Avocado Cream Dipping Sauce

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Recipe from: Michelle Day

Here's what you need:

1 large ripe avocado
4 oz. cream cheese, at room temperature
1/2 cup sour cream
pinch of cilantro
pinch of salt
juice of 1 lime, start with only 1/2 if really juicy

To make the avocado cream dipping sauce place all the ingredients in a blender and blend until completely creamy.

Serve with any Mexican food. Makes about 1-1/4 cups.

Enjoy!