

Topics
1. <b>Attitude of a saint, karma-yogi, or a yukta-purushah</b> (Dissolve the Ego) Verses 5.8 – 5.10
2. <b>Secret to Happiness</b> (Understand Joy and Grief) Verses 5.21 – 5.23

Participants will speak for 3 - 5 minutes on one of the above suggested topics. The Yuva Talks explain the students' reflections on the selected Bhagavad Gita Shlokas in their own

words. Please include anecdotes or personal experiences to explain the topic. Describe how you intend to apply the messages in your life. Students should ensure that their explanation ties back to the philosophical teachings of the Bhagavad Gita. Students are also encouraged to relate the teachings to modern issues or everyday life to showcase relevance.

Be prepared to answer questions on the selected topic or presented material.

Note: Chanting of the related verses is optional.

#### **Recommended Resources:**

- Geeta for Yuva - Verses from Chapter 5 - Chinmaya Udghosh publications
- Swami Chinmayananda's Commentary on Chapter 5
- Chinmaya Channel Youtube videos of Gurudev

To sign up for the Learn Gita/Yuva Talks please fill out the form below:

<https://forms.gle/6mvJo48wNjMX3mKv6>

**For participation in Learn Gita and/ or Yuva talks, please reach out to Kalpana Raman at 817 586 8640.**