

Eucharistic Adoration Procession

You cannot see the air that we breathe, but every once in a while a breeze comes along so that we can feel the air's presence. We know that air exists, and we need it to live.

Eyes alone cannot see the Presence of Jesus in the Bread and in the Wine, but every once in a while the Holy Spirit blows like a breeze into our lives, and we can feel the Lord's Real Presence.

We believe that the Lord exists, fully and completely, Body, Blood, Soul, and Divinity, in the Bread and in the Wine, and we need Him to live.

We may not see the Presence of Jesus with the eyes in our head, but if we are sensitive to the prompting of the Holy Spirit, we can feel the Real Presence with our heart.

"Were not our hearts burning within us while He spoke to us on the way and opened the Scriptures to us?" ([Luke 24:32](#)) The two disciples did not recognize Jesus with "their eyes" as He walked with them on their journey to Emmaus ([Luke 24:16](#)). Yet, they became aware in their hearts of His Real Presence through the Breaking of the Bread.

As we journey through life, we are not always aware of the air that we breathe, but it is still there. On our journey of faith, we may not always be conscious of the Presence of Jesus, but He is still there.

It takes faith on our part, a heightened sensitivity to God's Real Presence, for us to

recognize Him in the Breaking of the Bread. "For I received from the Lord what I also handed on to you, that the Lord Jesus on the night He was handed over, took bread, and after He had given thanks, broke it and said, "This is My body that is given up for you. Do this in remembrance of Me." In the same way, also the cup, after supper saying, "This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of Me" ([1 Corinthians 11:23-25](#)).

The Lord is really present in the Eucharist:

- present in all the tabernacles of the world
- present in this church
- in this monstrance
- right here and right now

How wonderful it is for us to be here with this Real Presence of God. Yet, how sad it is that so many people are walking by, or driving past, without an awareness of how close, how present, God really is to them.

God is so close that you can reach out and touch Him. "As Jesus went, the crowds almost crushed Him. And a woman afflicted with hemorrhages for twelve years, who spent her whole livelihood on doctors and was unable to be cured by anyone, came up behind Him and touched the tassel on his cloak. Immediately, her bleeding stopped. Jesus then asked, "Who touched me?" While all were denying it, Peter said, "Master, the crowds are pushing and pressing in upon You." But Jesus said, "Someone has touched Me, for I know that power has gone out of Me." When the woman realized that she had not escaped notice, she came forward trembling. Falling down before Him, she explained in the presence of all the people why she had touched Him and how she had been healed immediately. He said to her, "Daughter, your faith has saved you, go in peace" ([Luke 8:42-48](#)).

The woman was aware, and that awareness, that faith, saved her. Even though we might feel like the crowds are pressing in upon us, we are in God's Presence. That

awareness, that faith, can also save us.

God is so close, that we, like that woman, can reach out and touch Jesus. That touch can heal us. Yes, Lord, we believe in Your Real Presence. We believe that You are so close that we can reach out and touch You. May that touch strengthen our faith. May it heighten our awareness of God's Real Presence. May our hearts burn within us as the healing power of Jesus flows from this Blessed Sacrament into our lives.

"Touch me Thomas. Put your finger here and see My hands, and bring your hand and put it into My side, and do not be unbelieving, but believe." Thomas answered and said to Him, "My Lord and my God." Jesus said to him, "You have come to believe because you have seen Me? Blessed are those who have not seen and have believed" ([John 20:27-29](#)).

Now that we have heard about Jesus knocking at the door of our hearts, we will have an opportunity to actually allow Him to come even closer. In [Matthew 9:18](#) is the story of the woman with the hemorrhage who reached out and touched the cloak of Jesus hoping to be healed. Soon we will have an opportunity to reach out and touch Jesus in the Blessed Sacrament.

The priest will process through the crowd with Jesus, coming to each of you individually and giving you an opportunity to reach out and touch the monstrance, asking Jesus to come more deeply into your life and bring the healing you need. You may actually touch the Monstrance as Father will stand in front of you for a brief moment. You may ask Jesus to heal you in your own personal need and ask Him to enter your life as your Lord and Savior. Please keep an attitude of prayer and adoration as Father brings Jesus to others. There will be soft music playing in the background, but otherwise silence to allow you to enter into this important meeting with Jesus in the Blessed Sacrament.