



2026 Capital Cup

The Northern Maryland Model Yacht Club will be hosting the fourth annual invitational event. This DF65 sailing regatta will be a club event held in Frederick, Maryland every year.

Revised: 02 Feb 2024

Clubs Invited: Northern Maryland Model Yacht Club, Oakcrest, Maryland Model Yacht Club, Bear Creek Model Yacht Club, Heritage Harbour Model Yacht Club, Northern Virginia Model Yacht Club, Menno Haven Model Yacht Club, Solomon Island Model Boat Club, and the Cumberland Valley Model Yacht Club.

Cost: This is a free event. Bring your own lunch and drinks.

Date: Saturday, Oct 3rd, 2025

Registration will start at 9:00 AM.

Schedule:

9:45 Skippers Meeting

10:00 First thru Fourth Race

30 Minute Lunch (Bring your own)

After the 30-minute break we will complete the last four races. The points will then be tallied and the Capital Cup awarded to the club with the least points. In the case of a tie, each of the tied clubs will enter up to two boats in one final race. The boat that wins that race brings home the cup for their club.

Address: Lake Whittier, Frederick, Maryland (next to Brother's Pizza)

Registration: Club Commodores will email NMMYC1@yahoo.com no later than two days before race day with the names of the participants on their team.

Rules: The number one thing to remember is that we are all getting together to have fun. There are NO individual awards and you must be a valid member of the yacht club you are representing. This is the one time a year that we can get all our clubs together for a friendly day of team racing. Let's keep it fun!

Sailing Instructions:

1 RULES

1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing, Appendix E for RC sailing, prescriptions of US Sailing, class rules of the **DF65** Class and these Sailing Instructions.

1.2 Changes to the racing rules or class rules are noted in the specific instructions where they apply

2 NOTICES TO COMPETITORS

Notices to competitors will be made verbally and can be made at any time. All competitors shall be notified. DF65s may be sailed with long or short keels. Only A Sails will be allowed. We understand that some sailors belong to more than one club. Please ensure that you notify only one Commodore that you need to be submitted as sailing for their club. You do not have to own the boat that you sail.

3 CHANGES TO THE SAILING INSTRUCTIONS

Verbal changes to these Sailing Instructions may be made at any time. All competitors shall be notified.

4 SCHEDULE OF RACES

4.1 Date of racing: **See date above. Rain date is the next day. Commodores will be notified by 7 PM on the day before if we have to switch due to severe weather.**

4.2 The total number of races planned is as many as possible within the time constraints (Max of 8). The race director will determine the number of races after considering weather, course, and equipment conditions. **No race shall start after 2:00 p.m.**

4.3 The scheduled time of the warning signal for the first race is **10:00 a.m.**

5 RACING FORMAT

Every attempt will be made to accommodate all, but should there be more than 25 entries then a Heat Management System (HMS) may be used. Ensuring fair seeding of team members equally into the different heats, as decided by the race director.

6 THE COURSE BOARD

The course board is to be located as required by rule E3.2 and show the Course, Control Area and Launching Area unless otherwise noted by the race director. Verbal direction may be sufficient.

7 THE COURSE

The course, the order in which marks are to be passed and the side on which each mark is to be left, will be as shown on the course board or verbal directed by the RD.

8 CONTROL AREA

The control area is unrestricted.

9 LAUNCHING AREA

The launching area is unrestricted.

10 MARKS

10.1 Marks will be announced by the race director during the skipper's meeting.

10.2 The starting and finishing marks will be briefed by the race director during the skipper's meeting.

11 AREAS THAT ARE OBSTRUCTIONS

The following areas are designated as obstructions: The shore or possible unseen obstructions under the water.

12 THE START

AMYA two-minute starting sequence will be used unless the RD decides to use a 1 minute start.

12.1 The starting line will be between the starting marks.

12.2 Prior to the warning signal, a boat may request the Race Director to delay the starting sequence for five minutes for the repair of a technical problem or breakdown. When such a delay is granted, it will be announced and the warning signal will not be sounded until the expiration of five minutes from the commencement of the delay. Each boat may be granted only one (1) such delay. Delays for tuning, adjusting sails or for changing rigs due to weather will not be granted. At the RD's discretion a five-minute hold may be called, at any time prior to the starting signal.

12.3 If any part of a boat's hull or equipment is on the course side of the starting line after the preparatory signal (one minute), the race director (or designee) will attempt to hail that boat. Failure of the race director to make a hail or a skipper to hear such a hail will not be grounds for a request for a redress hearing; this changes rule 62.1(a).

13 THE FINISH

The finishing line will be between the finishing marks.

14 PENALTY SYSTEM

14.1 A boat with any part of its hull or equipment on the course side of the starting line during the minute before the starting signal shall return to the pre-start side as required by rule 29.1 and modified by rule E3.5 . The race director may appoint a race official(s) to officiate the races. They will have the duty to call all penalties, as they see them.

14.2 A boat touching a mark as defined by rule 31.1, shall take a penalty turn as required by rule 44.2.

14.3 A boat breaking a rule in Part 2 shall take a one-turn penalty as required or more until the fouled boat can be ahead on the course.

15 TIME LIMITS

15.1 If no boat has passed Mark 1 within **ten (10) minutes**, the race will be abandoned.

15.2 If no boat has finished within **thirty (30) minutes**, the race will be abandoned.

16 PROTESTS

16.1 A boat protesting another boat, while sailing, shall hail the other boat, as required by rule 61.1(a) as modified by rule E6.2.

16.2 A boat intending to protest or request redress about an incident in the racing area or control area shall inform the race officer as soon as reasonably possible after finishing or retiring. A protest, request for redress or request for reopening shall be delivered to the race officer no later than ten minutes after the last boat in the heat finishes or after the relevant incident, whichever is later, as required by rules 61.3 as modified by E6.4 and E6.5. The RD then puts a three-person committee together to decide the redress. The RD will be the head of this committee.

17 SCORING

17.1 The cup will go to the club with the least points. Every race will be scored as a normal low point scoring system. All sailors will be scored. The top three racers from each club will have their individual points totaled for a team total. If a club has more than three sailors, the

additional scores will not be counted. If a team has less than three sailors, then the highest point third place finisher from all the other clubs will be used to add to the team's total score.

Example: Team 1(4 Sailors), Team 2 (3 Sailors), Team 3 (2 Sailors),Team 4 (1 Sailor)

Top Sailor: Joe 15 pts	Ned 18 pts	Nick 22 pts	Hank 11 pts
Sally 19 pts	Cathy 21 pts	Mick 30 pts	35 pts
Mike 34	<u>Fred 35</u>	35 pts	35 pts
Team 1's 4 th Sailor is not counted			
Total: 68 pts	74 pts	87 pts	81 pts

In this example Team 1 would take 1st, Team 2 would take second, Team 4 would take 3rd and Team 3 would take 4th.

If all teams have at least four Sailors then the number of top finishers scores for all teams can be moved to the top four at the RD's discretion. The same could be said if all teams have more than that (5,6, etc...) . The Maximum Size of a team is six sailors. Extra Sailors can sail with another team.

17.2 Five (5) races are required to be completed to constitute a regatta.

18 EQUIPMENT AND MEASUREMENT CHECKS

Measurement and class authenticity verification may be conducted as determined by the Regatta Director, during check in and registration or any time during the regatta. No A+ sails may be used.

19 PRIZES

The Capital Cup will be awarded to the club with the least points in the regatta. The Cup will be brought back to the regatta every year and given to that year's winner to hold until the next year's regatta. The Capital Cup will be held every year and any time during the months of March thru November of such year. All clubs shall be given at least 30 days' notice of event and the hosting club will do their best to not hold it on any of the club's normal monthly sailing day. Reschedules only require a two-week notification unless all clubs participating agree on a lesser number of days. Club Commodores are responsible for getting the cup to the event every year. The rules will stay as written for future events unless changed by the NMMYC.

20 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS rule 4. The organizing authority will not accept any liability for material damage or personal injury sustained in conjunction with or prior to, during, or after the regatta.

Registration Form for Commodores to sign their team up (You can cut and paste this to an email and send to NMMYC1@yahoo.com , Subject: Team List-"Name of Club"

2023 Capital Cup

1. Skipper's Name:

Email _____

Sail Number: _____

2. Skipper's Name:

Email _____

Sail Number: _____

3. Skipper's Name:

Email _____

Sail Number: _____

4. Skipper's Name:

Email _____

Sail Number: _____

5. Skipper's Name:

Email _____

Sail Number: _____

6. Skipper's Name:

Email _____

Sail Number: _____

CORINTHIAN SPIRIT

Remember that we are always in Friendly Competition. In the event of any protested behavior which is deemed to be a breach of good manners or sportsmanship, or which may bring the sport into disrepute, the Race Director, any designated race officials, or competitor may protest the party or parties in accordance with RRS #2.

Penalties available to the RD and/or Protest Committee, including exclusion from the race in question, or expulsion from the regatta as per RRS #69.2 and #69.3.

In the event a skipper is penalized under RRS #2 at an AMYA event, a report on the incident shall be sent to the AMYA Class Secretary of the Class being sailed and the AMYA Executive Board for review.

In consideration of accepting this entry, I hereby for myself, my heirs, executors, and administrators waive and release any and all right to claim damages that I or my family may have or acquire against the Northern Maryland Model Yacht Club or their membership, the sailing site, the sailing site managers, employees, agents, representatives or assigns, or the American Model Yachting Association, or its members for any and all injuries suffered by me or my family during the regatta and related events. All participants allow their likeness to be used in photos and/or videos to support RC Sailing. I have read the Notice of Race and Sailing Instructions for the Regatta and accept its conditions and rules. I have also communicated with each sailor on my list and he/she has agreed to compete for my club and is a current and valid member in good standing.

SIGNATURE of Club Commodore _____

//signature//typed//electronic//

DATE _____

All Skippers must sign a liability and *CORINTHIAN SPIRIT* form the morning of registration in order to compete.