



GARY HRESCHUK
PRINCIPAL

TODD KITTELSON
ASSISTANT PRINCIPAL

Dear Parent or Guardian,

At Trottier Middle School, we want to make sure that all students have the best possible education and support for their learning and well-being. To help us better understand students' health needs, students are being asked to participate in the MetroWest Adolescent Health Survey. The questions on the survey cover many topics including: alcohol, tobacco and other drug use; violence and safety; nutrition and physical activity; online behaviors; and mental health. It also asks questions about students' demographics so we can understand if there are groups of students in need of extra support. We will be giving this online survey to students in grades 6,7 and 8 on Wednesday November 19th.

The survey provides valuable insights on students' health and safety, and Trottier Middle School has been participating in this survey since 2008. The data is used to improve health education programs, strengthen student support services, and enhance the school climate. Trottier Middle School has greatly benefited from its use of the MetroWest Health Survey since its administration. One of the key areas of focus has been student-to-adult connectedness, where we have analyzed trends to better understand how students feel supported within the school setting. This data has guided our team in reviewing accessibility and opportunities for students, strengthening classroom dynamics, and promoting social-emotional learning programs and practices among both staff and students. Another critical element has been examining trends in student mental health. In response, we have tailored our approaches through our counseling team, expanded workshops, and created additional opportunities for students to access support. Finally, the survey's substance use data is consistently incorporated into our health curriculum. This not only aligns with state frameworks but also helps us foster awareness and prevention through classroom instruction and discussions to build relevancy

Protecting your child's privacy is important. The survey is **anonymous**, meaning your child will not be asked to provide their name, and no one will know how they respond. There will be no identifying information collected on the survey, and there will be no way to link your child's responses to their identity. Completing this survey is **voluntary**. Your child's grades in school will not be affected by whether or not they participate. You may choose to opt out for your child. Your child can also decide not to take the survey or skip any question they don't wish to answer.

Please see the survey fact sheet for more information about the survey purpose and procedures. If you would like to see a copy of the survey to decide if you want your child to participate, a copy will be available at the Trottier main office from, during normal school hours, Monday, November 3rd through Friday, November 14th.

If you DO NOT want your child to take part in the survey, or are unable to come into school and still want to see the survey, please email me ghreschuk@nsboro.k12.ma.us by Friday, November 14th.

Thank you for your partnership in supporting the health and success of all our students.

Sincerely,
Gary Hreschuk



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[Metrowest Health Survey Letter](#)